

ANCHORAGE SCHOOL DISTRICT
ANCHORAGE, ALASKA

ASD MEMORANDUM #88 (2009-2010)

October 12, 2009

TO: SCHOOL BOARD

FROM: OFFICE OF THE SUPERINTENDENT

SUBJECT: ACCEPTANCE OF CONTINUATION OF GRANT AWARD:
COMPREHENSIVE BEHAVIORAL HEALTH PREVENTION AND
EARLY INTERVENTION SERVICES

ASD Goal: Establish and maintain a supportive and effective learning environment by providing safe, caring, and barrier-free schools; promoting health and wellness; continuing to retain, recruit, and train highly qualified staff; challenging each student academically; maximizing opportunities for lifelong learning; offering reinforcing extracurricular activities; and collaborating with other community agencies to maximize opportunities for lifelong learning.

RECOMMENDATION:

It is the Administration's recommendation that the School Board authorize the Superintendent to accept a grant award from the Alaska Department of Health and Social Services in the amount of \$184,521.

PERTINENT FACTS:

The State of Alaska Department of Health and Social Services has awarded \$184,521 to the Anchorage School District for the second year of a three-year project through Safe and Drug Free Schools.

This project, "Empowering Students to Lead II", continues the original "Empowering Students to Lead" initiative at East, Service, and Dimond High schools and expands it to Eagle River High School. The project uses the Search Institute's *Change of Heart* training to promote and grow healthy high school communities, empowering students to be change agents in the climate and cultures of their schools. *Change of Heart* helps students to examine their own judgments and prejudices in a small group format. The program prepares

students as peer trainers, with faculty as advisors.

The grant will fund a full-time project coordinator through Safe and Drug Free Schools, and a site coordinator at each of the four high schools at .2 FTE. The grant will also fund approximately 35 substitute days per school for teacher release for *Change of Heart* training and activities. Grant expenditures are for salaries, benefits, and travel.

Budget Summary, Year Two:

Salaries	\$130,000
Employee Benefits	41,779
Travel	5,693
Indirect costs	<u>7,049</u>
TOTAL	\$184,521

CC/EG/ES/MK/BT

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