

2007-08 Healthy Futures Log Goal Form



Use your **power** to help students develop the skills, knowledge and desire needed to become **active for life**. Healthy Futures is geared up and ready to support you in this mission through a variety of resources, tools and incentives. Simply complete the following form and return to Rebecca Reichlin by fax 783-1920, email reichlin@acsalaska.net or ASD interschool mail to Girdwood School.

Name: _____ Title _____

School: _____ District: _____

School Population: _____ School Email: _____

Contact phone: _____ Fax: _____

Email address (very important): _____

Which is the best way to contact you? _____

Shirt size (Men's sizes): _____ Preferred color (Assorted colors): _____

Who should we send newsletter articles to? Email: _____

Name/position: _____

2007-08 Healthy Futures' Statewide Goal:

1. Motivate youth to complete more than 12,000 qualifying activity/fitness logs throughout Alaska.

Note: More than 14,000 students from 72 schools participated in 2006-07 (June 1 - May 31) by completing Activity Logs or participating in a Healthy Future Event.

Your Goal. My school goal is to turn in a total of _____ qualifying 4-week activity or fitness logs.

Yes, I'd like to schedule a school assembly with: _____ Kikkan Randall or _____ Aelin Peterson

Please provide 3 or 4 ideal dates or a timeframe _____