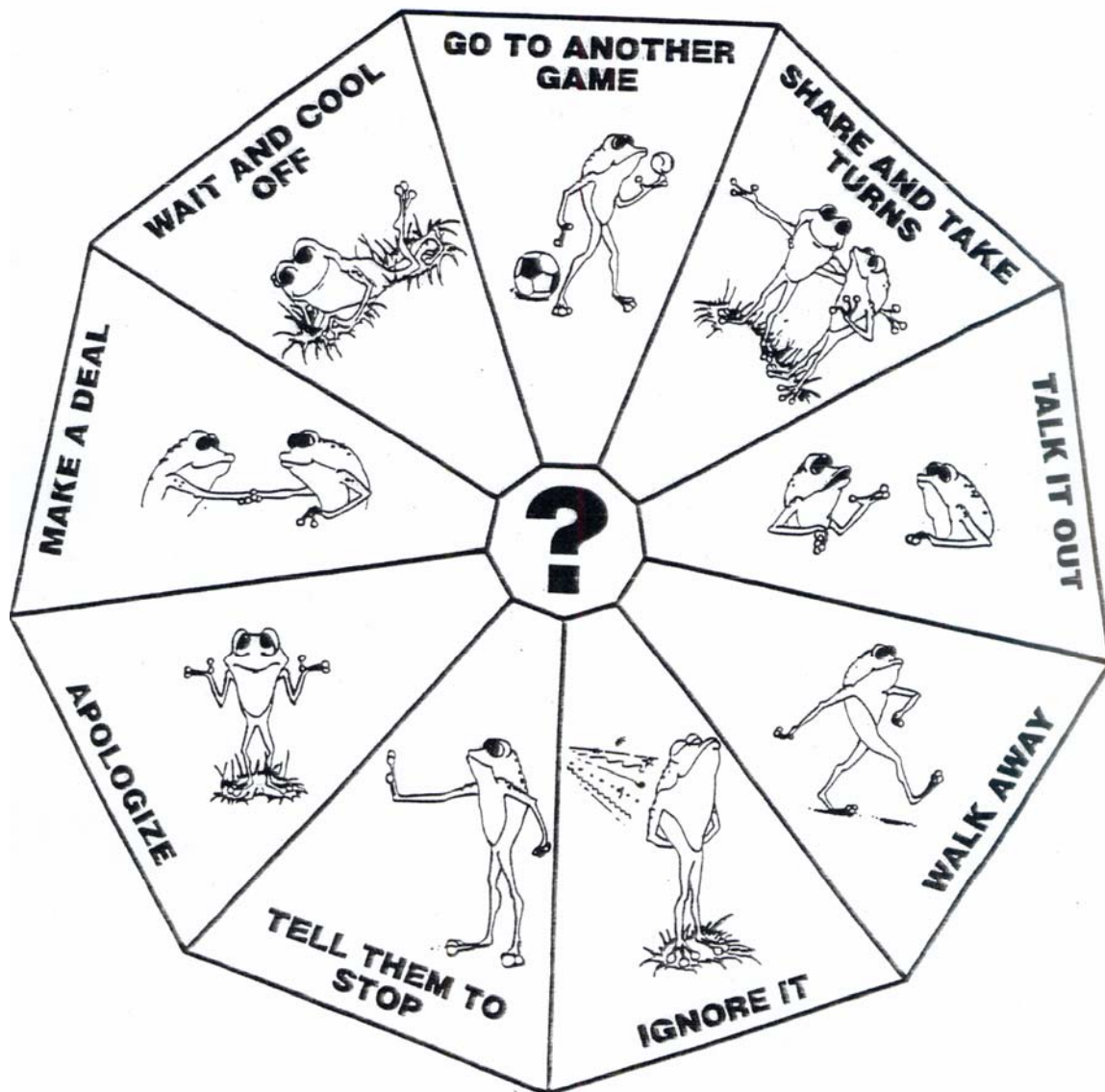


IT'S YOUR CHOICE!

DO YOU HAVE A SMALL PROBLEM?
TRY 2 OF KELSO'S CHOICES:



IF YOU HAVE A **BIG** PROBLEM
(afraid or in danger)
TELL AN ADULT YOU TRUST.

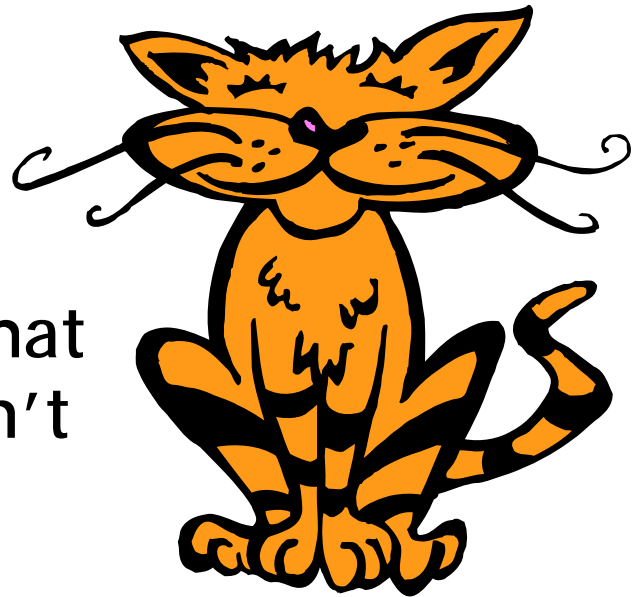
Cool Cat says...

When I'm upset I need to take a deep breath and think:

I don't want to be "hot" and blow-up,

I don't want to be "cold" and give-up.

I want to stay "cool"
and tell them what I
don't like, what I
want instead, and what
will happen if we can't
solve our problem!



Pumsy says...

“Stay in your clear mind, not to slide into your mud mind. You are responsible for your day.

You can choose if something is going to bother you or not. Even if you don't

get your way now you might later or even if you don't get to sit where you want right now, if you stay cool you will get to go to recess and have fun.”



Sparky says...

“Say nice things to each other to build each other up and help each other shine. If you hear something mean or hurtful think of a Sparkle statement or action to help the situation. Being kind to each other is a Sparkle action!”

