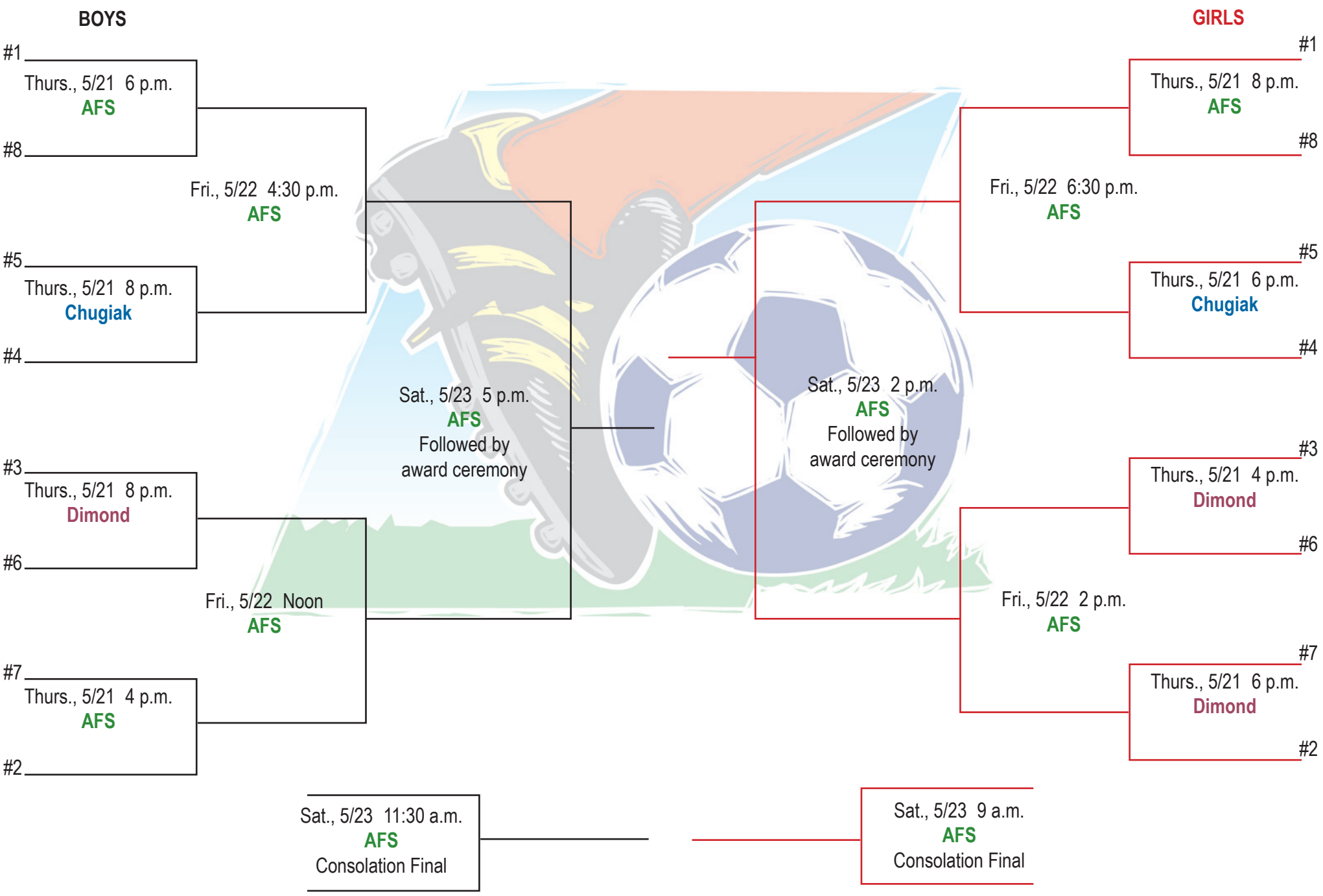Region IV Soccer Tournament 2009