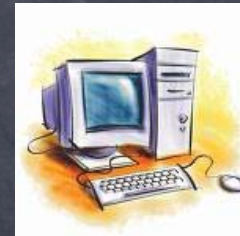


# EXAMINING BELIEFS ABOUT CONFLICT AND VIOLENCE

Lesson 3

● AS WE DISCUSSED  
BEFORE, THE  
VIOLENCE WE SEE IN  
THE MEDIA AFFECTS  
OUR VIEW OF THE  
WORLD.



You will see several different beliefs.

For each one tell if you agree, disagree or sometimes both?

“People are basically mean.”

"Fighting doesn't solve problems; it just makes them worse."

”Fighting makes me feel  
powerful.”

”Watching a fight and doing nothing is supporting the fight?”

”If I refuse to fight then  
others will think I’m a  
coward.”

“Some people get hurt  
because they are looking for  
trouble.”

”If someone disrespects me,  
I have to fight him/her.”

Many things affect our attitudes and beliefs-our families, our friends, television, books, advertising, news coverage, and music. And what we believe affects what we do. If we hold hostile beliefs, such as “people are basically mean” than we are more likely to act in a hostile way. Therefore, it is important for us to think about our beliefs and try to understand where they come from and why they may not always hold true.