

Steller
Fall 2009 Intensives

Bob & Danielle

All Ultimate! All the Time! The Intensive will focus on the most active of all Frisbee sports for two weeks straight. Technique, rules, and games are the bulk of the time. We will play at the soccer field and hopefully take a couple trips to the Park Strip. Bring a disc and be ready for fun! Credit: P. E. Fee: \$0

Gerald

Pyrography This will be a studio art intensive based upon the art of pyrography. Pyrography is the art of decorating wood or other materials with burn marks resulting from the controlled application of a heated object such as a poker. Pyrography means "writing with fire" and is the traditional art of using a heated tip or wire to burn or scorch designs onto natural materials such as wood or leather. Credit: Elective Elective Cost: \$35

Jen Strauss

Road Biking: Biking to Denali This Intensive is CLOSED.... It is now too late to sign up due to a deposit to secure the trip. Grade Level: 9-12 (7-8, must preapprove with me prior to sign-up) Prerequisite: By fall must be able to bike for 20 miles or for 2 hours at a time Course Length: 2 Weeks Get ready for the biking trip of a lifetime! At the end of this intensive you will be able to brag that you can bike from Wasilla all the way to Denali National Park. If this seems daunting, don't worry; we will spend the first week preparing ourselves for the trip by biking around Anchorage and learning about bike safety and maintenance. Plus you will have 3 months to prepare for this intensive! If you get out and bike a few times a week all summer (building up to riding 20 miles at a time or 2 hours) you will be ready for this trip. Questions about this intensive? Come talk to me! Credit: Elective Elective or PE Elective .25 This Intensive is CLOSED.... It is now too late to sign up due to a deposit to secure the trip.

Jennifer/Dennis

Illustrated Poetry Journal Description: Illustrated Poetry Journal. Writers keep many kinds of journals to help them when they sit down to write. An illustrated poetry journal is a helpful tool and they are fun to create just for yourself or as a gift as well. There are many ways to make an illustrated poetry journal and one of the easiest ways is to make a picture book that you can refer to when you're writing poetry or that you create just for your own pleasure. We will gather images and other supplies and put together pages in our poetry journals. The journal you create is just for you so it should be creative and fun. Credit: English Elective, Elective Elective (1st qtr) - 1/4 credit Fee: \$10.00

Ken

Canoe - Lynx Lake Canoe System Swan Lakes-Moose River System

I will be offering two canoe trips as part of the fall intensive. Students do not need any previous canoeing or back country experience to participate in this trip. During the first three days of the intensive I will be covering the basics of trip planning and canoeing. We will practice basic canoe skills at the start of the trip. Students will need to provide their own gear. Usually there are plenty of people with the group gear so that should not be a problem. We also need canoes and people to drive them to the put-in and pick us up. If this proves to be a problem, we will have to rent canoes and students will be charged a fee. Fees for a two-day trip on the Lynx Lake Canoe trail are \$30 per person. Fees for a four-day trip in the Swan Lake System in the Kenai National Wildlife Refuge are \$90 for canoe rental and shuttle service to the East End entrance. Students are responsible for providing their own food and will be in cooking groups for meal preparation. We are also in need of a parent chaperones. If you're free and interested or if you have further questions, you can call me at home (727-0730) or at Steller (742-4950). Fees-\$120 Credit-Physical Education/Elective

Larry

Golf Around Anchorage Grades 7-12 Practice at Steller, Tanglewood Golf Range and some practice rounds at Russian Jack golf course. One round of golf at Moose Run Hill Course or Anchorage Golf Course or Tanglewood Golf Course. All the rules, all the sand and grass you can hit on. You don't have to own your own clubs Steller has some used clubs you can use. Students will be graded on participation, attitude, behavior and attendance. Pass/Fail grading. Class fee of \$100 and patience required. Credit: PE Cost: \$100

Leigh Anne

Everything Pirates! Grade level: 7-12 Ahoy Mates! Ever dreamed o' jumpin' ship an' tryin' yer luck at sea? Come on board for an excitin' exploration o' pirates. This class will teach ye everythin' ye need t' know t' be a successful pirates, includin' pirate talk an' dress an' booty seekin'. Plus learn about th' history o' piratin', study pirates in literature an' film, an' eyeball th' modern problem wi' pirates in Somalia. Brin' yer own costume or make one when ye show. In th' end, we will set ou' an' sail th' seven seas in search o' booty an' fortune. Credit: Social Studies Elective Cost: Approx. \$10

Nina & Natalie

Sculpture in the Park

In conjunction with our School Business Partner, the Downtown Partnership, Covenant House, and Anchorage artists Ron Naanes and Jannah Sexton Atkins, students will build free standing sculptures to display during the downtown park renovation celebration on September 4th. This intensive will have an individual and a group component as students work alone and with each other to build a wooden sculpture that will move and whistle in the wind. Youth members of Covenant House will be collaborating with Steller students and both groups will be guided by Ron and Jannah through the creative process. On Friday, September 4th students will assemble their projects in the park and take part in a city-wide public celebration as the Mayor rededicates the newly redesigned park. Steller's band will play, area vendors will set up a street fair and a farmer's market will be among the other events happening concurrently. Come build with us!

Jerry

Do-It-Yourself / Do-It-For-Others This intensive will allow you to build, create, or produce a project of your choice or do community service work in the Anchorage area. Students will either access Instructables.com or other hands-on orientated sites to choose a project to complete during the intensive period or volunteer on community projects* in conjunction with Providence's For the Love of Lucy, The Food Bank of Alaska, The Anchorage Downtown Partnership, Parks and Rec, and Title Wave's Banned Books read-aloud program. Students are also welcome to find their own volunteer opportunity subject to approval. Students will group according to interest, person-power needed and slots available. FEE: DIY projects must be funded by the individual student(s). \$5 for Community Service projects (fleece, fabric, etc) *Subject to confirmation by these agencies/businesses.

Philip and Jean

(Cordova Travel: From Forest To Sea DROPPED... Not enough enrollment to support an Intensive class).

NEW Intensive Course Disorientation Seventh graders will participate in an extended orientation where we will explore all of the things that make Steller such a unique place to go to school. We will cover such topics as Community Service, Steller Traditions, Student Government and how to get involved. Open to seventh graders and selected Juniors and Seniors upon interview with Jean and Philip. Credit: Elective Fee:\$10

Toni

FENCING INTENSIVE & SUMMER OUTDOOR ACTIVITIES Grades 7 – 12 “on-guard!” “parry” “lunge” “block” At Steller, we will be offering a 2-week Fencing Intensive Program that will include daily drills and practice, instruction from a professional, visits to the Fencing Center in Anchorage, and a chance to watch matches and competitions. Experienced fencers can practice and improve their technique and new fencing students will learn about the warm-ups, basic positions, and lunges. If you want to be an Olympian or just want to have FUN in a friendly environment, than this is the class for you! When the weather is right, we can also bring a sack lunch outside in the afternoon and play soccer, kickball, or softball. (Student suggestions are welcome.) Student Aides Needed Credit: P.E. or Elective Elective Cost: \$30

Troy

Spend a week exploring historic McCarthy/Kenicott. (Limit 12 students) Stay at the Commissioner's Cabin in McCarthy. Tour the historic mine buildings of Kennicott. Take a glacier hike with St. Elias Alpine Guides. Study the geology, history, flora & fauna, ecology of the area. We hope to coordinate curriculum with Wrangell Mountains Center* which offers college credit in several subject areas. (Visit their website at www.wrangells.org) We can take advantage of volunteer opportunities with the Park Service. During the first week of Intensive at Steller we'll have speakers to acquaint you with the history, geology, and geography of the area. You'll exercise your math skills planning the logistics of our trip—how many tacos can 12 teenagers eat? What if 6 of them are adolescent boys with hollow legs? Students will work in pairs to provide meals for the group for one day of our stay. You will plan a menu, shop and pack supplies for those meals. We'll discuss our carbon footprint--how many rolls of toilet paper? Paper plates or dishwashing? Credit depends on area of interest—Art, AK History, Social Studies, Creative Writing, Geology, Ecology, Engineering, P.E., or Community Service. Some type of project will be required for credit. It could be a daily journal for example, a biography of a local historical figure, a model of the concentrator building, schematics of mining equipment, a paper on the logistics of building the Kuskulana bridge, a photo essay on environmental changes in the area, or a slide show on area glaciers. The possibilities are only limited by your area of interest and imagination. Cost is yet to be determined. Definitely under \$200. We are trying to keep the costs down, by using parent/teacher transportation, and having pairs of students supply one day of meals for the group. The major expenses will be guided tours and vendor resources in McCarthy. We'll update the costs as soon as we hear from those parties. *The Wrangell Mountains Center is a private, non-profit institute dedicated to environmental education, research, and the arts in Wrangell-St. Elias National Park and Preserve. Headquartered in McCarthy, Alaska in the heart of the park, the Wrangell Mountains Center strives to facilitate understanding, appreciation, and stewardship of the lands and communities of Wrangell-St. Elias National Park & Preserve. Our summer programs include accredited college-level field courses, arts programs for children and adults, educator workshops, residencies for visiting artists and writers, natural science short-courses, Elderhostels, writing workshops, support services for research scientists, and the popular Kennicott Summer Arts and Lectures Series. Our programs provide students, local citizens, scholars, researchers, and travelers with an increased understanding of complex natural processes, a changed view of the human place in the natural environment, and new skills for taking effective action on their own local issues. In the process of helping people come to know the Wrangell Mountains, we are building a strong local, national, and international constituency for the protection of wildlands and the enhancement of mountain cultures in Alaska and beyond.