

Options for Tomorrow

Transition planning for the future ...
produced by the Anchorage School District STeP Center
and the Secondary Special Education Department

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Planning for Summer

Teens and their families planning for summer have lots of local and national resources available to them. Often in the transition years, planning for summer includes taking a look at the next school year and preparing for a change of grade, school or level.

This issue of "Options for Tomorrow" is focused on summer activities that teens and their families may find appealing - enjoyable, educational and even beneficial as the teens look toward the quickly age of majority. Have fun exploring these options together and most importantly, enjoy summer opportunities!



To Order this Free Newsletter!



Any parent, teacher, agency representative or student who wishes to receive this newsletter can email us at step@asdk12.org or call 742-3872. All email addresses will be used for this newsletter subscription only and will be held confidential.

ASD Summer School - Many Options Available

Some special education students will be attending Extended School Year services. Other students may find one of the following options to be beneficial for middle and high school students. Here's the scoop:

Middle School

The Anchorage School Board approved an expansion of current summer school programs for middle schools and high schools to include enrichment courses. There is now a variety of options for all students. Further information on any of these activities is available online at: <http://www.asdk12.org/summer/MS/>.



Two-Week Summer Camps

Are you looking for a program that can challenge you in one of your favorite subject areas, but you still want that precious time off this summer to play and to take family vacations? The Summer Enrichment Camps are for you!

Six - Week Institutes

Enrichment opportunities in math, reading, and music are available this year during summer school. These institutes are more in-depth than the two-week summer camps and are designed to offer a consistent daily

program on a half-day basis.

Full - Day Remediation

This program is open to any ASD students who need remediation support classes. This full day program is based on the state standards of reading, writing, and math. Daily fitness classes are part of the program to promote healthy life styles.

Below is the contact information for each of the summer school principals:

Clark Middle School

Bobby Jefts, Summer School Principal jefts_bobby@asdk12.org 267-0202

Gruening Middle School

Dale Normandin, Summer School Principal normandin_dale@asdk12.org 742-3600

Hanshew Middle School

Sherry Ellers, Summer School Principal ellers_sherry@asdk12.org 267-0201

ASD Summer School Coordinator

Sherry Ellers ellers_sherry@asdk12.org 267-0201

Summer School Options, cont'd

High School

Summer school is open to Anchorage School District high school students in grades 9 through 12. Summer School students include those who have a failing course grade, or did not pass any portion of the High School Graduation Qualifying Exam (HSGQE), or students who wish to take a course to get ahead or free up their schedule for more electives in the Fall. Registration information and answers to frequently asked questions can be found online at: <http://www.asdk12.org/summer/HS/>.

Students may attend summer school at the school site that is convenient for them:

Chugiak High School ...16525 S Birchwood Loop Road, Eagle River

East High School... 4025 E Northern Lights, Anchorage

South High School ...13400 Elmore Road, Anchorage

West High School ...1700 Hillcrest, Anchorage

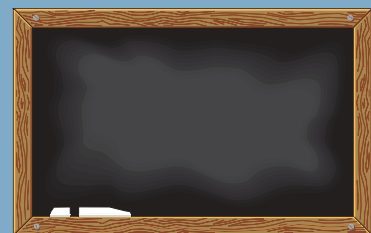
High school courses in social studies, mathematics, language arts, physical education, science, job co-op, and electives are offered. Complete course lists appear on the summer school registration form. It is possible to earn 1/2 credit for each summer school course; in some instances, you may be able to complete 2 courses during the summer.

Art Program

The 4th annual Summer School Art Enrichment Program will be offered again this year. This intensive art program has three courses to choose from: Art Studio, AP Art Studio and Pottery. For more information about this program, go to: <http://www.asdk12.org/summer/HS/art.asp>.

Dates to Remember

June 9	Last day to pre-register
June 17	On-site registration at 8:00 AM - 1:00 PM
June 22	First day of class
July 4	Independence Day holiday
July 29	Last day of summer school



Note: If you do not complete the registration process before the regular school year is over, you will still have an opportunity to register at your summer school site on Friday, June 17 from 8:00 AM to 1:00 PM . Classes are filled on a first come, first served basis. If you wait until the last day to register, you may not be able to enroll in the class(es) that you need; the classes may be full. Classes are subject to consolidation or cancellation due to low enrollment.

Camps and Summer Activities

Here are some great local resources to locate summer camps and activities for teen-aged students:

Anchorage Daily News - Summer Camp Issue

On April 21, The Daily News published its annual list of summer camps being held in the Anchorage area. To see the camp schedule online, visit www.adn.com/life/ and select "Summer Camps 2005." The following camps were not included in the schedule, which appears online at www.adn.com/help/v-camps.

Anchorage Parks and Recreation Department - Youth Services

<http://www.muni.org/parks/>

Anchorage Parks and Recreation provides a variety of quality recreation, education, culture, and leisure activities that assist in the development of life enhancing skills for future adults.

Alpine Alternatives

www.alpinealternatives.org

Alpine Alternatives provides opportunities through recreational programs for disabled persons to develop their maximum individual potential and to contribute to society.

The Arc of Anchorage

www.arc-anchorage.org/index.php

The mission of the Arc of Anchorage is to secure for all people with developmental and other disabilities the opportunity to choose and realize their goals of where and how they learn, live, work, and play.

Challenge Alaska

www.challenge.ak.org

Challenge Alaska is a non-profit organization that provides sports and therapeutic recreation opportunities for those with disabilities.

Special Olympics

www.specialolympicsalaska.org

Special Olympics Alaska provides year-round sports training and athletic competition in a variety of Olympic-type sports for people eight years of age and older with mental retardation, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

Therapeutic Recreation

www.muni.org/parks/tr.cfm

TR is the program of the Municipality of Anchorage Parks & Recreation Department that provides recreational and leisure opportunities for people who experience a disability.

National Resources on Summer Activities

Family Village

www.familyvillage.wisc.edu

Family Village is a Web site maintained by the Waisman Center, University of Wisconsin-Madison. Family Village is a global community that integrates information, resources, and communication opportunities on the Internet for persons with cognitive and other disabilities, for their families, and for those that provide them services and support. The Family Village has a special section entitled "Recreation and Leisure Activities", located at:

2005 Summer Pre-College Programs for Students with Disabilities

<http://www.heath.gwu.edu/PDFs/Summer%20Pre-College%202005.pdf>

Annually, The George Washington University HEATH Resource Center researches summer campus programs for individuals with disabilities. HEATH staff members have compiled this list of resources for students with disabilities who are exploring ways to prepare for college and enhance college performance.

Summer Camps for Children with Disabilities - 2005

<http://www.nichcy.org/pubs/genresc/camps.htm>

This is a guide to some of the directories and listings of summer camps. Half of these resources identify camps specifically intended for children who have disabilities. The other half are simply directories listing camp opportunities available to all children.

LDOonline "Find A Camp" Database

<http://www.ldonline.org/yellowpages/findschool.php>

This database includes 23 listings of summer camps for students with learning disabilities.

Are you a student heading off to college next year? Take a look at the **AHEAD: Association on Higher Education and Disability**, <http://www.ahead.org/publications/index.htm#preparingforcollege>. This organization publishes a number of helpful brochures including:

- College Students Who are Deaf or Hard of Hearing
- College Students Who Have ADHD
- College Students Who Have Chronic Diseases or Medical Conditions
- College Students with Learning Disabilities - 3rd Edition
- Confidentiality and Disability Issues in Higher Education
- Preparing for College: Options for Students with Learning Disabilities
- Ready, Set, Go: Helping Students with Learning Disabilities Prepare for College
- Section 504: The Law and Its Impact on Postsecondary Education
- The Americans with Disabilities Act: The Law and Its Impact on Postsecondary Education