

Eagle River High School The Tracker

April/May 2010



Important Dates

- April 27, 2010
Senior Awards Ceremony
- April 28, 2010
Senior Breakfast/Fun Day
- May 3-13, 2010
AP Testing
- May 6, 7, 2010
Senior Finals
- May 12, 2010**
Graduation 7:00pm
at Sullivan Arena
- May 19, 20, 2010
Finals 9th, 10th, 11th Grade
- May 20, 2010
Last Day of School
- August 2, 2010
Senior Schedule Pick Up
- August 3, 2010
Junior Schedule Pick Up
- August 4, 2010
Sophomore Schedule Pickup
- August 5, 2010
Freshman Schedule Pickup
- August 18, 2010
First Day of School

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Dear Eagle River High School Parents and Community,

Are we ready for summer? ERHS is pleased to coordinate Region IV Soccer for Boy's and Girl's ASD teams. We are anxiously awaiting the snow to melt on our track and turf field as well as the other outdoor fields in the ASD. We are also awaiting the snow to melt in order to host the first ever Region IV Track & Field Event at ERHS! Our track was completed with a long jump pit this fall and we now have all of the equipment needed to host our own events. We are still working on acquiring funding for bleachers in our stadium. This addition would complete our needs in order to host Varsity Football, Flag Football, and Soccer games at ERHS. There will be several sporting camps held at ERHS over the summer. Please contact your coach or the activity office for more information.

ERHS will be the proud host of the ASD Summer School Program this year. Your son or daughter may register for classes with their counselor here at ERHS. I will serve as a Summer School Principal until the end of June and will be working with Ms. Colette Marshall from CHS as the other Summer School Principal. Students may take Math, Science, English, History, Alaska Studies, United States Government, Life Time Personal Fitness, and Art. Students are encouraged to sign up for summer school if they are behind in credits for any reason. Students may also take summer school classes to get ahead or for academic enrichment! I look forward to a great summer school experience at ERHS!

As a parent of two teenage daughters, I know that summers are both a busy time and a lazy time. By the end of the summer I am very frustrated with them going to bed after mid-night and waking up after noon. Maybe I am the only parent in this situation? If you want to keep your son or daughter busy this summer there a multitude of academic, athletic, and community oriented courses, workshops, retreats, and opportunities available. Virtually every subject area has a special program available both in and out of state. Our Career Resource Room has a wide variety of flyers and promotional material for summer activities. I encourage you and your student to take the time to do something both fun and valuable this summer of 2010. There are also multiple job listings in our Career Resource Room for student review!

My two favorite days of the school year are the first day of school, and Graduation. I look forward to hosting our 5th graduation for the Class of 2010 on May 12, 2010 at 7pm in the George Sullivan Arena. All are invited to attend. This occasion is a formal occasion that recognizes the accomplishments of our Graduating Seniors. We celebrate our students with family, friends, dignitaries, and our community. In this spirit we expect our students to behave according to our school mission statement; Excellence, Respect, Community. Graduation is a special time and I look forward to the event each and every year. For me it serves as a blessing in that it honors the work that all of us do to raise our children.

I hope you have a wonderful summer!

Sincerely,

Natalie Burnett
ERHS Principal



Eagle River High School Mission Statement

COMMUNITY, EXCELLENCE, RESPECT

www.eagleriverhighschool.com



End of the Year

From Vikki McConnell, Student Services Assistant Principal

Despite the fact there may still be snow on the ground, Spring is finally here and the end of our school year is quickly approaching! With the weather improving every day and the sun showing itself more, it becomes harder and harder to focus on school. Please keep in mind we need to work to the end of the year. Finals for Seniors are May 6th & 7th; for Underclassmen, May 19th and 20th.

So tell your student that each remaining day leading to finals is an opportunity to finish strong. Now, more than ever, being on time and getting homework done can really make the difference between earning credit or having to repeat a class. With your help students will keep focused on homework and exams all the way to the end and we'll finish this year as positively as we began it. Thank you for your support, interest and partnership this year.

Pranks & Vandalism

Parents, if you have not already had a conversation with your student(s) about making responsible and non-destructive decisions, or have not visited the topic in the past, please do so now. Too often, students perceive pranks as innocent fun and spur-of-the-moment actions. Decisions that are made with little consideration for consequences may have long term effects. The Anchorage School District and our Eagle River /Chugiak community will not tolerate pranks or acts of vandalism. Pranks are not allowed at Eagle River High School and will be dealt with in the Student Services Office. Please discourage any pranks you hear of. We always appreciate your cooperation and communication.

According to our High School Student Handbook, vandalism/pranks include, but are not limited to, removing, mis-using, destroying, defacing, or mutilating objects or materials belonging to the school, school personnel, or other persons. Pranks may also be defined as anything which creates a substantive disruption.

Seniors participating in acts of vandalism/pranks may be denied participation in graduation ceremonies. Vandalism/Pranks will not be tolerated in our neighborhood or on our campus.

Locker Clean out

Senior Locker Clean Out will be on Wed, May 5th at the end of Period 6. Seniors will be released the last 10 minutes of class to go directly to their lockers for clean out.

Locker clean out for 9th, 10th, and 11th graders will be Tues. May 18th. 11th graders will be released the last 10 minutes of 4th period, and are then to report to their 5th period class. 10th graders will be released the last 10 minutes of their 5th period, to go onto their 6th period class. 9th graders will be released the last 10 minutes of their 6th period class.

Unclaimed items left behind in lockers will be donated to charitable organizations.

For the last two days of school, we are asking students to leave backpacks, large bags and any unnecessary items at home. Contraband such as shaving/whip cream, air horns, eggs, squirt guns, firecrackers, or anything else that might disrupt class will be confiscated and students will have disciplinary consequences.

Summer School Gifted Education Program

The deadline for applications to the Summer School Gifted Education program is May 3. Students must submit a complete application in order to be considered for placement. Only 50 placements will be made district wide, so interested students are strongly encouraged to apply early. Also, students must be available to accommodate their prospective mentor's schedule to attain 40 hours of contact time before July 14th. Those planning summer vacations may have a difficulty fulfilling this time requirement. Selections will be made May 6, and mandatory training sessions held either May 12 or May 25, 2010.

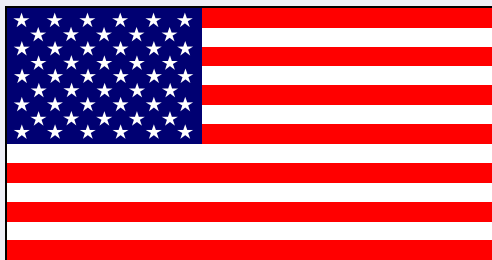
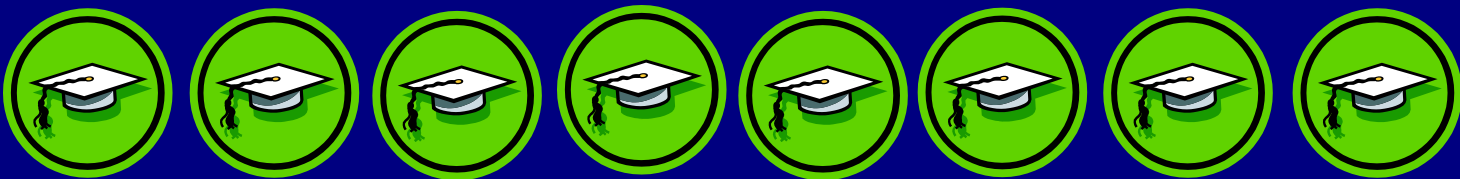
Second Semester
From Frank Reuter
Curriculum and Activities Assistant Principal

I know it is hard to believe its “spring.” As I write this letter the snow is falling soccer is still in the Dome and this week’s track meets are cancelled. The lack of sun and warmer temperatures has lessened the amount of senioritis we normally see this time of year. As we approach graduation there are several senior activities you should be aware of; Sr. Awards Night 4/27, Sr. Fun Day 4/28, SAT’s 5/1, AP testing, Sr. Finals 5/6-7, and Commencement 5/12 at 7pm.

If your son or daughter isn’t a senior I encourage you to check their grades online several weeks prior to the end of school (May 20) so there are no surprise grades and you will have time to contact teachers and work through any academic issues that have come up. If you child fails a class or you would like them to improve on a grade that doesn’t meet your educational expectation we will be offering extended school at ERHS and Chugiak High will be hosting summer school for ERHS students. If you need more information about summer school, extended year, BYU courses, etc. please contact the ERHS counseling office at 742-2740. If eligibility is a concern please contact our Activities office before summer school starts, their number is 742-2730.

I sincerely hope you had a great experience at ERHS this year. If you have any input, positive or negative please contact me directly at reuter_frank@asdk12.org . Enjoy your summer break, registration begins August 2 and classes start August 18.

Frank Reuter
www.eagleriverhighschool.com



The Three R’s:
Redeployment, Reunion and
Reunification

More than 100 ERHS students have had parents return from deployment during this school year. Having a parent return is a major positive life event for a high school student. There is so much to catch-up on and a relationship to renew, it is both a blessing and a challenge for the whole family. Students have been provided some basic training and preparation to encourage success as they work through the process. If additional skills and counseling assistance is desired, please contact the Army provided, ASACS Counselor, Mr. Mark Mortier. His number at ERHS is 742-2706 and on Ft. Richardson it is 384-0134. Services are provided during the school year and summer.

END OF THE YEAR NURSE'S NOTES

MEDICATION

It's the season when the medication shelf is overflowing with short term over the counter medications. Any attempts to pick up your child's medication while visiting Eagle River High School will be greatly appreciated. Otherwise please remind your student to pick up any medications they may have in the health clinic by the last day of school. We are unable to store medications over the summer so they will be disposed of after the last day of school.

MISS THE RUSH

Many students will be required to have their tetanus booster before registration for the 2010/2011 school year. We will be sending out reminders for those that are due and will become due for this immunization. However, if you are unsure of your child immunization requirements, please don't hesitate to phone the nurse's office. Planning ahead to have your child immunized before August might save you lots of wait time.

Medication Permission Forms for Next Year

ASD mandates that all students returning to school in the fall will need a new permission form, signed by both parent and doctor, for any medications needed at school. Feel free to stop by the Nurse's office any time before the end of the year to pick up the needed paperwork.

Wishing you and your family a healthful and fun summer break.

Megan Charles
742-2750



Attention: *Senior Parents*

As the year winds down and the Seniors prepare for graduation they have many things on their minds. . . namely. . . **SENIOR BREAKFAST AND SENIOR FUN DAY**

These much anticipated events are both on April 28, 2010. We will begin the day with Senior Breakfast at ERHS and then go to the Anchorage Sports Dome for Senior Fun Day.

**Parents, we need your help as
volunteers and/or donations
April 28, 2010
for
SENIOR BREAKFAST
and
SENIOR FUN DAY!!**

Please contact Paula Strom at strom_paula@asdk12.org or Matt Turner at Turner_Matthew@asdk12.org

Thank you. Your help is appreciated.



ERHS *Graduation 2009-10*

7:00pm on May 12, 2010

at the Sullivan Arena

Full Senior Event Calendar found online at
www.eagleriverhighschool.com.

Latest from the Library

Need some fun summer reading? Looking for books to discuss with your friends? Try some of the following titles:

Little Brother by Cory Doctorow
 The Graveyard Book by Neil Gaiman
 Persepolis by Marjane Satrapi
 Leviathan by Scott Westerfield
 The Boy who Harnessed the Wind by William Kamdwamba

Or try looking at some of the lists provided for teen readers which can be found through the American Library Association website at: <http://www.ala.org/ala/mgrps/divs/yalsa/booklistsawards/booklistsbook.cfm>

The Battle of the Books titles for next year :



1. *Adoration of Jenna Fox* by Mary Pearson
2. *Boost* by Kathy Mackel
3. *Breathing Underwater* by Alex Flinn
4. *Dangerous Days of Daniel X* by James Patterson
5. *Does My Head Look Big In This?* By Randa Abdel-Fattah
6. *Farewell to Manzanar* by Jeanne Wakatsuki Houston
7. *Graceling* by Kristin Cashore
8. *Hunger Games* by Suzanne Collins
9. *Into the Wild* by Jon Krakauer
10. *Kidnapped* by Robert Louis Stevenson
11. *Ophelia* by Lisa Klein
12. *Real Ponies Don't Go Oink* by Patrick McManus

Have a summer filled with interesting people and places. READ!

CONNECTING MY FUTURE – LIFE AFTER HIGH SCHOOL

Options for Postsecondary Education, Training, and Employment*

A Chugiak/Eagle River Community Event for CHS and ERHS students with an IEP

Save the date!

April 22nd, 2010

6:30pm-8:00pm

Eagle River High School Commons



Community vendors and presenters will be in attendance.

For more information please contact Danielle Clay at 742-2704 or clay_danielle@asdk12.org



Counseling Corner



Counseling Newsletter – April/May 10

April 1	SBA Science Test (10th only)
April 6	HSGQE/SBA Reading Test
April 7	HSGQE/SBA Writing Test
April 8	HSGQE/SBA Math Test
April 9	AP Exam order deadline
April 14	8th Grade Parent Night – 6:30 PM @ ERHS
April 16	Late AP Exam order deadline (\$50 extra)
April 21	AK Construction/Career Day – Palmer
April 27	Senior Awards/Honor Grad Night – 6 PM
May	SAT Test @ Service High School - register at collegeboard.com
May 3- 14	AP Testing at ERHS
May 12	Graduation at Sullivan Arena – 7:00pm
May 20	Last Day of School!
June 9 -July 14	Summer School

Scheduling for Next Year – Counselors have completed meeting with students to plan their schedules for next year. All requests have been entered. Please contact the counseling office to make changes or if you have questions.

Summer School - Summer school will be held at Eagle River High School and will run from 6/9 to 7/14. Applications will soon be available in the counseling office and online at <http://www.asdk12.org/summer/>. Please contact the counseling office for more information.

Students Transferring or Moving - If your family is planning on moving this spring or transferring schools, we ask that you give us 2 weeks notice. If you are moving over the summer we would also like to know. Please call our registrar Kathy Morales at 742-2708 for notification or for more information.

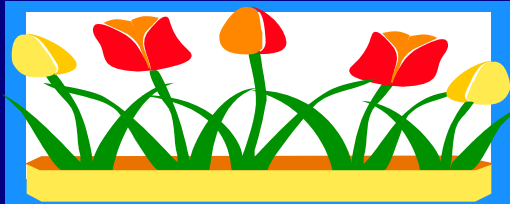
<u>Reuter Frank@asdk12.org</u>	
Counselor Tom Rollman (A-G)	742-2712
<u>Rollman Tom@asdk12.org</u>	
Counselor Sarah Lahn (P-Z)	742-2709
<u>Lahn Sarah@asdk12.org</u>	
Counselor Sarah Frey (H-O)	742-2732
<u>Frey Sarah@asdk12.org</u>	
Counselor Shellie Lincoln (students with IEP's)	742-2723
<u>lincoln michella@ asdk12.org</u>	
Registrar Kathy Morales	742-2708
<u>Morales Kathy@asdk12.org</u>	
Secretary Cindy Burrill	742-2740
<u>burrill cindy@asdk12.org</u>	

Eagle River High School would like to recognize our school business partnerships with:

- **Eagle River Rotary Club**
- **Mountain Massage**
- **Pizza Man**
- **Eagle River Alaska Club**
- **New York Life Insurance**
- **Alaska Fine Arts Academy**

If you have a business and would like to enter into a business partnership with ERHS, please email

Deb Weesner, SBP Coordinator at Weesner_deb@asdk12.org



Parents are Perfect!



Substitutes are needed in many school cafeterias to assist with preparing food & serving lunch to students. Hours are perfect for parents: part-time and flexible. Fill out an application at the ASD Building Located at 5530 East Northern Lights in Boniface Mall.

Visit the CRC website for more information and a look ahead

Career Resource Center

April/May Opportunities

→ DON'T FORGET!

Grades 9, 10, & 11... start working on your portfolio. If you need help or have questions visit the CRC. Portfolios are for all grades. You will find your portfolio very useful when applying for jobs, college applications and scholarships. Pick up a copy of the guidelines in the CRC to help you get started.

Important DATE!

For more information contact the Career Resource Center.

Senior Awards Ceremony

This event is for Honor Grads, UA Scholars, and seniors receiving local scholarships and awards. Invitations will be sent to seniors and their parents receiving awards.

When: April 27, 2010

Time: 5:30 – 6pm light appetizers
6 – 8pm program

Where: ERHS Commons

Career Resource Center Contact

Career Resource Advisor

Debra Weesner

742-2752

Weesner_deb@asdk12.org

Website:

www.eagleriverhighschool.com

MEMO

SAT & ACT

- Recommendation: Register for 1-SAT and 1-ACT second semester of your junior year
- Repeat the test(s) when you are a senior if you do not like your score(s)
- ERHS code is **020368**
- SAT test is given at Service High School. Alternate site may be available i.e. Palmer or Colony HS
- ACT test is given at Hanshaw Middle School. Alternate site is UAA
- Internet site registration requires a credit card:
- SAT – www.collegeboard.com
- ACT – www.act.org
- Registration packets & fee waivers are available in the CRC for mailing

Upcoming events...

Apr 12 – ASD Mentorship Program presentation in ERHS library 6 – 7pm

Apr 14 – 8th grade student & parent night @ ERHS for incoming freshmen

Apr 20 – learn about childcare job opportunities on Ft. Richardson in the CRC @ lunch

Apr 21 – Alaska Career Construction Day – must sign up in the CRC

Apr 28 – Oregon State University in the commons @ lunch

Spring Break in Spain

¡Buen Viaje! Madrid, Segovia, Toledo, Sevilla and Córdoba. Museums, Art, History, Cathedrals, Culture, Soccer, Castles, Palaces, Stadiums, Synagogues, Aqueducts, Flamenco, food, metros and plazas. Plus, thousands of photos, improved language proficiency, and most importantly many new good friends.



Mr. Bera and I had the esteemed privilege of traveling to Spain this spring with 9 outstanding language students from ERHS. We spent 2 weeks being Spaniards; eating Spanish cuisine, as well as talking about history and art, even delving into Spanish culture and enjoying a bit of soccer. In addition to seeing the sights, our Eagle River stu-

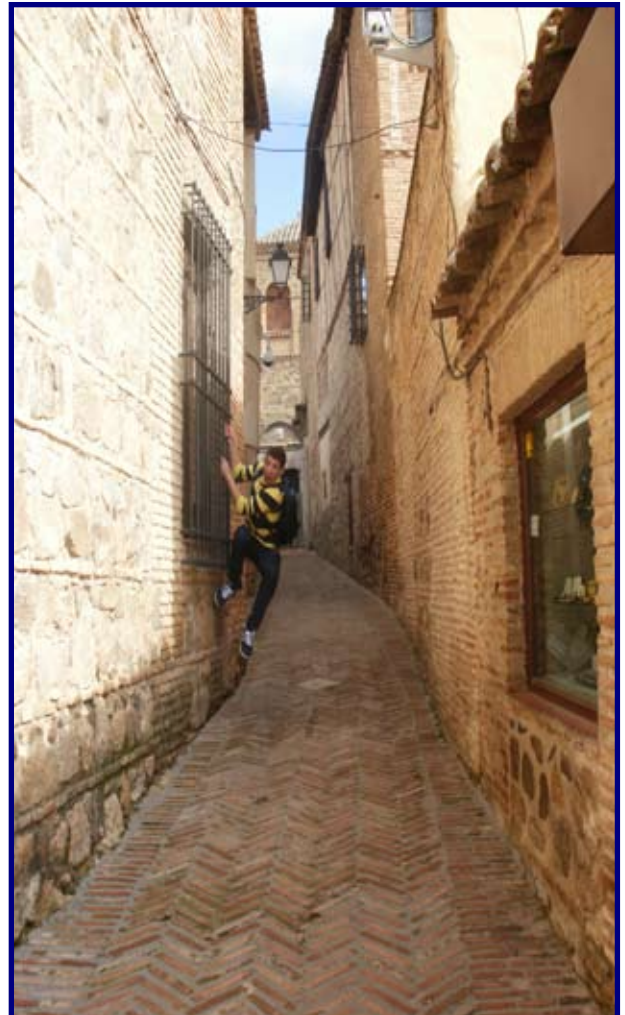
dent ambassadors each spent a week living with a Spanish family and attending school with their Spanish host-siblings. It was an amazing experience for all, and these students represented our school with distinction! It was a true pleasure to accompany them on this adventure. Here is what they have to report about the trip!

Emily Davis, Senior ~ “Some of the best displays of modern art we saw weren’t in museums; they were on walls and houses. The graffiti in Spain was better than half the works we saw in the Reina Sofia Museum of Modern Art.”

Tucker Platt, Senior ~ “Culture shock in Spain hits you like a train full of mopeds, midday naps, and salty ham. It’s the kind of experience that is impossible to have in just a classroom.”

Jessica Jordon, Senior ~ “When you step into a new culture, everything changes. Including yourself. It’s an absolutely amazing experience.”

Maddi Rachow, Junior ~ “The trip to Spain was so much better than I thought it was going to be, and I am so glad I didn’t let my feeling of not wanting to live with a stranger and her family get in the way of me going to Spain. It was so worth it!! Also, guess what guys, we’re in Spain.



Paw Print-ERHS Student Newspaper



Left to right: Junior CJ Bunke, Senior Bonnie Etter, Senior Sam Goldberg

Paw Print, the student newspaper, continued making big strides in the 2009/2010 school year. Headed by student editors junior CJ Brunke and senior Bonnie Etter, with fall semester assistance from senior Samantha Goldberg, *Paw Print* set records for number of issues in a year (eight), consecutive years of publication (two), and formatting (video edition).

Edited, written, and run by students, *Paw Print* was inaugurated last year after several unsuccessful starts at a student newspaper. CJ served on the original editorial board as a sophomore and carried the baton of student-focused publication forward to this year. Moving up to assist her were star staff writers Bonnie and Sam.

Fall semester saw the publication grow to up to 12 pages thanks to the involvement of numerous student reporters. Notable contributions include the work of seniors Mary Butler and Ary Peterson, juniors Michael Wyatt and Clarence Summers, sophomore Taylor Vonheeder, and Freshman Andrew Christian. Topics ranged from the fanciful recasting of ERHS as Harry Potter's Hogwarts School of Witchcraft and Wizardry to an exploration of student expectations for spring break.

The semester culminated with a ground breaking 20 minute video program featuring the editors uncovering various playful secrets of the school. With segment reporting by *Paw Print* reporters, the "Paw-log," a play on the term blog, showcased a first-ever multimedia news and features program for the school.

Practice and refinement have enabled the staff to publish an issue on a monthly schedule this spring semester. This is quite an accomplishment considering what it takes to coordinate a team of volunteer reporters otherwise engaged in the myriad obligations of high school activity. And while Sam Goldberg vacated her editorial seat to focus on such matters, her presence persists in a major way, as she typically submits a couple articles per issue.

Next year looks to be promising. While Bonnie will be away pursuing her post-secondary studies, CJ will be returning for an unprecedented third year editorship.

Paw Print offers students a ready way to apply scholastic skills in a real life application. Besides strengthening core academic skills, being involved in the student newspaper allows students to help define the ERHS experience. Moreover, there is the sense of accomplishment that comes in seeing one's own work—and name—in print. And it does not hurt to have these undertakings as part of an application packet....

Paw Print, looking for news, looking for writers, and looking forward to a great 2010/2011 school year.



ERHS Cheer 2009-10

Between our Varsity Basketball and Competition Cheerleaders this year they brought home a total of 5 trophies! Congratulations on a job well done!

This years C team Cheerleaders were: Michaela DeLang, Heather Holmquist, Rebekah Hunstiger, Makenzie Kutyba, Amanda Rheault, Sherian Rubar, Christina Sanchez, Kaylie Shedd and Arianna Williams, Coached by Traci Warren. They did an awesome job cheering for the 2009-2010 Girls Varsity Basketball team! Thank you girls!



Our Eagle River High School 2009 - 2010 Varsity Basketball Cheerleaders were Haley Arnold, Molly Bond, Caitlyn Brady, Meghan DeLang, Heidi Goozen, Vannesa Harper, Lynsey Hindmarch, Shiina Losciuto, Skyler Metzel, Michaela Miller, Christina Shedd, Co-Captian Tierney Steinke and Captian Shelby Warren, coached by Traci Warren. This squad not only cheered on the Boys Varsity Basketball team this year, they also won 1st Place at the 2010 Regional Cheer Competition and brought home the "Best Over-All Cheer" Award!

Eagle River High School 2009 - 2010 Competition Cheerleaders were Haley Arnold, Molly Bond, Caitlyn Brady, Meghan DeLang, Heidi Goozen, Megan Gorton, Vannesa Harper, Lauren Hester, Lynsey Hindmarch, Shiina Losciuto, Skyler Metzel, Michaela Miller, Kenny Monti, Christina Shedd, Co-Captian Tierney Steinke, Olivia Todd and Captian Shelby Warren, coached by Traci Warren. The Competition Cheer Team competes on the competitive level at the local cheer competitions. This squad has been the most successful cheer team to ever cheer for ERHS! Taking home 1st Place at the 2010 Region Cheer Competition and 1st Place at the Top of the World statewide Competition where they one Grand Champions 2010!

AFJROTC Cadets Ending the Year with A Great Outlook!!

By C/SSgt Mercedes Smith



The Eagle River High School AFJROTC Cadets are finishing the school year with a strong team! Our seniors, the first-ever ERHS 4th year cadets are graduating to go off and be the successful people we know they can and will be! With the send off, we also enjoy the celebration of saying hello! Cadet Veronica Morthorpe was recently selected to be AK-20061's new group commander and group commander for this year's Summer Leadership School, 18-23 July 2010. The assumption of command will be held April 14 in the gym! All cadets are to attend and parents are also welcome! We are excited to bring in the change to the corps for another successful school year with AFJROTC in 2010-2011.

Congratulations to all the cadets who will be recognized at the Annual Awards Banquet on April 16th at the Egan Center in Anchorage. Over 30 National, State, and local awards will be given to deserving cadets.

We would like to welcome the freshman class of 2014 and especially those who have elected to be part of our program next fall. Some incoming freshmen have also signed up to attend Summer Leadership School!

Chili for Chile! The Birchwood Civil Air Patrol is hosting a chili feed in order to raise money for the victims of Chile, who suffered death, injury, and property damage from a devastating magnitude 8.8 earthquake on Feb. 27. To Chilean authorities a known 400,000 people have been killed. The earthquake caused a Tsunami that arrived all the way in Hawaii. Please come help at the Birchwood Airport. For \$5.00 per person, get a delicious bowl of chili, and also help raise money to support the Red Cross.



Our annual spring lock in will be held at Camp Gorsuch on April 23rd and 24th. The junior cadets are in charge of putting on this fun event. Hope to see all of you there!

Other upcoming events are the Summer Leadership School meeting at West H.S. on Apr 28, our Yosemite Drive and ERHS cleanup on May 1 followed by a BBQ, annual car wash on May 8, ERHS graduation on 12 May. The school year is rapidly coming to an end!



2010-11 EAGLE RIVER HIGH FALL SPORTS

Sport

Practice Begins

Football	July 26
Football Cheerleading	July 26
Comp Cheerleading	July 26
Tennis	August 2
CC Running	August 2
Girls Flag Football	August 2
Girls Volleyball	August 9
Girls Gymnastics	August 9
Swimming/Diving	August 9



Sports Registration starts July 19th

Bring the following: (All forms available on the ERHS website)

- 1) **ASD Health Examination Form** signed by doctor, student & parent/guardian
- 2) **2010-11 High School Athletic/Activity Participation Form** signed by student & parent/guardian
- 3) **cash or check payable to ERHS \$160.00** (SUBJECT TO CHANGE)
The family cap is \$330.00
- 4) **Watch Play for Keeps Video** at ASAA.org and return TAD form signed by student & parent/guardian

Web Site: www.eagleriverhighschool.com, activities drop down box to >>sports

- Athletes must be enrolled in at least 5 ASD classes to participate in sports
- 4th qtr/2nd sem. grades will be verified for: 2.0 GPA minimum & 5 classes passed; (this rule does not apply to incoming 9th graders until the end of 1st qtr.)
- Seniors who are on track to graduate (have passed all HSGQE exams and have at least 18.5 credits) may enroll in 4 classes and still be eligible.

You must complete the eligibility process with the Activities Office **before you are allowed to begin practice with any team.**

For more information call:

Colleen Deese, Activities Clerk 742-2730



**Eagle River High School
END OF ACTIVITY SURVEY**

Parent _____ Player _____ (mark one) Date _____

SPORT/ACTIVITY _____ LEVEL (circle) C JV V N/A

COACH'S NAME _____

Please rate the coach in each area on a scale of 1-5, with 1 being poor and 5 being excellent. Circle the appropriate number or NA if not applicable or if you are not able to rate the coach in an area.

1) Communication with parents	1	2	3	4	5	N/A
2) Communication with players	1	2	3	4	5	N/A
3) Organizational skills	1	2	3	4	5	N/A
4) Motivation of players/team	1	2	3	4	5	N/A
5) Discipline of team/players	1	2	3	4	5	N/A
6) Knowledge of the sport/activity	1	2	3	4	5	N/A
7) Prevention and care of injuries	1	2	3	4	5	N/A
8) Attitude/conduct during contests	1	2	3	4	5	N/A
9) Attitude/conduct during practice	1	2	3	4	5	N/A
10) Ability to teach skills	1	2	3	4	5	N/A
11) Overall rating of coach	1	2	3	4	5	N/A

Please add any comments below or on a separate piece of paper:

RETURN THIS FORM TO ACTIVITIES OFFICE.

**Eagle River High School
8701 Yosemite Drive
Eagle River, AK 99577
Fax (907) 742-2783**



ERHS Senior Events Calendar

Class of 2010

<u>Event</u>	<u>Date & Time</u>	<u>Who</u>	<u>Location</u>
HSGQE Testing	April 1, 6, 7, 8	10 th Grade & 11 th , 12 th Retest	ERHS
Prom	March 27--8:00-12:00	Juniors & Senior	Anchorage Museum of History and Art
Senior Awards Ceremony	April 27- 5:30-8:00pm	Honor Grads and Other Award Recipients	ERHS Commons
Senior Breakfast and Fun Day	April 28-All Day	All Seniors	ERHS/The Dome
AP Testing	May 3-13	Juniors & Seniors	ERHS
Locker Clean Out	May 5 at 1:55pm	Seniors Only	
Senior Finals	<u><i>Thursday, May 6, 2010 – Seniors Only</i></u> Regular Schedule -1, 2, 3 Period 4 11:10- 12:02pm Period 5 12:09-1:01pm Period 6 1:08-2:00pm		
Senior Finals	<u><i>Friday, May 7, 2010 – Seniors Only</i></u> Regular Schedule-1, 2, 3 Period 1 7:30am-8:22am Period 2 8:29am-9:21am Period 3 9:32am-10:24am		
Graduation Practice	10:24-11:30am	All Seniors	ERHS Gym
Senior Lunch (lunch is provided)	11:30am	All Seniors	ERHS Cafe
Sullivan Graduation Rehearsal	Wednesday, May 12, 2010-8:00am-10:00am		
Graduation (Seniors arrive at 6:00pm)	Wednesday May 12, 2010, 7:00pm	Sullivan Arena	

Senior Staff Sponsors: Paula Strom and Matt Turner

High School **1** YEARS

Working together for lifelong success

Short Clips



Spring fever

As the weather warms up, help your teen stay motivated by showing interest in her schoolwork. For example, if she's reading books by Edgar Allan Poe, rent a movie based on one of his short stories, and watch it with her. Then, compare the movie with the story. How are they alike? Different? Which does your child prefer?

DID YOU KNOW?

About one in five teens in the United States are overweight, which can lead to serious health problems. Your teen can maintain a healthy weight by exercising every day and limiting fat, sugar, and cholesterol in his diet. If he's overweight, ask his doctor about safe ways to shed extra pounds.

Earth-friendly fashion

Shopping at secondhand stores saves money, and it's good for the environment. That's because reusing clothing, accessories, CDs, and computer games gives the items a longer life and keeps them out of landfills. Your child may be surprised to find brand-name jeans or popular games at big discounts.

Worth quoting

"My interest is in the future because I am going to spend the rest of my life there." *Charles F. Kettering*

Just for fun

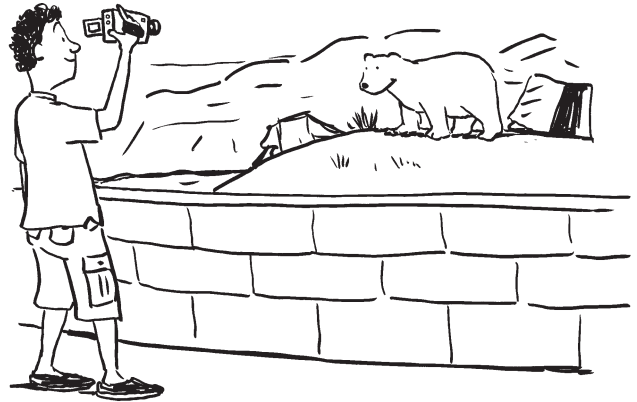
Q: What has cities without houses, rivers without water, and forests without trees?

A: A map!



Making the most of summer

Teens look forward to summer break as a chance to unwind. This summer, encourage your child to be active, keep learning, and enjoy his time off with these suggestions.



Fitness. Look for ways your high schooler can be physically active. If he's on a school sports team, he might have conditioning sessions throughout the summer. If not, he could invite friends to join him for regular workouts. They might meet weekly at a swimming pool, fitness trail, or gym. Setting up a schedule and keeping people informed will "pump up" his organizational and communication skills, too.

Learning. If your teen likes taking pictures or videos, being outside can open doors to a whole new world of learning. He could tour and film your town's historic district or monuments. Or he might photograph zoo animals, focusing on their eating, playing, or sleeping

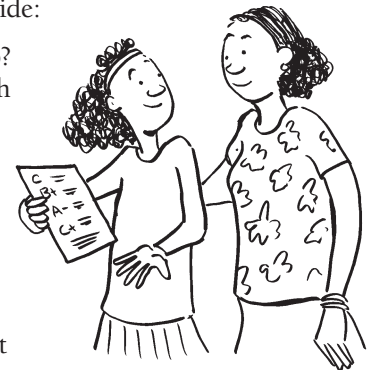
habits. While observing and filming, he'll learn about history or animal behavior.

Community service. Summer is a great time for your high schooler to volunteer. He might help out with Special Olympics by keeping score, recruiting other volunteers, or answering phones and e-mails in the office. He can find out about opportunities at www.specialolympics.org. Or he could contact your local Red Cross. They may need someone to greet, register, and serve refreshments to blood donors. For other ideas, have your teen visit www.dosomething.org/volunteer. 👍

The last report card

When your child's final report card comes, use it as a tool to celebrate her progress and plan for improvement. Here's a guide:

- Look for areas to praise. Did any grades go up? Did she do well on final exams? Did she get high marks for effort?
- Check attendance and tardy records, along with teacher comments. Did your teen attend class regularly, arrive on time, and complete assignments?
- Review the report card together, and then list ways she can improve in the fall. *Example:* Don't leave assignments for the last minute. 👍



Safe summer socializing

One of parents' biggest concerns for summer break is helping their teens stay out of trouble. Here are some ways you can keep your child safe.

Be in the know

Tell your teen you need to know where she is going and who she'll be with. Set a time for her to come home, and agree on a way for her to contact you if her plans change (phone call, text message).



Talk it over

Kids whose parents talk regularly about the dangers of drugs, alcohol, and tobacco are less apt to use them. Make sure your child understands how you feel and what your rules are. Lay out the consequences up front for breaking rules, and stick with what you say.

Stay in touch

Get to know the parents of your teen's friends, and touch base often. For example, you might agree to call in advance to find out if your kids will be supervised when visiting each other. Also, talk about your rules on drinking, curfews, and other issues. 👍

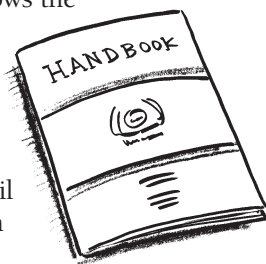
Q & A

Say no to cheating

Q I recently heard my daughter say that a friend had copied homework. How can I make sure she doesn't cheat?

A Start by talking with your daughter. Let her know that cheating is wrong—even if someone isn't caught. Explain that cheating can distort test curves or throw off class rankings, which affects everyone's scores and grades.

Together, review her school's handbook so she knows the consequences. Cheaters will usually get a zero on the assignment, but they may also fail the class or even be suspended.



Finally, make sure your child understands that she can be caught cheating whether she's the one who copies answers or the one who lends her paper to a friend. Help her practice what to say if someone wants to borrow her homework. She might brush off the request with a casual "I don't do that," or she could say, "No way. We could get in serious trouble." 👍



Parent to Parent

Government matters

My son Patrick told me he didn't like civics class because he just wasn't interested in government and politics. I suggested that he think about how the subject affects his everyday life.

For example, I explained that a government agency would issue his driver's license next year. Then, he'd have to obey traffic laws that are made by state legislators. Also, the government would take taxes out of his paycheck when he gets a job. Finally, I reminded him that it wouldn't be too long before he'd be old enough to vote.

I started e-mailing Patrick newspaper articles about government and politics. He was surprised by how often those topics appeared in the news—and I was surprised when he mentioned one of the articles at breakfast. 👍



Time for family

Sharing time together builds family bonds. Try these ideas:

1. Have a special dinner. As a family, decide on a theme and a menu. For example, you might wear pajamas and have omelets, or dress up in nice clothes and have pot roast. You could also dine by candlelight or choose music to listen to while you eat.

2. Take turns playing "expert." Pick a time when everyone is home, and teach each other how to do something. A parent might demonstrate how to change a

tire. A teen could explain how to use a new software program. And a younger child might show how he builds with Legos.

3. Start a book club. Take turns choosing a book for everyone in the family to read. Then, get together and discuss it. You might share what you liked or didn't

like or talk about your favorite characters. Before ending, decide on your next book. *Idea:* Make your meeting more fun by having it at a coffee shop or bookstore. 👍



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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Anchorage School District

2010-11 School Year Calendar*

S M T W T F S

July

				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
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August

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AUGUST

- 12 Teachers' first day
- 13,16 State released professional development day**
- 17
- 18 Classes begin for grades 2-12
- 24 Classes begin for grades K-1

SEPTEMBER

- 6 Labor Day holiday
- ### OCTOBER
- 5-7 State assigned testing days
 - 15 End of first quarter. State released grade reporting day.**
 - 27-28 Parent conference days. School schedules and student-release times vary. Check with your school for specific schedule.

- 29 State released professional development day.**
- ### NOVEMBER
- 25-26 Thanksgiving holiday

- ### DECEMBER
- 17 End of second quarter. State released grade reporting day.**
 - 20-31 Winter break

- ### JANUARY
- 17 Martin Luther King, Jr. birthday - no school

- ### FEBRUARY
- 21 Presidents Day

- ### MARCH
- 4 End of third quarter. State released grade reporting day.**
 - 7-11 Spring Break

- 16-17 Parent conference days. School schedules and student-release times vary. Check with your school for specific schedule.
- 18 State released professional development day.**
- 31 State assigned testing day.

- ### APRIL
- 5-7 State assigned testing days.

- ### MAY
- 19 Classes end. End of fourth quarter.
 - 20 Teachers' last day.
 - 30 Memorial Day holiday

- () Beginning, end of quarter
- Vacation day, holiday
- State released in-service day**
- Parent conference
- Teachers beginning, ending days
- ▲ School beginning, ending days
- T Statewide testing
- K-1 Kindergarten/first-grade begins

S M T W T F S

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19	20	21	22	23	24	25
26	27	28	29	30		

* subject to change





** students do not attend school



ASD District Web Resources

Student Login Information

The purpose of this document is to provide student login information for district-provided Web resources such as Atomic Learning, Discovery Education streaming, netTrekker and ASD WebCat. Each of the resources listed here may be accessed by students from home or from school.

	<p>Atomic Learning - http://www.atomiclearning.com The Atomic Learning website provides video-based tutorials for a wide variety of Mac and Windows-based software applications.</p> <p>Username: asd-xx (where “xx” stands for the school’s location code*) Password: asd</p>
	<p>Discovery Education streaming - http://www.discoveryeducation.com The DE streaming website provides videos, still images, clip art and sound files on a wide variety of subjects. DE streaming content may be downloaded for use in student projects or teacher presentations. (Note: this is a shared account that should not be used with the teacher “builder” tools or for bookmarking “My Content”.)</p> <p>Username: asd-xx (where “xx” stands for the school’s location code*) Password: asd</p>
	<p>netTrekker - http://school.nettrekker.com The netTrekker website is a student-safe directory of Web resources that have been evaluated for appropriateness by teachers and organized by content area, grade level, reading level and aligned with standards.</p> <p>Username: varies by school (check with your school BTC or SecTec) Password: student</p>
	<p>ASD WebCat - http://dewey.asdk12.org ASD WebCat is the district’s web-based library catalog. The username below will provide access to the entire district catalog, not just the materials at a particular school.</p> <p>Username: asd Password: no password required</p>

* Unsure of your school’s location code? Visit this ASD webpage to look it up:
http://www.asdk12.org/depts/library_resources/libraries/location_codes.asp



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If you are looking to find information on:



- Sports
- Calendars
- Announcements
- Student Grades
- Staff
- Library
- Scholarships

Check out our new web site at: www.eagleriverhighschool.com