

# PRESCHOOL PRESS



A Publication of the Anchorage School District Special Education Parent Resource Center  
and the Early Childhood and Elementary Special Education Department

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In this issue of the Preschool Press, you will find articles for parents and preschool children on the following topics:

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- Important Numbers to Remember

## ABOUT THE PRESCHOOL PRESS

This publication is designed for preschool families in the Anchorage School District - it is delivered via email every third Thursday of the month - to order, email [fraczek\\_eudora@asdk12.org](mailto:fraczek_eudora@asdk12.org) or call 742-3872.

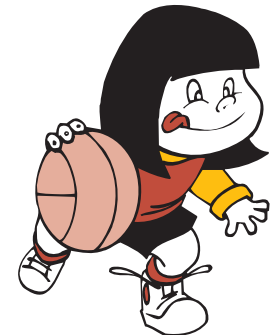
## SUMMER CAMPS FOR PRESCHOOLERS

Summer camp activities are open to children under the age of 5! This is a great opportunity for children to socialize with others their age and enjoy the wonders of our Alaskan summer. Some ideas:

Camp Fire USA, <http://www.campfireak.org/> - campers age 4-5 are in a small group, half day sessions at Camp Si La Meo.

Girdwood Summer Playground - days filled with supervised games, art projects, activities and field trips for preschool and primary aged children. Learn more about the Summer Playground Program at: [http://www.asdk12.org/depts/community\\_ed/schools/cache\\_summer.asp](http://www.asdk12.org/depts/community_ed/schools/cache_summer.asp).

Somos Amigos- Spanish Camp for Kids - participants, ages 3-12 years, will learn fundamental Spanish expressions and vocabulary through games, arts and crafts, cooking, singing, and dancing. For more information, go to: [http://www.asdk12.org/depts/community\\_ed/schools/cache\\_summer.asp](http://www.asdk12.org/depts/community_ed/schools/cache_summer.asp).



## **OTHER SUMMER ACTIVITIES**

Looking for summer activities that are not week long camp commitments - try one of the following:

The **Eagle River Nature Center** has a Junior Naturalist Program. Call 907-694-2108 to register and receive details about programs. Remember that children must be accompanied by an adult at all times. See summer events at their website: <http://www.ernc.org/indexP.html>.

The **Parks and Recreation Department** have preschool activities planned for June 16, 23, 30, July 7, 14, 21, 28, Aug. 4, 11, 18, 25 / Wed. / 11:00-12:00 Noon / 3-5 yrs. / \$2 per class or activity punch card. Crafts, games, storytime. Classes held at Fairview Recreation Center. Learn more at: <http://www.muni.org/parks/>.

The Imaginarium hosts **Preschool Science Hour** for children ages 2 through 5. Parent participation is required. Learn about those planned for the summer months at: <http://www.imaginarium.org/events/index.htm>.



## **GO RIDE A BIKE!**

Summer is a great time to enjoy our city parks and trails! For a full listing of trails go to the Parks and Recreation website at: <http://www.muni.org/parks/parks.cfm>! Remember to always use your helmet!

## **KINDERGARTEN READINESS**

This time of year, parents begin thinking about whether their child will be ready for kindergarten next fall - here are some great articles to help parents decide:

The Emotional Foundations of School Readiness

[http://www.zerotothree.org/sch\\_read.html](http://www.zerotothree.org/sch_read.html)

Kindergarten Readiness Checklist -

<http://familyeducation.com/article/0,1120,21-14779-1,00.html>

Helping Your Child Get Ready for School-

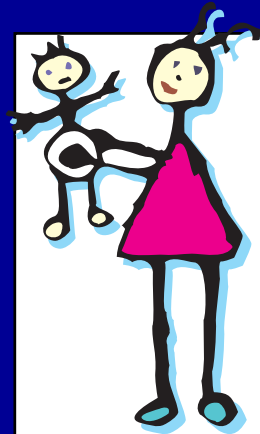
<http://readyweb.crc.uiuc.edu/library/1992/getready/getready.html>



## **COMMUNITY FOCUS - SUMMER PLAYGROUND**

The Summer Playground Program provides an affordable recreation program that addresses the specific development needs of preschool children and elementary age children who are on vacation from school. The program is intended to offer children ages 3-11 years (must be 3 years old at the time of registration).

Learn more at: <http://www.muni.org/parks/sumplay.cfm>.



## **TREASURE CHEST OF IMPORTANT PHONE NUMBERS**

Child Check 753-8235  
Southcentral Hotline 563-3200  
Denali Kidcare 269-6529  
WIC 343-4668  
Poison Control 800-222-1222  
Childcare Connection 278-2273