

SUPPORTING AVB

ROUGH PLAY or BULLYING?

- Positive and neutral facial expressions or negative expressions
- Alternate roles or unilateral roles
- Students tend to stay together or separate ways

WHAT CAN WE DO AS A SCHOOL OR AN INDIVIDUAL?

- Survey students about bullying
- Inform parents with information
- School-wide prevention program that provides skills,
- Constant and immediate consequences for bullying
- INCREASE adult supervision at times when victims are especially vulnerable
- Talk about bullying throughout the year
- Celebrate differences
- Positive school climate – high standards for both teacher and student behavior
- Awareness and involvement on the part of adults, with regard to bully-victim problems
- Listen respectfully to bullying concerns
- Avoid sex-role stereotyping
- Intervene immediately: stop the bullying behavior as soon as you see it or become aware of it.
- Talk to the bully and victim SEPARATELY
- Peer mediation may not be the place for bullying cases
- Inform the administrators/counselors

- Help to find a “friend” for the victim or a group that is safe during group work.
- Monitor behavior of the bully and safety of the victim
- Teach social skills
- Model positive, respectful, and supportive behavior by adults
- Watch your body language
- NEVER BULLY THE BULLY (could be from a violent home)
- Keep calm
- Reinforce positive behavior
- Try critical questioning - “What just happened”
- just facts - not why