



TITLE IV: Safe and Drug Free Schools Annual Program Report Anchorage School District

ABBOTT LOOP ELEMENTARY
8427 LAKE OTIS PKWY
ANCHORAGE, ALASKA 99507
(907)742--5400

Coordinator LAURA BARRON
Phone Number (907) 742-5400
Email Barron_Laura@asdk12.org
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What methods did you use to report the results of your grant to interested members of the public? Some examples would be your school newsletter, parents' meeting, or your school web site.

Invitation letters were sent home to every Abbott Loop family for each of the three workshops. All students were invited to attend. The workshops were also all mentioned in the "Abbott Loop Scoop," our school newsletter.

Parents who are interested can obtain the pre/ post survey data from the Abbott Loop office. Interested parents will also be able to see the data from the 2008 - 2009 Abbott Loop Climate and Connectedness surveys when it is published in the fall.

Major Accomplishment

Our parent-student social & emotional learning workshops were fairly successful for them being a first-time event. We did not have really high attendance numbers, but the parents and students who did attend, participated and joined in the activities and discussions. For these reasons, I consider the workshops for have been a great event at Abbott Loop this year!

Our Science Fair, which took place in March, was an exemplary event at Abbott Loop this year! It was organized by three outstanding teachers who went out of their way to ensure that it was successful. We had volunteer judges from the Anchorage community, some of whom brought their own special recognition awards for selected science fair projects.

The before and after school sports/ activity clubs, run by our amazing gym teachers, were also fantastic! Students looked forward to being part of an activity that they really enjoyed.

We are also looking forward to our 2nd "Exploration Day" which will take place on Wednesday, May 20, 2009. Students will get to choose special half day or full day classes including dance, card making, photography, biking, swimming and cooking that they are interested in exploring. This special event was started last year and is being run by the same wonderful teacher this year!

Students Served

Elementary	60
Middle School	0
High School	0

Services and Activities Provided:

During this school year, our school provided the following activities:

- After-School or before-school programs
- Curriculum acquisition or development
- Drug prevention instruction
- Parent education/involvement
- Student support services (e.g., student assistance programs, counseling, mentoring, identification and referral)
- Teacher/staff training
- Violence prevention instruction

Specialized Program Use

Our school used the following specialized program(s):

- Student assistant programs/Core team
- Red Ribbon Week
- The Great Body Shop
- Other Conflict Resolution Program
- Character Counts

- RCCP Curriculum
- 40 Developmental Assets Framework
- Aggressors, Victims and Bystanders

Coordination

Our school's drug and violence prevention program coordinates with the following other agencies and organizations for the services indicated:

Alcohol/drug counseling and/or treatment agency

- Joint Service Delivery, Referrals
- Teacher, Staff Training
- Public Awareness Activities

Law enforcement officials

- Joint Service Delivery, Referrals
- Teacher, Staff Training
- Public Awareness Activities

Health providers

- Joint Service Delivery, Referrals
- Teacher, Staff Training
- Public Awareness Activities

Social services providers

- Joint Service Delivery, Referrals
- Teacher, Staff Training
- Public Awareness Activities

Community-based group for drug/alcohol/tobacco

- Joint Service Delivery, Referrals
- Teacher, Staff Training
- Public Awareness Activities

Community-based group for violence prevention

- Joint Service Delivery, Referrals
- Teacher, Staff Training
- Public Awareness Activities

Parent group(s)

- Joint Service Delivery, Referrals
- Teacher, Staff Training
- Public Awareness Activities

Student and Parent Involvement

Students **were** involved in design, delivering, or critiquing drug or violence prevention programs.

Parents **were** involved in design, delivering, or critiquing drug or violence prevention programs.

Activity Reports

Abbott Loop Parent-Student Workshop evening series

Brief Description

The parent-student workshops were a series of three sessions centered on social and emotional learning standards. Each workshop featured different topics, presenters and activities. The goals of the project were to share information with parents and students about social and emotional learning, to give parents and students strategies and ideas to try outside of the workshops and to get parents and students communicating and working together. The activities were appropriate for all grade levels and ages. It was fun to see parents and students interacting, having fun and learning all at the same time. Each workshop featured snacks from our school business partner, Subway of Alaska, as well as fun door prizes. All of the workshops took place on Tuesday evenings from 6:30 to 8:30 p.m. in the Abbott Loop library. Workshop #1 was called "Getting Along With Others" and it took place on November 11, 2008. Workshop #2 was called "Keeping Safe In and Out of School" and it took place on February 10, 2009. Workshop #3 was called "Respectful Climate" and it took place on April 21, 2009.

Workshop #1, "Getting Along With Others," featured several topics. They were: bullying, strategies for handling bullying, good communication skills, and good listening skills. Bullying generated the most discussion and questions from the parents in attendance.

The topics at workshop #2, "Keeping Safe In and Out of School," were internet & online safety, moose safety, dressing properly for winter weather, school safety drills, frostbite and pedestrian safety & reflector tape. At this workshop, parents were most interested in the topic of internet & online safety.

Workshop #3, "Respectful Climate," featured the topics of: differences among people, celebrating & respecting differences, working together for the good of all, and treating each other equally and respectfully. Parents and students participated together in a few activities

and seemed to enjoy them.

The members of the Abbott Loop Positive School Discipline Committee were responsible for planning the workshops. This committee is known at Abbott Loop as S.E.A.L. – Social & Emotional Learning at Abbott Loop. Participation on this committee is voluntary and members sign-up to be a part of it at the beginning of the school year. Most of the committee members presented at one of the three workshops. The S.E.A.L. committee was made up of a variety of primary and intermediate teachers and school specialists. The S.E.A.L. members for the 2008 – 2009 school year were: Robin Pfannstiel, Principal; Shane Lowry, School Psychologist; Peter Hutter, School Counselor; Lynette Harple, Music Teacher; Charlie Polak, Librarian & Teacher-In-Charge; Colleen Castaneda, Special Education Teacher; Shevaun Hacking, Health Teacher; Karen McBride, School Nurse; Dawn Bell, Classroom Teacher & Teacher-In-Charge; Annette Valdez, Classroom Teacher; Nancy Neil, Classroom Teacher; Emily Coppa, Classroom Teacher; and me, Laura Barron, Classroom Teacher. The committee members who presented at a workshop were paid for their time and effort in preparing for and presenting at a workshop. Presenters were responsible for preparing their own part even though the topics were chosen as a group.

Needs Assessment

- a. 2007 - 2008 Abbott Loop Climate and Connectedness Survey

Evaluation Methods

- a. 2008 - 2009 Abbott Loop Climate and Connectedness Survey
- b. Parent & Student pre and post surveys at each workshop
- c. Abbott Loop School Goal #3 (SEL goal)

Data Summary

Pre and post surveys were given to parents and students at each workshop. There were separate parent and student versions of the surveys. Please see the data tables for the complete survey data. I will share some highlights.

At the first workshop, 75% of parents surveyed answered yes to the statement "I feel Abbott Loop & ASD do a good job of addressing bullying," on the pre survey. On the post survey, 100% of parents surveyed answered yes.

At the first workshop, 35% of parents surveyed answered yes to the statement "I am familiar with the ASD anti-bullying program." on the pre survey. On the post survey, 83% of parents surveyed answered yes.

At the second workshop, 75% of parents surveyed answered yes to the statement "I know how to keep my child safe from online predator.s" on the pre survey. On the post survey, 100% of parents surveyed answered yes.

At the third workshop, 82% of parents surveyed answered yes to the statement "My child has information about differences among people." on the pre survey. On the post survey, 100% of parents surveyed answered yes.

This is a sample of the data gathered from the pre and post surveys. As previously noted, please see the data tables for the complete survey data. The survey statements were a little general and gathered some information for our school. I feel that the parent surveys were more helpful than the student surveys. More data will come from the 2008 - 2009 Abbott Loop Climate and Connectedness Surveys that were taken by 3rd - 6th grade students at Abbott Loop this spring.

Other Comments

At the end of each post survey, parents and students were asked finish the sentence, "A new strategy or idea I learned tonight is: ___." Here are some of the responses.

Comments from Parent post surveys: A new strategy or idea I learned tonight is: - how communicating is important to talk with my daughter. - conflict resolution through communication. - having better communication with my kids. - I need to remind some of my child's caregivers that telling and asking for help is not tattle telling. - getting down to student's level. - help the child to confront the problem. - Encourage my son to ask for help from an adult in the case of bullying no adults ever helped me and I haven't really encouraged him to ask an adult. - Even if you are careful and don't provide name and personal info on the internet it is still possible for a predator to find you on the internet. - I'm glad safety strategies are being discussed at school. Although we talk about safety at home, it's good for my child to hear these things from someone other than a parent. - What is perceived as "in" and "cool" changes; excluding others based on a difference is not a demonstration of respect and doesn't build a positive climate. - make a game/ skit about learning about differences. - to link respect issues to history, i.e.: Dr. Seuss. - just to work more with my daughter on caring for others. - I will talk to my kids more about nature and keeping green.

Comments from Student post surveys: A new strategy or idea I learned tonight is: - to be polite, be kind, don't bully, communicate. - two way conversation. - working together nice. - tell a teacher. - don't give people personal information. - how to keep safe at school and on the internet. - not to give people my very important info. - never talk to somebody online that you don't know who it is. - you can make friends and if someone feels left out you could help them. - never grumble when you do chores. - respecting others the way you want to be treated. - make new friends. - respect - be nice to other people and don't be mean. If others want to play with you, let them play.

Coordinator Addendum

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