

# 2011-12 EAST HIGH FALL SPORTS



SPORT	PRACTICE BEGINS	COACH	EMAIL
Boys Football	Aug. 1	Jeff Trotter	<a href="mailto:eastfootball@hotmail.com">eastfootball@hotmail.com</a>
FB Cheer	Aug. 1	Regina Lunkes	<a href="mailto:lunkes.regina@asdk12.org">lunkes.regina@asdk12.org</a>
Girls Flag FB	Aug. 8	Roger Spackman	<a href="mailto:spackman.roger@asdk12.org">spackman.roger@asdk12.org</a>
Tennis	Aug. 1	Nathan Carr	<a href="mailto:carr.nathan@asdk12.org">carr.nathan@asdk12.org</a>
XC Running	Aug. 1	Nate Grabman	<a href="mailto:ngrabman@gmail.com">ngrabman@gmail.com</a>
Girls Volleyball	Aug. 8	Jim Dooley	<a href="mailto:dooleysathletic@gci.net">dooleysathletic@gci.net</a>
Gymnastics	Aug. 8	Andrea Sterns	<a href="mailto:winczura@mtaonline.net">winczura@mtaonline.net</a>
Swim/Diving	Aug. 8	Cliff Murray	<a href="mailto:nscalaska@gci.net">nscalaska@gci.net</a>
Riflery	Sept. 12	Dan Retzinger	<a href="mailto:retzinger.dan@asdk12.org">retzinger.dan@asdk12.org</a>



Office Hours for Sports' Registration until school begins

July 19<sup>th</sup> - August 16<sup>th</sup>

Monday-Friday 7-11 am & 12-2:45 pm



Bring the following:

1. ASD Health Examination Form - signed by doctor, student & parent/guardian.  
\*\*\*\*\*Must be current for entire sport season\*\*\*\*\*
2. 2011-12 High School Athletic/Activity Participation Form signed by student & parent/guardian
3. ASAA "TAD" form -signed by student & parent/guardian after viewing video (found at [www.asaa.org](http://www.asaa.org), link to TAD "Play for Keeps" video
4. Cash or Check payable to EHS for \$165 (this is subject to change)  
\*\*Family Cap is \$335\*\* (this is subject to change)

For more information on EHS Activities & Online Forms, please visit our school website:  
<http://www.asdk12.org/schools/east/pages/Sports.html>

- *Athletes must be enrolled in at least 5 ASD classes to participate in sports*
- *4<sup>th</sup> Qtr/2<sup>nd</sup> semester grades will be verified for: 2.0 GPA minimum (with 5 classes passed) & 5 current classes (this rule does not apply to incoming 9<sup>th</sup> graders until the end of 1<sup>st</sup> Qtr)*
- *Seniors who are on track to graduate (have passed all of HSGQE exams and have at least 17.5 credits) may enroll in 4 classes and still be eligible*

You must complete the eligibility process with the Activities Office before you are allowed to begin practice with any team. You will be given paperwork copies to give to your coach. For more information call: Paulette Roberts, Activities Clerk, 742-2141



**GO T-BIRDS!!!!**

