

My sixth grade P.E. class, had already completed the Aggressors, Victims, & Bystanders lessons, but I have witnessed and intervened bullying within my class and in the locker room with this class.

Day 1 - The first 10 minutes of class I have each student take one piece of paper and a pencil and write about where they have seen bullying taking place from the time they leave home in the morning until they return home each day. Later I used excel to graph the 12 places my students said bullying happens at Begich and I entered a tally mark under the appropriate category each time a student listed that area. Then I choose the top 5 areas students said bullying took place, in my class the top five were: locker room, bath room, halls, at bus stop or on the bus, and outside before and/or after school.

Day 2 - During the first 10 minutes of class I had five stations set up, each with a different color of butcher paper and enough pencils for one for each student in the group. At the top of each paper was one of the top five categories from Day 1 results. I asked my students to write about all the ways they could stop the bullying that was taking place at the area listed on their paper. The butcher paper was big enough that all 5 or 6 students could write at the same time.

Day 3 - Using the first 10 minutes of class I would ask students to get into groups of three, pick up a piece of paper and a pencil and move to their own area. I will ask them to write a skit that would demonstrate how to intervene and stop the bullying in a situation. They could choose a situation from the 12 generated from Day 1 or they could pick a situation from a hat (if they needed help getting started). In each skit there will be four parts for people, an aggressor (which will be my role, as I don't want my students practicing this role), a victim, and two bystanders. I will review each of the skits and ask groups to make adjustments if necessary before we perform for the class.

Day 4 - Each group will have a chance to perform their skit to the rest of the class, but only have two performances a day, so they will still have time for physical activity.