

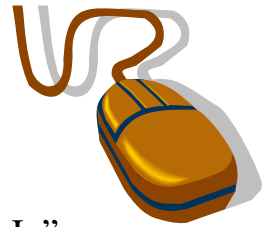
**Magellan Behavioral Health** is pleased to announce an internet resource now available for your use as an added benefit of your company's Employee Assistance Program (EAP).

[www.MagellanAssist.com](http://www.MagellanAssist.com)

is the web site created by Magellan to meet the specific needs of our customers. Magellan Behavioral Health's primary goal is to assist you and your family with your concerns. This internet site is designed to help you understand and access the Employee Assistance Program (EAP) benefits available to you as well as provide you with additional resources to better assist you with your current challenges. We hope you find the health and wellness information you need.

### ***Magellan Behavioral Health Step by Step Web Site Access...***

- ❑ Access the internet
- ❑ Type in address: [www.magellanassist.com](http://www.magellanassist.com)
- ❑ Click on "new user"
- ❑ Type in **800-478-2812** for Login Telephone Number and click "Log In"
- ❑ Type in **Anchorage School District** for Company Name and click "Log In"
- ❑ Create a user name & password, remember your user name & password and that will be your future method of Log In!



*You can now browse the following areas in the web site:*

- EAP Services customized to your program plan
- Prepare for Your Session
- Health & Wellness Tips (**more than 100 tips to review**)
- Community Resources
- Self-Assessment Tools
- About Practitioners
- News & Events
- Glossary

