

Video Summaries: Selected Videos Supplemental to GBS Instruction

Personal Safety/Child Sexual Abuse Prevention Videos....

Primary Grades:

“Three Kinds of Touches” This 9 minute video with colorful illustrations and children’s narrative starts by explaining about safe touches. It goes on to describe “ouch” touches and the uncomfortable, “uh-oh” touches that children are encouraged to tell an adult about.

Intermediate Grades:

“Yes, You Can Say No” This 19 minute video follows a young boy through his day as he tries to tell people that he is being abused by his uncle who touches his private areas. It does a good job of showing his friends helping him practice assertive refusal skills with a neighbor who stops to offer them a ride and with a couple of children who want his baseball bat. This video reinforces the safety rule about not taking rides with people whom you do not know well and ends with the boy being able to say “no” to his uncle and share what happened in the past with his mother.

“When Should You Tell? Dealing with Abuse” This 15 minute video candidly addresses the issue of child sexual abuse through Karen’s story. Karen recounts the initiation of the abuse by her older cousin. She discusses the turmoil, distress and confusion she felt. Karen’s disclosure results from a classroom prevention presentation which leads her to the school counselor to understand the need to report the crime, tell parents or other responsible adults, and receive counseling. With help Karen is able to feel better and move on from the incident.

Human Growth & Development & HIV/AIDS Videos 5th & 6th grade only:

“The Immune System: Doing It’s Part” This 9 minute video explains certain malfunctions of the immune system including allergic responses and autoimmune disorders, and the concept of rejection. It describes how HIV is able to overpower the immune system so that it can no longer protect from disease. It stresses the importance of good hygiene and basic preventive health

practices to avoid exposure to harmful germs and in maintaining a healthy immune system.

“The New Improved Me: Understanding Body Changes” This 25 minute video explains the physical changes that boys and girls can expect to undergo during puberty. Puberty is presented in a positive manner, demystifying a process that can be puzzling and frightening to youngsters who are ill-informed or unprepared. It is presented as a natural and normal occurrence using correct terminology to identify body parts as well as events that occur. The presentation includes development of body hair and maturation of the male sexual organs in boys as well as breast development and menstruation in girls.

“You, Your Body and Puberty” This 24 minute video follows a group of 4 friends (2 boys and 2 girls). It addresses their concerns the night before their teacher starts the puberty lessons and shows authentic discussions with friends, separately with parents and siblings. One boy has an honest conversation with his dad about the embarrassing aspects of puberty including erections and wet dreams. One girl discusses menstruation with her grandmother accompanied by an animated sequence on pregnancy and birth. The teacher’s lesson on hormones and hygiene covers acne, deodorants and showering.

“The Miracle of Life” This award winning 1982 video, first presented on NOVA, follows the fertilization of a human egg through it’s development from a single new cell into an embryo, then a fetus, until finally, a baby is born. This video is 60 minutes long.