

# ASD Positive Youth Development Survey

Dear Student:

The Anchorage School District would like more information about how its military connected students are doing and this survey will help us collect that information. When you complete the survey, your name will be entered into a drawing to win an iPad 2, one of 2 iPod Touches, or one of 30 iTunes gift cards. The survey will take you about 20 minutes to complete.

This survey is anonymous. Your responses will not be linked to your name.

Thank you for taking the Positive Youth Development Survey!

Please click "Next" to get started.

# ASD Positive Youth Development Survey

**In the box below, please enter the 3-digit survey code your counselor sent you in the invitation email. These codes will be used in the drawing for the prizes. When the winners are drawn, we will notify your counselors which codes are winners and they will contact you about your prize.**

Enter your code here.



# ASD Positive Youth Development Survey

## Please check off any of the following you have participated in:

- Bartlett Peer Leadership class
- Bartlett PACE class
- Bartlett Adventure 101
- Bartlett After School Adventure Program
- Bartlett After School Tutoring
- Eagle River Peer Leadership 1 class
- Eagle River Model Facilitator class
- Eagle River Transitions class
- Eagle River Adventure 101 class
- Eagle River After School Adventure Program
- My High Online classes
- Accuplacer
- Central Middle School After School Adventure Program
- Central Middle School After School Tutoring
- Gruening Middle School After School Adventure Program
- Gruening Middle School After School Tutoring
- None of the above

# ASD Positive Youth Development Survey

## How much do you agree or disagree with the following?

	Strongly Disagree	Disagree	Not Sure	Agree	Strongly Agree
1. On the whole, I like myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. At times, I think that I am no good at all.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. All in all, I am glad I am me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. I feel I do not have much to be proud of.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Sometimes, I feel like my life has no purpose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. When I am an adult, I'm sure I will have a good life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

## How much do you agree or disagree with the following?

	Strongly Disagree	Disagree	Not Sure	Agree	Strongly Agree
7. I get along with my parents.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. My parents give me help and support when I need it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. My parents often tell me they love me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. I have lots of good conversations with my parents.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. In my family, I feel useful and important.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

## How much do you agree or disagree with the following?

	Strongly Disagree	Disagree	Not Sure	Agree	Strongly Agree
12. I care about the school I go to.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. My teachers really care about me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. I get a lot of encouragement at my school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. Students in my school care about me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. In my school, there are clear cut rules for what students can and cannot do.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. Teachers at school push me to be the best I can be.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

## How much do you agree or disagree with the following?

	Strongly Disagree	Disagree	Not Sure	Agree	Strongly Agree
18. I'm given lots of chances to make my town or city a better place in which to live.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. In my neighborhood, there are lots of people who care about me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. Adults in my town or city make me feel important.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21. Adults in my town or city listen to what I have to say.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22. In my town or city, I feel like I matter to people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

## How true is each of these statements for you?

	Never True	Seldom True	Sometimes True	Often True	Always True
23. I trust my friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24. I feel my friends are good friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25. My friends care about me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26. My friends are there when I need them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

## How well does each of these statements describe you?

	Not Well				Very Well
27. I don't feel sorry for other people when they are having problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
28. When I see someone being taken advantage of, I want to help them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
29. It bothers me when bad things happen to good people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
30. It bothers me when bad things happen to any person.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
31. When I see someone being treated unfairly, I don't feel sorry for them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
32. I feel sorry for other people who don't have what I have.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
33. When I see someone being picked on, I feel sorry for them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
34. It makes me sad to see a person who doesn't have friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
35. When I see another person who is hurt or upset, I feel sorry for them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

## How important is each of the following to you in your life?

	Not Important	Somewhat Important	Not Sure	Quite Important	Extremely Important
36. Getting to know people who are of a different race than I am.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
37. Helping other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38. Helping to make the world a better place to live in.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
39. Giving time and money to make life better for other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
40. Helping to reduce hunger and poverty in the world.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
41. Helping to make sure all people are treated fairly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
42. Speaking up for equality (everyone should have the same rights and opportunities).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
43. Doing what I believe is right, even if my friends make fun of me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
44. Standing up for what I believe, even when it's unpopular to do.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
45. Telling the truth, even when it's not easy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
46. Accepting responsibility for my actions when I make a mistake or get in trouble.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
47. Doing my best, even when I have a job I don't like.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Think about the people who know you well. How do you think they would rate you on each of these?**

	Not At All Like Me	Somewhat Like Me	A Little Like Me	Quite Like Me	Very Much Like Me
48. Respecting the values and beliefs of people who are of a different race or culture than I am.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
49. Knowing a lot about people of other races.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
50. Enjoying being with people who are of a different race than I am.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

## Answer from your point of view.

	No	Probably Not	I'm Not Sure	Probably	Yes
51. If you had an important concern about drugs, alcohol, sex, or some other serious issue, would you talk to your parent(s) about it?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Answer from your point of view.

Never

Once in a while

Sometimes

Often

Always

52. How often do you feel  
bored at school?

## 53. What grades do you earn in school?

- |  |  |
|--|--|
| <input type="checkbox"/> Mostly below D's (0.5)            | <input type="checkbox"/> About half B's and half C (2.5)   |
| <input type="checkbox"/> Mostly D's (1.0)                  | <input type="checkbox"/> Mostly B's (3.0)                  |
| <input type="checkbox"/> About half C's and half D's (1.5) | <input type="checkbox"/> About half B's and half A's (3.5) |
| <input type="checkbox"/> Mostly C's (2.0)                  | <input type="checkbox"/> Mostly A's (4.0)                  |

# ASD Positive Youth Development Survey

The following pairs of sentences are talking about two kinds of kids. We'd like you to decide whether you are more like the kids on the top, or you are more like the kids on the bottom. Then we would like you to decide whether that is only sort of true or really true for you. Choose only one sentence to answer.

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
54a. Some teenagers feel that they are just as smart as others their age.	<input type="radio"/>	<input type="radio"/>
54b. Other teenagers aren't so sure and wonder if they are as smart.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
55a. Some teenagers find it hard to make friends.	<input type="radio"/>	<input type="radio"/>
55b. For other teenagers it's pretty easy.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
56a. Some teenagers are not happy with the way they look.	<input type="radio"/>	<input type="radio"/>
56b. Other teenagers are happy with the way they look.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
57a. Some teenagers usually do the right thing.	<input type="radio"/>	<input type="radio"/>
57b. Other teenagers often don't do what they know is right.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
58a. Some teenagers are able to make really close friends.	<input type="radio"/>	<input type="radio"/>
58b. Other teenagers find it hard to make really close friends.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
59a. Some teenagers are often disappointed with themselves.	<input type="radio"/>	<input type="radio"/>
59b. Other teenagers are pretty pleased with themselves.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
60a. Some teenagers are pretty slow in finishing their school work.	<input type="radio"/>	<input type="radio"/>
60b. Some teenagers can do their school work more quickly.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
61a. Some teenagers have a lot of friends.	<input type="radio"/>	<input type="radio"/>
61b. Other teenagers don't have very many friends.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
62a. Some teenagers wish their body was different.	<input type="radio"/>	<input type="radio"/>
62b. Other teenagers like their body the way it is.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
63a. Some teenagers often get in trouble for the things they do.	<input type="radio"/>	<input type="radio"/>
63b. Other teenagers usually don't do things that get them in trouble.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
64a. Some teenagers do have a friend they can share secrets with.	<input type="radio"/>	<input type="radio"/>
64b. Other teenagers do not have a really close friend they can share secrets with.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
65a. Some teenagers don't like the way they are leading their life.	<input type="radio"/>	<input type="radio"/>
65b. Other teenagers do like the way they are leading their life.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
66a. Some teenagers do very well at their class work.	<input type="radio"/>	<input type="radio"/>
66b. Other teenagers don't do very well at their class work.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
67a. Some teenagers are very hard to like.	<input type="radio"/>	<input type="radio"/>
67b. Other teenagers are really easy to like.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
68a. Some teenagers wish their physical appearance was different.	<input type="radio"/>	<input type="radio"/>
68b. Other teenagers like their physical appearance the way it is.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
69a. Some teenagers feel really good about the way they act.	<input type="radio"/>	<input type="radio"/>
69b. Other teenagers don't feel that good about the way they often act.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
70a. Some teenagers wish they had a really close friend to share things with.	<input type="radio"/>	<input type="radio"/>
70b. Other teenagers do not have a close friend to share things with.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
71a. Some teenagers are happy with themselves most of the time.	<input type="radio"/>	<input type="radio"/>
71b. Other teenagers are often not happy with themselves.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
72a. Some teenagers have trouble figuring out the answers in school.	<input type="radio"/>	<input type="radio"/>
72b. Other teenagers almost always can figure out the answers.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
73a. Some teenagers are popular with others their age.	<input type="radio"/>	<input type="radio"/>
73b. Other teenagers are not very popular.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
74a. Some teenagers think that they are good looking.	<input type="radio"/>	<input type="radio"/>
74b. Other teenagers think that they are not very good looking.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
75a. Some teenagers do things they know they shouldn't do.	<input type="radio"/>	<input type="radio"/>
75b. Other teenagers hardly ever do things they know they shouldn't do.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
76a. Some teenagers find it hard to make friends they can really trust.	<input type="radio"/>	<input type="radio"/>
76b. Other teenagers are able to make close friends they can really trust.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
77a. Some teenagers like the kind of person they are.	<input type="radio"/>	<input type="radio"/>
77b. Other teenagers often wish they were someone else.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
78a. Some teenagers feel that they are pretty intelligent.	<input type="radio"/>	<input type="radio"/>
78b. Other teenagers question whether they are intelligent.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
79a. Some teenagers feel that they are socially accepted.	<input type="radio"/>	<input type="radio"/>
79b. Other teenagers wished that more people their age accepted them.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
80a. Some teenagers really like their looks.	<input type="radio"/>	<input type="radio"/>
80b. Other teenagers wish they looked different.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
81a. Some teenagers usually act the way they know they are supposed to.	<input type="radio"/>	<input type="radio"/>
81b. Other teenagers often don't act the way they are supposed to.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
82a. Some teenagers don't have a friend that is close enough to share really personal thoughts with.	<input type="radio"/>	<input type="radio"/>
82b. Other teenagers do have a friend that they can share personal thoughts and feelings with.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Select only one circle.**

	Really True for Me	Sort of True for Me
83a. Some teenagers are very happy being the way they are.	<input type="radio"/>	<input type="radio"/>
83b. Other teenagers wish they were different.	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

## How much do you agree or disagree with the following?

	Strongly Disagree	Disagree	Not Sure	Agree	Strongly Agree
84. I often think about doing things so that people in the future can have things better.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
85. It is important to me to contribute to my community and society.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
86. It's not really my problem if my neighbors are in trouble and need help.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
87. If I had to choose between helping to raise money for a neighborhood project and enjoying my own free time, I'd keep my freedom.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Think about how you see your future. What are your chances for the following?

	Very Low	Low	About 50/50	High	Very High
88. Be involved in community service.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
89. Be involved helping other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Helping others - "helping" includes any activity that you are not required to do but you do to improve things or make things easier for other people.**

**How often do you do the following?**

	Never	Seldom	Sometimes	Often	Very Often
90. Help a friend	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
91. Help a neighbor.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Leading

Never      Once a Month or Less      A Couple Times a Month      Once a Week      A Few Times a Week      Every Day

92. During the past 12 months, how many times have you been a leader in a group or organization?

# ASD Positive Youth Development Survey

## Service Activities

	Never	Once a Month or Less	A Couple Times a Month	Once a Week	A Few Times a Week	Every Day
93. Volunteering Your Time (at a hospital, day care center, food bank, youth program, community service agency)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
94. Mentoring/Peer Advising	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

**Next, we would like to know how often you participate in the following school clubs and activities. Please mark the answer that best describes your participation OVER THE LAST SCHOOL YEAR. If you never participated please mark "Never."**

	Never	Once a Month or Less	A Couple Times a Month	Once a Week	A Few Times a Week	Every Day
95. School clubs or Activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

# ASD Positive Youth Development Survey

## YOU MADE IT!

We appreciate your feedback. Please contact Dr. Claudia Lampman, Compliance Officer for the Office of Research and Graduate Studies, University of Alaska at 907-786-1099 if you have any questions about your rights as a research participant.

Thanks again!