

ANCHORAGE SCHOOL DISTRICT
ANCHORAGE, ALASKA

ASD MEMORANDUM #38 (2006-2007)

September 11, 2006

TO: SCHOOL BOARD

FROM: OFFICE OF THE SUPERINTENDENT

SUBJECT: ACCEPTANCE OF GRANT AWARD: SCHOOL WELLNESS
POLICY IMPLEMENTATION GRANT

ASD Goal: Establish and maintain a supportive and effective learning environment by: providing safe, caring, barrier-free schools, promoting health and wellness, continuing to retain, recruit and train highly qualified staff with an emphasis on improving staff diversity to better reflect our student body, challenging each student academically, maximizing opportunities for lifelong learning, offering reinforcing extracurricular activities, and collaborating with other community agencies to maximize opportunities for lifelong learning.

RECOMMENDATION:

It is the Administration's recommendation that the School Board approve and authorize the Superintendent to accept a School Wellness Policy Implementation grant from Alaska Department of Health and Social Services Division of Public Health in the amount of \$24,813.

PERTINENT FACTS:

Service High School has applied for and won a grant from the State of Alaska Department of Health and Social Services, Division of Public Health. This competition invites one-year proposals that support school districts as they implement school wellness policies in order to improve the lifelong eating and physical activity habits of students. The grant program is funded through the U.S. Department of Agriculture Team Nutrition Program.

Service High School teachers and staff have formed a wellness team to make wellness a schoolwide focus through The Salad Bar Project. In this project, teachers and students of Business Economics will organize and operate a salad bar during lunchtime at Service to increase the consumption of fruits and vegetables. The enterprise will run according to the Junior Achievement student

business model and will work in conjunction with ASD Student Nutrition. The team's fitness leader will coordinate physical activities outside of the school day to increase activity levels of students. To encourage salad bar use and participation in physical activities, Service's Multimedia Design classes will create a schoolwide promotional campaign.

This project is consistent with the Health and Physical Education Program's Six-Year Instructional Plan. Pending categorical adjustments, funds will support a project coordinator; addenda for teachers; 34 days of release time for monthly planning meetings for four Service staff members and required three-day state wellness training for two project teachers; fees for student food handling training; and equipment and supplies appropriate to the project. The grant program does not require a cash match. Major in-kind contributions will include staff time and facility use.

Budget Summary:

Added Duty Certificated	\$10,020
Release Time	4,080
Fringe Benefits	3,208
Supplies	1,258
New Equipment	2,109
Other	3,220
Indirect Costs	<u>918</u>
Total	\$24,813

CC/RG/MH/BR/LP/BT/CM

Prepared by: Mike Henry, Executive Director, High School Education
Brent Rock, Director, Student Nutrition
Lou Pondolfino, Principal, Service High School
Beverly Thornburg, Coordinator, Discretionary Grants
Corinne McVee, Writer, Discretionary Grants

Approved by: Rhonda Gardner, Assistant Superintendent, Instruction