

West School Football Team

Put It Down & Pick It Up

Media: Video

Main Message: Drinking is selfish. In a team sport this can lead to letting yourself and your team down.

ASD SEL Standard: (4A) Students use positive communication and social skills to interact effectively with others.

Discussion Questions:

1. Is drinking selfish? Why or why not?
2. What does this message say about team sports?
3. What does "Put it down and pick it up" mean?
4. How can alcohol affect a teen's life?
5. How is drinking selfish for an athlete? For teens in general?
6. What are the consequences for the team if players drink? What are the consequences for the players?
7. What does the pad-less player represent?
8. What did the big hit and the fumble represent?
9. How would you describe the message of this video to others?
10. What did the word "me" on the player's chest represent?

Put It Down & Pick It Up

Discussion Questions

1. Is drinking selfish? Why or why not?
2. What does this message say about team sports?
3. What does “Put it down and pick it up” mean?
4. How can alcohol affect a teen’s life?
5. How is drinking selfish for an athlete? For teens in general?
6. What are the consequences for the team if players drink? What are the consequences for the players?
7. What does the pad-less player represent?
8. What did the big hit and the fumble represent?
9. How would you describe the message of this video to others?
10. What did the word “me” on the player’s chest represent?