

## KINCAID ELEMENTARY

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**What methods did you use to report the results of your grant to interested members of the public? Some examples would be your school newsletter, parents' meeting, or your school web site.**

School Newsletter, School Web site, and talking with students during PE class about the opportunities with these activities.

### **Major Accomplishment**

Our Cross Country program grew by 20+ kids and remained a great activity for teaching kids about lifelong fitness. It also provided many opportunities for social interaction with kids from other schools as well as Kincaid as they participated in city Jamborees and local meets throughout the year. There were 140 kids involved from Kincaid which is about 1/3 of the schools population. Great kids with great parents.

### **Students Served**

|                      |     |
|----------------------|-----|
| <b>Elementary</b>    | 200 |
| <b>Middle School</b> | 0   |
| <b>High School</b>   | 0   |

### **Services and Activities Provided:**

During this school year, our school provided the following activities:

- After-School or before-school programs
- Alternative education programs
- Community service projects
- Conflict resolution/peer mediation
- Teacher/staff training

### **Specialized Program Use**

Our school used the following specialized program(s):

- Cooperative Learning
- Red Ribbon Week
- The Great Body Shop
- Community of Caring
- 40 Developmental Assets Framework

### **Coordination**

Our school's drug and violence prevention program coordinates with the following other agencies and organizations for the services indicated:

Law enforcement officials

Teacher, Staff Training

Public Awareness Activities

Health providers

Teacher, Staff Training

Parent group(s)

Teacher, Staff Training

Public Awareness Activities

### **Student and Parent Involvement**

Students **were** involved in design, delivering, or critiquing drug or violence prevention programs.

Parents **were** involved in design, delivering, or critiquing drug or violence prevention programs.

## Activity Reports

### Child has useful roles in the community and demonstrates caring about others.

#### Brief Description

Through physical activities, (learn about themselves and others) they contribute to their school and community. Students participated with others from their school as well as others from events held around town. Their interactions were very influential towards social growth in the community.

#### Needs Assessment

SCCS

Social Behavior Assessment

#### Evaluation Methods

Pre/Post Questionnaires

#### Data Summary

145 students participated in Cross Country program.

Goal #1 was to increase their distance run while working with a buddy. Here is the break down

Pre: 101 students made a goal and reached it during the first week of training.

Post: 129 students reached their goal by the end of the activity. That was a 23% increase from beginning to ending

|                                                                                                                                    |          |    |      |    |                                                                                                                                                                                                                                                           |
|------------------------------------------------------------------------------------------------------------------------------------|----------|----|------|----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| School: Kincaid                                                                                                                    | Tim Akin |    |      |    |                                                                                                                                                                                                                                                           |
| Activity: Cross Country Running - 145 Students                                                                                     |          |    |      |    |                                                                                                                                                                                                                                                           |
|                                                                                                                                    | Pre      |    | Post |    | Difference/Improvement                                                                                                                                                                                                                                    |
|                                                                                                                                    | Yes      | No | Yes  | No |                                                                                                                                                                                                                                                           |
| 1. Short-term goal for the week: I will Train with a buddy to increase my distance run in 20 minutes. Did you reach your goal?     | 101      | 44 | 129  | 16 | It seemed as though all students were running with a buddy at the end of the program. We improved by 30 students for reaching their goal.                                                                                                                 |
| 2. Long-Term goal for the year; I would like to feel better about my overall health. Do you currently feel good about your health? | 130      | 15 | 140  | 4  | An increase of 10 kids that said they feel good about their current health.<br><br>Note: This clearly shows that the overall outlook on personal health improved. Thus the kid's attitude becomes more positive and school climate is given a huge boost. |

#### Other Comments

The students were participating in an activity that builds endurance, and cardiovascular fitness. How can they not be successful if they are physically improving themselves through fitness. This along with the social experience is a big positive for these young kids.

#### Coordinator Addendum

##### Brief Description

Chess Club:

This activity was designed to bring kids together to work on reasoning skills as well as problem solving skills. A big part of the population for this activity were kids that seemed left out of activities that were more demanding for the physically stronger kids. However, it provided social interaction that went a long way in getting kids to open up and be more vocal.

##### Needs Assessment

SCCS

## Social Behavior Assessment

### Evaluation Methods

Pre and Post Student Questionnaires

### Data Summary

40 kids participated in chess club:

Pre:

31 kids were aware of their responsibilities when participating in a school activity

Post:

40 kids got the point by the time it was over

That's 100% by end of project compared to 75% at the beginning

|                                                                               |          |    |      |    |                                                                                  |
|-------------------------------------------------------------------------------|----------|----|------|----|----------------------------------------------------------------------------------|
| School: Kincaid                                                               | Tim Akin |    |      |    |                                                                                  |
| Activity: Chess Club - 40 Students                                            |          |    |      |    |                                                                                  |
|                                                                               | Pre      |    | Post |    |                                                                                  |
|                                                                               | Yes      | No | Yes  | No | Difference/Improvement                                                           |
| 1. I am aware of my responsibilities when I participate in a school activity. | 31       | 9  | 40   | 0  | An improvement of nearly 25% to 100%                                             |
| 2. I think it's important to participate in school activities.                | 33       | 7  | 38   | 2  | An improvement of 5 kids overall which roughly equates to about a 10+% increase. |
| 3. I feel safe and comfortable around my peers.                               | 26       | 14 | 40   | 0  | An increase of more than 30% to max out at 100%                                  |

### Other Comments

This provided a great escape for some kids that might seem to get bullied or left out of more physical activities. It also allowed for the social interaction as well as stimulating the mind in a problem solving environment.

### Child has useful roles in the community and demonstrates caring about others.

#### Brief Description

Basketball after school program and league 20 kids participated

These kids represented the school in an instructional league that taught the following things: Teamwork Sportsmanship Cooperation Communication Social Skills Team Building Game Skills School Pride

#### Needs Assessment

SCCS

#### Evaluation Methods

Pre and Post Student Questionnaires

Skil Evaluation

#### Data Summary

Pre: 20 students were assessed on the following:

Teamwork 4

Skills 2

Communication 3

Cooperation 3

Sportsmanship 3

As a whole, the group scored a 3 out of 5 on average

Post:

Teamwork 5

Skills 4

Communication 5

Cooperation 5

Sportsmanship 4

As a whole, the group scored between 4 and 5 at completion of the activity

**Other Comments**

These kids learned a lot about team chemistry and how to work with others. These kids that participated in this activity were doing nothing with their free time and this was a late addition to the program to get them active.

All the things they were assessed on improved from day 1. A huge success!