

ANCHORAGE SCHOOL DISTRICT  
ANCHORAGE, ALASKA

ASD MEMORANDUM #330 (1999-2000)

May 22, 2000

TO: SCHOOL BOARD

FROM: OFFICE OF THE SUPERINTENDENT

SUBJECT: EAT SMART ALASKA HEALTHY SCHOOL AWARD

PERTINENT FACTS:

Getting kids to make wise food choices at meal and snack time is no easy feat since most of them would like to reinvent the four basic food groups to include chips, soda, french fries and Gummi Bears. So, when Fairview Elementary School took second place in the Eat Smart Alaska Healthy School Award, it was a clear indication that four years' worth of nutritional curriculum was working.

This statewide award, presented by the Alaska Department of Education and Early Development, honors schools that promote healthy eating habits for their students. Winning schools receive a check for \$1,000 for student nutrition education materials and resources.

Fairview school nurse Panna Jarussi has served on the Eat Smart Alaska steering committee and is committed to promoting good health through student nutrition. She has created a comprehensive nutritional curriculum targeting children in grades three through six that incorporates science, math and language arts with a multicultural component. Under her leadership, the students have worked hard to learn and practice sound nutritional principles which promote good health.

It is requested that the School Board recognize Fairview Elementary School for receiving the Eat Smart Alaska Healthy School Award, and Panna Jarussi for her enthusiastic dedication to student nutrition.

BC/LW/CW

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