

Eagle River High School

National Honor Society

Students: Katie Sanders and Paul Groteluschen

Advisor: Amy Keyser

Media: Video

Main Message about underage drinking: We used modeling clay to create shapes and figures to portray some of the things that “shape” the lives of teenagers in our world today (sports, music, video games, and alcohol). We displayed the statistic that “85% of teenagers decided not to engage in binge drinking,” and followed that statement with a question to leave the audience with something to consider, “How will you be shaped?”.

ASD SEL goal(s): Students use effective decision-making skills and have a sense of personal responsibility.

Target Audience: Freshmen

Total number reached: 40 students

Data Summary: On the pre-test, 60% of the students “agreed” that the actions of friends affect your behavior and decisions. This percentage increased to 68% on the post-test. 55% of students felt watching the video would impact the choices they make about alcohol.

Student Comment(s):

- “This project not only let us act as role models for freshmen, but it allowed us to plant a seed in their minds. By making this short video, we hope to make freshmen consider their actions over the next four years of high school and beyond. We really enjoyed doing this project and being able to use our skills to influence young students in a positive way.

“How Will You Be Shaped?”

Discussion Questions

1. Who would you say are the five people you spend the most time with?
2. How do they “shape” or influence your life?
3. Who are your role models?
4. If your role model did something illegal, would you think less of them? Would you still feel the same about them? Why or why not?
5. Who looks up to you in your life? Who is looking at you as a role model (younger relatives, friends, etc.)?
6. Do you think that if you engaged in underage drinking the people who look up to you would engage in that action as well? Or would they break away from you because they believe what you are doing is wrong?
7. What are some important aspects of your life that create the person that you are? How would those aspects be impacted if you decided to drink?
8. How can being involved in sports or music help teens avoid drinking?
9. Do video games encourage high or low-risk choices? Why?
10. The statistic said that 85% high school students don't go binge drinking (i.e. drinking at parties, etc.) so we know that the majority of teens aren't doing this. Why do teens think that, “everyone is doing it” when that's not true?