

East Freshman Academy

Underage Drinking: 4 POEMS

Media: Slam poetry in video with beats & graphics

Main Message: We showed the difficult emotions that come with different situations involving alcohol. We also showed the positive feeling that comes from being strong enough to turn down alcohol and go after your real goals.

ASD SEL Standard: (3A) Students demonstrate awareness of other people's emotions and perspectives.

Discussion Questions:

1. What did the video make you think about?
2. Which poem was your favorite? Why?
3. What emotions do you think the poems showed? How do you think it felt to be the people in the poems?
4. Why do you think teens drink?
5. What emotions do you think people have about drinking? About having experienced trouble because of drinking?
6. What are some reasons for not drinking?
7. How would you help a friend not drink?
8. What advice would you give to an underage drinker if they asked?
9. What would you do if you found out that your friend was drinking?
10. What are some other options?
11. How would you feel if you got caught drinking?
12. How do you feel about underage drinking after watching this video?
13. Who are the people that would be concerned/help you if you were drinking?
14. What did you learn about underage drinking from the videos and the poems?

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“Crazy Night”
by The Freshman Academy

Your hair is matted up
and your eyes are blurred and crusty.
You’re lying on the bathroom floor
with mildew black and dusty.

There’s something damp and chunky
that is stickin’ to yo’ shirt.
When you look up in the mirror,
cross yo’ forehead it says “Flirt.”

There’s a weirdo in the hallway
who says she’s got yo’ digits.
You hope that’s all you gave her;
you sweat and start to fidget.

You try to walk downstairs
but your legs are pretty shaky.
The house is trashed, you’re feelin’ thrashed
your head’s all over achy.

You reach for your phone and try to call your friend
but it’s floatin’ in the toilet. You cannot comprehend
how it is you ever got in this mess - You’re blank.
Puke, and ache, and thirst, and stink.
Oh,
that’s right -
YOU DRANK!

“Cant Remember”
by Brenda Bugarin

7:02 am.
Everyone was laughing
at me
and looking at me weird.
Was there something in my hair?
Was my make up messed up?
I’m confused.

As we all got off the bus and entered the school
everyone was
whispering
and
looking
me up and down.
Maybe I looked good?
I’m hopeful.

I walked to my class and saw my crush
eyeing me
and laughing.
He asked me
“How didja’ like it last night, babe?”
WHAT WAS GOING ON!?

In my English book
- a note saying
“How are you feeling? After all that happened at the
party...”

“What happened? What are you talking about?”

They said
that I got really drunk
and that I had sex
with my crush.

Did he ...?
Did I say yes?
But I hadn’t wanted . . .
What about...?

And everyone knew.

“Do You Want a Beer?”

By Devonte Wyche

Do you want a beer?
Umm...who knows?
The expression on your face shows
you don't.
But you're scared to let your friends know.
They might call you names like
wuss,
and puss.
But does it really matter what they think?
Do they pay rent
so you can sleep?
So before you start to care
remember
they're not helping your mom in the dark days of
December.
They're just wantin' you
to be like them and have a drink.
So just think about your working mother
that's already in the struggle.
You've seen all the dudes
that have walked in and out on her
while she's saying
“Please don't leave!”
not because she's in love,
but because she needs help.
So you should be there trying to help her out.
Help yourself out.
The oldest of five.
All the pain your mom already got inside.
So I'll ask you again.
Do you want a beer?
I didn't think so!

“Accomplish”

By Crystal Oyoumick

No matter where I am, who I am with, or what I am
doing
I just know that I could get through life
with a little bit of help.
No matter where it happens, when it happens, or
how it happens
I cannot run away from my fears, even when I am
scared,
of
not being myself,
embarrassing my family,
letting down my friends.
I know I will have to be the stronger person and
show people who I am.
But I am too shy to act like me.
Uneasy being *just* myself.
So here I am.
And I am proud of me .
They'll like me, right?
I am music and socializing.
I am “Oh-my-gosh!” and “I don't know!”
I am beautiful and funny.
I am hanging out and hanging on.
So today is my day to walk past my fear with a
friend by my side.
Without you here, I wouldn't be able to get through
this.
So SPEAK UP
and let everyone know who you really are.
STAND BY MY SIDE,
I'll let everyone know who I REALLY am.