



**TITLE IV: Safe and Drug Free Schools
Annual Program Report
Anchorage School District**

**STELLER SECONDARY SCHOOL
2508 BLUEBERRY ROAD
ANCHORAGE, ALASKA 99503
(907)742-4950**

Coordinator WENDY WILLIAMS
Phone Number (907) 742-4963
Email williams_wendy@asdk12.org
Date Friday, October 17, 2008

What methods did you use to report the results of your grant to interested members of the public? Some examples would be your school newsletter, parents' meeting, or your school web site.

The Steller Secondary School's Student Advisory Goup announcements and the Daily update that goes to parents/families/staff.

Major Accomplishment

Our students were able to participate in all day health fair. We had outside agencies and a variety of health related services representatives come in and teach several sessions. During the day, student were able to sign up for the sessions they wanted to attend then they had the session signed off on in their Health Fair Day Passport. Students also had the oportunity to led sessions and teach other students on health related topics.

Students Served

Elementary	0
Middle School	100
High School	185

Services and Activities Provided:

During this school year, our school provided the following activities:

- Alternative education programs
- Community service projects
- Drug prevention instruction
- Parent education/involvement
- Student support services (e.g., student assistance programs, counseling, mentoring, identification and referral)
- Teacher/staff training
- Violence prevention instruction

Specialized Program Use

Our school used the following specialized program(s):

- 40 Developmental Assets Framework
- Media Literacy
- Change of Heart

- Girls Circle - a processing group with the counselor to discuss and work through girl teen issues.

Coordination

Our school's drug and violence prevention program coordinates with the following other agencies and organizations for the services indicated:

Alcohol/drug counseling and/or treatment agency

- Joint Service Delivery, Referrals

Law enforcement officials

- Joint Service Delivery, Referrals

Health providers

- Joint Service Delivery, Referrals

Social services providers

- Joint Service Delivery, Referrals

Alaska Air National Guard

- Joint Service Delivery, Referrals
- Teacher, Staff Training
- Public Awareness Activities

Student and Parent Involvement

Students **were** involved in design, delivering, or critiquing drug or violence prevention programs.

Parents **were not** involved in design, delivering, or critiquing drug or violence prevention programs.

Activity Reports

"Challenge Yourself to Interact Effectively with Others"

Brief Description

A variety of small group "get to know you" and trust/team-building activities using props as needed, as well as challenging activities such as, rock climbing and ropes course that require one another to rely on their peers for support and fosters trust and improves peer relationships. Our students will work with Bartlett High School's PACE program as well. All activity days will be wrapped up with a debriefing and discussion period to reflect on how the activities and challenges impacted each student and how such impacts relate to daily life, self esteem, and peer relationships.

2/20/09: First meeting to include pre test, introduction of "Challenge Yourself to Interact Effectively with Others," and introduction of participants using a "get to know you" group activities and a challenge activity.

2/27/09, 3/5/09, & 3/19/08 2:10 pm - 3:00 pm: To include a variety of group activities and group debrief/discussion as well as individual reflection (i.e.: joint ski walk, parachute activities, Bun-G-Box activities, balance beam, trust and team building activities).

3/25/09: PACE facilitated activities @ Bartlett with PACE class during Bartlett's 5th hour class.

4/1/09 & 4/15/09 12:35 pm - 2:05 pm: Challenge Yourself participants/students led a variety of group activities and group debriefing/discussions as well as individual reflection for the other Steller students during our school's RECESS Modules.

4/24/09 2:10 pm - 3:30 pm: Final meeting day. Post test and discussion of how "Challenge Yourself to Interact Effectively with Others" activity went.

Needs Assessment

- 2007 Climate and Connectedness Student Survey - Steller
- Challenge Yourself to Interact Effectively with Others Pre-Activity Assessment

Evaluation Methods

- Challenge Yourself to Interact Effectively with Others Post-Activity Assessment
- Student Discussion

Data Summary

School: Steller Secondary School Coordinator: Wendy A. Williams, RN Activity: Challenge Yourself to Interact Effectively with Others
Number of Participants: 8 students Question Difference/Improvement I take a leadership role when working in a group. Never Rarely Sometimes Frequently All the time An increase was seen in development of leadership skills. Pre: 0/8 0/8 5/8 3/8 0/8 Post: 0/8 0/8 2/8 4/8 2/8 I share ideas and work well with others while working in a group. Never Rarely Sometimes Frequently All the time An increase in teamwork and sharing ideas to achieve group goals. Pre: 0/8 0/8 5/8 3/8 0/8 Post: 0/8 0/8 2/8 3/8 3/8 I have one or more friends at school that I talk with daily. False True The one student who felt she did not have a friend at school reported she now feels like she has friends because of this activity. An increase in the development of constructive relationships. Pre: 1/8 7/8 Post: 0/8 8/8 When working in a group I generally Prefer to work alone Take a support role Take a leadership role An increase in teamwork / cooperative behaviors when working in groups. Pre: 3/8 3/8 1/8 Post: 0/8 4/8 4/8 I feel comfortable with making new friends. Completely Disagree Somewhat Disagree Agree Somewhat Agree Completely Agree Increased empowerment, confidence, and interpersonal skills in interactions with others. Pre: 0/8 1/8 4/8 1/8 2/8 Post: 0/8 0/8 0/8 5/8 3/8 I feel the people I go to school with support me. Never Infrequently Sometimes Frequently All the time Increase in feeling supported by peers. Pre: 0/8 0/8 5/8 3/8 0/8 Post: 0/8 0/8 2/8 6/8 0/8 I am willing to take direction for someone in a leadership role while working in a group. Never Rarely Sometimes Frequently All the time Increase in willingness to take a support role while working in a group rather than working alone or as the leader. Increased cooperative behaviors in a group. Pre: 0/8 1/8 2/8 4/8 1/8 Post: 0/8 0/8 0/8 4/8 4/8 How often I hang out with my friend(s)... At home Never Rarely Sometimes Frequently All the time Increase in social/ interpersonal skills at home and at school. Increased involvement with peer group and developing constructive relationships. Pre: 2/8 1/8 3/8 2/8 0/8 Post: 1/8 1/8 4/8 2/8 0/8 At School Never Rarely Sometimes Frequently All the time Pre: 0/8 1/8 0/8 3/8 4/8 Post: 0/8 0/8 0/8 4/8 4/8 I feel good about my self when I work with others in groups. Completely Disagree Somewhat Disagree Agree Somewhat Agree Completely Agree Increase in self-confidence and sense of empowerment in interactions. Pre: 0/8 1/8 2/8 1/8 4/8 Post: 0/8 0/8 0/8 4/8 4/8 I prefer to work individually rather than with others. False True Students commented that it depends on the situation; however, enjoy working with others. Pre: 3/8 5/8 Post: 4/8 4/8

Other Comments

The 8 students who participated in this activity took what they learned and led two classroom activity days during our school's RECESS module where they developed the activities and goals for the day then led the group in processing discussions after each activity. The students who signed up reported they really enjoyed the teamwork activities and liked that it was peer led. The students led the activities reported feeling empowered in their leadership skills and feeling respected by the other students. All students stated they would like to participate again next year.