

Why do Social Emotional Learning?

- Social and emotional awareness enhances the potential for individual and social growth and learning. An absence of S&E awareness stunts that potential.
- Becoming aware of one's emotions and how to express them in a relationally positive manner promotes solutions, not a cyclical problem.
- SEL builds success in academics and productive relationships with others, now and in the future.
- The social and emotional aspects of each individual are the driving forces in one's ability to learn.
- Rather than expect an understanding of social/emotional issues, we believe it needs to be taught and seen as valuable.
- The effect will be important, as each person will have a chance to reflect on the individual being that they are and teach those life-long skills to others.
- The classroom can have a higher level of learning by reducing off-task time and energy, which will lead to increased academic achievement.
- Academics/school involvement increases greatly when students are individualized, personalized and feel like they belong to the fabric of the school. Students who feel this way become leaders and success stories – they become how they feel each day of school.
- Teachers who have been trained will teach children how to be aware of themselves and others.
- Integrating SEL skills and academic skills prepares our students for life in the world. This is what employers are asking for.
- SEL will help teachers learn more about age appropriate social/emotional learning in order to help our students. It will help adults assess their own S&E learning strategies and issues.
- Students can learn to deal with stressors and still be able to learn. In addition, fewer issues are created through positive responses (they don't make things worse for themselves.)
- Students are social beings and need to be able to interact appropriately.
- SEL is at the core of human existence and is a compassionate way to build community.

Because We Can't Afford Not To!