

The Goals of Life

Kinds of Learning

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- KNOWLEDGE: The education of the mind.
- Facts
- Information
- History
- Mathematics
- Summaries

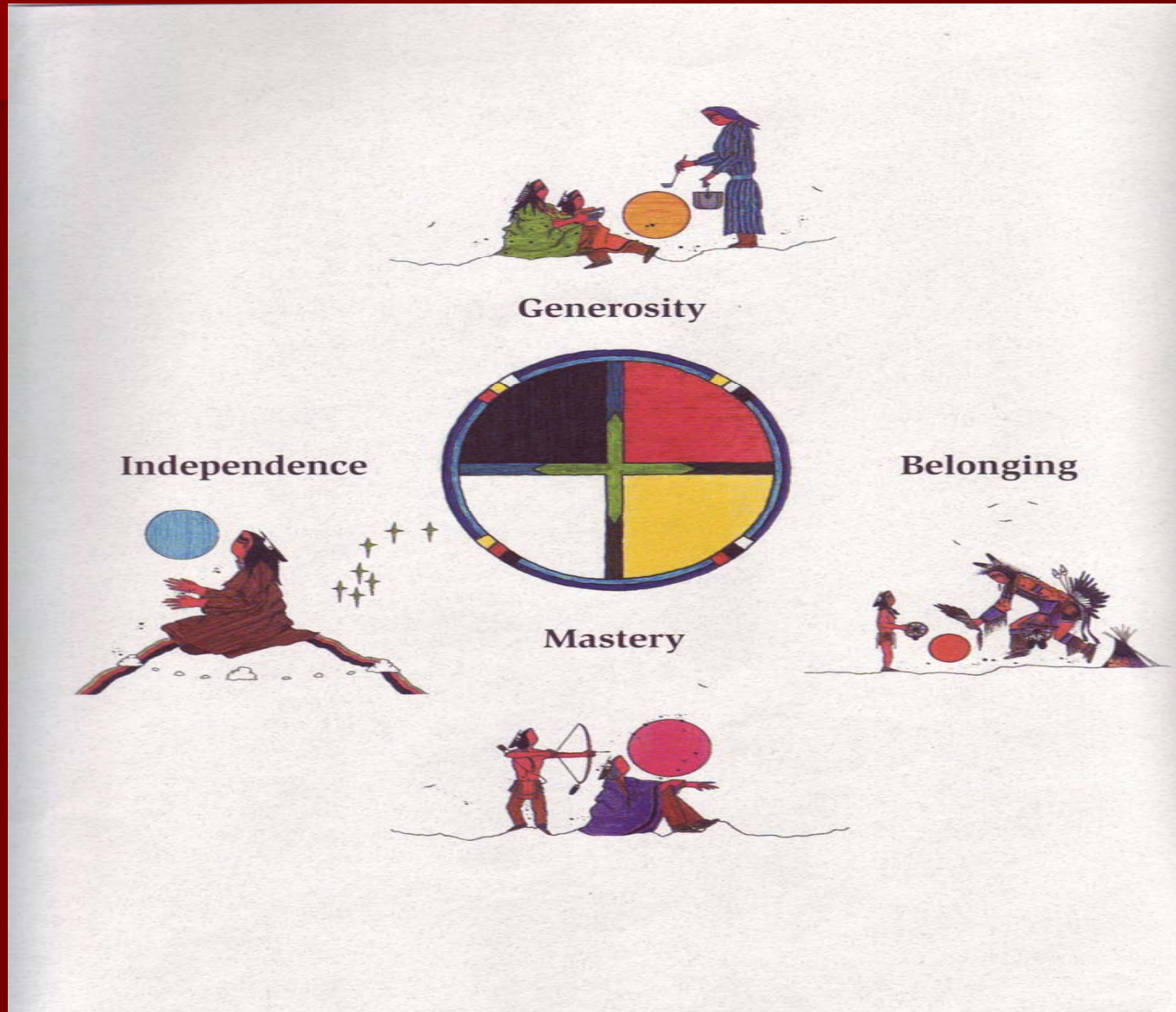
Requires only words.

Kinds of Learning

- CAPACITIES, FORMATION, CHARACTER-EDUCATION: The education of the spirit or heart.

Requires experiences.

The Circle of Courage



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7. Wokiconze: Vowed order.

Five Ways of Being Spiritual

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4. Ritualistic: what practices are kept
5. Consequential: what guides behavior

Levels of Youth Spirituality

Ron Goldman

Youth Spirituality Level One

The Intuitive

- A. Magical explanations of events.
- B. There is a great power in charge.
- C. I want wishful, magical things to happen.
- D. If I am good, good things happen. I fear authority.
- E. My ID is as unquestioned as my name.

Youth Spirituality Level Two

Literal and Concrete

- A. Accounts are true and not metaphor
- B. There is a powerful person running things
- C. I want the things I like
- D. I obey rules to earn favour
- E. My ID is my family's and my cat's

Youth Spirituality Level Three

Abstract and conceptual

- A. Accounts are symbol, metaphor, & ideas
- B. The cosmic force is abstract like love or justice, multifaceted like the Trinity
- C. I want to explore myself and communicate with everything
- D. I am guided by principles, duties, rights
- E. My ID is chosen and mine

Strategies for Spiritual Development

1. It's never too early.

- Tell a child what you see.
- Put your thinking into words.

2. Model spiritual insight.

- Live your values.
- Children follow the actions of the adults
- Give them goals

3. Institute quiet time.

- Silence increases awareness.
- Start by working up to a minute.
- A daily habit can be cultivated.

4. Teach ceremony and words.

- Poetry and wise sayings help thinking
- Songs easily learned
- Develop personal sayings
- Teach personal "altars"

5. Gather with like-minded folks.

- Reinforces the importance of spirituality
- Social support nurtures personal contact
- Humans learn from others

6. Encourage care of the earth

- Our bond is nurtured in many ways
- Activities remind us of our values
- Relate to the earth, don't manage her
- See the divine in the natural world

7. Develop daily habits.

- Begin the day with a focus on what you value
- Teach kindness when told of school problems
- Model peace and gentleness when driving
- Review the day and reinforce good times

8. Stress the golden rule

- A universal teaching
- Strengthens the child's virtue
- Develops harmony with the cosmos

9. Pay attention to your child

- Use teaching moments to advance the child
- Understand the child's world
- Relationship builds spiritual capacity

10. Express your hopes for your child.

- Put your desires into words stated out loud
- Consciously talk through your positive wishes for your child/ren
- Express your intention to the cosmos and to other persons
- Speak to the Spirit

