

East High School

Dance Contempo

Students: Ariel Aina, Rachel Droege, Emma McDiffett, Keisuke Sugawara, Marilyn Alvaranga, Shamaira Gray Tessa Moore, Merlee Suniga, Veronica Bell, Brooke Johnson, Chris Reintsma, Valentina Tamayo, Mariah Bellamy, Alyson Kennard, Nancy Shao, Dominique Williams, Karie Carroll, Jayden LeBlanc, Sunny So, Gerlyn Yambao, Jozette Clark, Jamila Mamon, Victoria Spence, Cezar Bautista, Drew Crawford, Anna Marquez, Mckenzie Stratton
Advisor: Jody Reed

Media: Dance

Main Message: Succumbing to peer pressure can get in the way of goals and plans for the future, leading to “nowhere”. Even if you are headed down the wrong path, it is not too late to take control.

ASD SEL goal(s): Students use effective decision-making skills.

Target Audience: Seniors

Total number reached: 400 seniors

Data Summary: 62% “agreed” that the dance made them think about the choices they make. 67% reported that the dance reminded them that personal choices impact the future and 63% “agreed” that the dance caused them to reflect on how their own choices impact others around them.

Student Comment(s):

-“I can make a positive difference and had the chance to show others that they have control of what they do. Dancing for this grant showed me that you can portray something in many ways!!”

- “I have a big influence on others so that they don’t make bad decisions. This project has helped me stay focused on my own goals. I will not let any of my peers lead me to do something that I know might be unhealthy, unsafe or may endanger me in any way.”

“Road to Nowhere” Discussion Questions

1. What was the main message of this dance for you?
2. What does it mean to be “under the influence”?
3. How much of a role does peer pressure play in the decisions you make?
4. How were the concepts of peer pressure and influence portrayed in the dance?
5. Some of the dancers were stuck on the “road to nowhere”. According to the dance, how did they get there? What do you think the “road to nowhere” symbolizes?
6. Other dancers were clearly not on the “road to nowhere”. Where were they going? What does this symbolize?
7. Do the choices you are making match your values and beliefs? Why or why not?
8. How much will the choices you are making now affect you in the future?
9. Have you ever relied on someone else’s judgment when making an important decision? When? Did you receive bad or good advice?
10. When does peer pressure have positive results?
11. What do the Amy Mann song lyrics mean to you? How do they apply to your own life?

Attachment B

Wise Up

(Song and Lyrics by Aimee Mann)

It's not
What you thought
When you first began it
You got
What you want
Now you can hardly stand it though,
By now you know
It's not going to stop
It's not going to stop
It's not going to stop
'Til you wise up

You're sure
There's a cure
And you have finally found it
You think
One drink
Will shrink you 'til you're underground
And living down
But it's not going to stop
It's not going to stop
It's not going to stop
'Til you wise up

Prepare a list of what you need
Before you sign away the deed
'Cause it's not going to stop
It's not going to stop
It's not going to stop
'Til you wise up

Road to Nowhere Spoken Text

(Spoken as six dancers walk individual circular patterns)

Are you wondering where we're going?

We're going nowhere.....fast!

Excuse me....can someone tell me how I got here?

Drinking!

Drugs!

Unprotected sex!

(Another person jogs through in a straight pathway)

Hey! Where's *she* going?

Anywhere she wants to go