

DOING THE RIGHT THING

&

Delivering the Message

Lessons 10 & 11

- Sticks and stones will brake my bones but names/words will never hurt me!



Is that statement true?

Can words hurt you?

When can names or  
words lead to violence?

How can your...  
tone of voice,  
facial expressions,  
gestures, and/or  
body language escalate  
conflict?

## HOW WOULD YOU HANDLE THIS?

You lost your favorite jacket last week and saw another student wearing a jacket like yours today. You confront the student.

What would you say?

How would you approach this person?

## HOW WOULD YOU HANDLE THIS?

You are just standing in the hall, minding your own business, when you see one student bump into another student. You know these students and it looks like they are both really angry. You think a fight could break out.

What do you do?

# I

## Statements

provide a non-confrontational way of stating what is on your minds or what is bothering you.

# YOU

Statements

are often used to accuse, blame, threaten, characterize  
or give orders to the other person.

What message would not lead to conflict?

I thought we had a deal.  
You told me that we had a deal!

I get mad when you talk behind my back, I wish you  
would not do that.

You are talking behind my back! Don't do that!

There is a old saying “ You can catch more flies with honey than with vinegar.” In many ways this statement summaries what we learned today: positive words and actions are more likely to get you what you want when you are in conflict. Negative language may only get you into fighting and violence. We also learned that the language we use is part of our style and our way of dealing with conflict.