



**TITLE IV: Safe and Drug Free Schools  
Annual Program Report  
Anchorage School District**

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**MEARS MIDDLE SCHOOL  
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ANCHORAGE, ALASKA 99515  
(907)742-6400**

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**Date** Monday, October 20, 2008

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**What methods did you use to report the results of your grant to interested members of the public? Some examples would be your school newsletter, parents' meeting, or your school web site.**

Grant reporting included speaking to the SAT team, counseling office members, individual parents and students.

**Major Accomplishment**

This year our school participated in a Mix it Up lunch. All staff and students participated. Students were given random alphabet letters to help them locate the specific table which corresponded to their letter. Staff randomly sat with the students. Conversation starters were placed at each table to help guide the students and staff in having conversations with new people. All staff enjoyed this opportunity to meet new students and share experiences in a new setting. Most students loved the time to spend getting to know new friends. Many asked when we could do this again! This was a great day for all students to get involved and move past barriers to new students.

**Students Served**

<b>Elementary</b>	0
<b>Middle School</b>	30
<b>High School</b>	0

**Services and Activities Provided:**

During this school year, our school provided the following activities:

- After-School or before-school programs
- Community service projects
- Conflict resolution/peer mediation
- Curriculum acquisition or development
- Drug prevention instruction
- Parent education/involvement
- Security equipment
- Security personnel
- Student support services (e.g., student assistance programs, counseling, mentoring, identification and referral)
- Teacher/staff training
- Violence prevention instruction

**Specialized Program Use**

Our school used the following specialized program(s):

- Peer Educators/Cross Age Teaching
- Student assistant programs/Core team
- Other Conflict Resolution Program
- Student Support Groups
- Other Peer Mediation
- 40 Developmental Assets Framework
- Prime for Life
  
- AVB

**Coordination**

Our school's drug and violence prevention program coordinates with the following other agencies and organizations for the services indicated:

Alcohol/drug counseling and/or treatment agency

- Joint Service Delivery, Referrals
- Teacher, Staff Training
- Public Awareness Activities

Law enforcement officials

- Joint Service Delivery, Referrals
- Public Awareness Activities

Health providers

- Teacher, Staff Training

Social services providers

- Joint Service Delivery, Referrals
- Teacher, Staff Training

Community-based group for drug/alcohol/tobacco

- Joint Service Delivery, Referrals

Community-based group for violence prevention

- Joint Service Delivery, Referrals

Parent group(s)

- Joint Service Delivery, Referrals

## **Student and Parent Involvement**

Students **were not** involved in design, delivering, or critiquing drug or violence prevention programs.

Parents **were not** involved in design, delivering, or critiquing drug or violence prevention programs.

## **Activity Reports**

### **Community Helpers to Promote Positive Peer Climate**

#### **Brief Description**

Approximately 12 students were trained in CPR/1st Aide and/or Babysitting essentials. These students were requested to be role models and positive community members for change and help for other Mears students and the neighborhood at large.

#### **Needs Assessment**

- a. School Climate Survey Results

#### **Evaluation Methods**

- a. Pre-post data

#### **Data Summary**

Please see attached table.

#### **Other Comments**

Students mentioned that they felt empowered that they could help another person, especially in an emergency situation. They felt like role-models and a person other people could look up to.

#### **Ripple Effect**

##### **Brief Description**

Ripple Effects was purchased to enhance our PIC program to assist in changing student behaviors and attitudes.

##### **Needs Assessment**

- a. Climate Survey Results

##### **Evaluation Methods**

- a. Ripple Effects Log

##### **Data Summary**

Please see attached log.

**Other Comments**

Students enjoyed using a hands-on computer program, rather than always “talking through” problems with an adult.

**Mears Parent and Community Night****Brief Description**

Chris Reynolds facilitated a community night discussing talking to your children about sex and making healthy choices.

**Needs Assessment**

- a. Climate Survey Results

**Evaluation Methods**

- a. post and interview questions

**Data Summary**

Please see attached table. Due to the presentation model, a pre survey was not able to be taken. I post survey with various questions was given and tallied.

**Other Comments**

Parents really enjoyed this night. They felt that we should have this training every year and mandate all parents to attend!! Parents were actively engaged and had many questions to keep the evening moving forward.

**Mears Partners Club****Brief Description**

Partners Club is a unique Special Olympics Alaska sponsored, school based program. It teams students with and without intellectual disabilities through sports training and competition. This club offers social and recreational opportunities.

**Needs Assessment**

- a. Mears Climate Survey Results

**Evaluation Methods**

- a. Pre-post

**Data Summary**

Please see attached table.

**Other Comments**

Student's reported that they could start a relationship with someone who is different by “just going up saying hi and introducing yourself.” They also mentioned “sitting at lunch with new students, asking questions and trying to get to know them.”