



## TITLE IV: Safe and Drug Free Schools Annual Program Report Anchorage School District

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**What methods did you use to report the results of your grant to interested members of the public? Some examples would be your school newsletter, parents' meeting, or your school web site.**

We used the permission slips along with the school newsletter and word of mouth. It was also passed along through staff meetings.

### **Major Accomplishment**

Our after school cross country program was fantastic as we had over 125 students participate. The focus was on lifelong fitness and health and taking care of your body through exercise. Our parent involvement was amazing as about 25% of the students parents were active in helping with the program.

### **Students Served**

<b>Elementary</b>	150
<b>Middle School</b>	0
<b>High School</b>	0

### **Services and Activities Provided:**

During this school year, our school provided the following activities:

- After-School or before-school programs
- Community service projects
- Conflict resolution/peer mediation
- Parent education/involvement
- Student support services (e.g., student assistance programs, counseling, mentoring, identification and referral)
- Violence prevention instruction

### **Specialized Program Use**

Our school used the following specialized program(s):

- Red Ribbon Week
- The Great Body Shop

### **Coordination**

Our school's drug and violence prevention program coordinates with the following other agencies and organizations for the services indicated:

Alcohol/drug counseling and/or treatment agency

- Teacher, Staff Training

Law enforcement officials

- Teacher, Staff Training

Health providers

- Teacher, Staff Training

Community-based group for drug/alcohol/tobacco

- Teacher, Staff Training

Community-based group for violence prevention

- Teacher, Staff Training

## **Student and Parent Involvement**

Students **were not** involved in design, delivering, or critiquing drug or violence prevention programs.

Parents **were not** involved in design, delivering, or critiquing drug or violence prevention programs.

## **Activity Reports**

### **Child has useful roles in the community and demonstrates caring about others**

#### **Brief Description**

Teachers, Parents, and Students participated in the after school cross country program. The focus was to teach life long fitness and an overall good feeling about one's health. Through the help of staff and parents, the school climate will improve with the positive outlook and friendships that will begin during this program.

Also, 20 students participated in an after school art club to enhance the school climate through creative arts. Kids worked together with the art teacher to express feelings and emotions through working and communicating together to form awesome art. This class was often visited by parents who participate with several projects.

#### **Needs Assessment**

- a. Student, Staff, and Parent Climate Survey Results from 2007-08

#### **Evaluation Methods**

- a. Pre and Post Student Questionnaires

#### **Data Summary**

I have sent attachments labeled Cross Country SDFS. They are in table form hopefully. The information is also below.

School: Kincaid Elementary Tim Akin Activity: Cross Country Running Number of Students: 125 Questions: PRE 1. Short-term goal for the week; I will Train with a buddy to increase my distance run in 20 minutes. Did you reach your goal? YES- 72 NO- 14 Slightly less than 80% reached their short-term goal POST YES- 108 NO- 0 100% reached their goal by the end of the program

\*More people surveyed the second time. However, it seemed as though all students were running with a buddy at the end of across the board improvement in distance.

PRE 2. Long-Term goal for the year; I would like to feel better about my overall health. Do you currently feel good about your health? YES- 80 NO- 6 Roughly 90% felt good about their health at the beginning of the program. POST YES- 108 NO- 0 Again, more kids were surveyed at the end and it was a total of 100% that said they feel good about their current health.

This shows that the overall outlook on health improved thus this kids attitude becomes more positive and school climate is given a big boost.

ACTIVITY: After School Art Club

Questions;

PRE 1. Do I feel good about my Art at this time? Always 4 Sometimes 3 Rarely 2 Never 1 Always - 10 Sometimes - 5 Rarely - 4 Never - 1

50% of the kids always felt good about their art. 25% sometimes 20% Rarely 5% Never

POST Do I feel good about my Art at this time? Always - 14 Sometimes - 6 Rarely - 0 Never - 0

70% now say that they always feel good about their art 30% sometimes 0% Rarely 0% Never

NOTE: A marked improvement in kids feeling good about their art. This boost their confidence in themselves and tells them that with a little help they can accomplish any goals that they may have in life.

#### **Other Comments**

Cross Country Running

The students found that this opportunity not only improved their overall physical health, but also increased their social interaction with other kids from their school as well as others. They participated in running events across town that were exciting and fun and opened the door to new ways to stay healthy that are actually fun. Positive communication was used in events where you could see kids cheering each other on and encouraging them to do their best. Team work and support were at a all time high. A great program that will continue next year.

#### Art Club

The instructor noted that the students really enjoyed working together to create unique projects that they later shared with the rest of the class. Sharing and collaborating with each other promoted positive social interaction. The kids were very excited about the things they learned and made throughout this program.