

Two-Column Notes

1. Preview what you want to read.
2. Adjust your reading rate to improve your comprehension.
3. Read the selection.
4. Go back and find the main ideas. Use headings to help you.
5. Write the main ideas on the left-hand side of a T chart.
6. On the right-hand side, use bullets to list the subtopics and details you want to remember.

Main idea	• Subtopic
Main idea	• Subtopic
Main idea	• Subtopic



Middle School High Five!

PRACTICE LOG How Effective Is the Strategy?

Language Arts

Date: _____

1 2 3 4

Social Studies

Date: _____

1 2 3 4

Science

Date: _____

1 2 3 4

Math

Date: _____

1 2 3 4

Elective

Date: _____

1 2 3 4

On My Own

Date: _____

1 2 3 4

Name: _____

Team: _____

