

Hanshew Hawks XC skiing 2008



Head Coach: Konrad Mittelstadt, **Assistant Coach:** Steve Wottlin

When: 3:00-4:30

Where: Hanshew track, trails behind school, and Hilltop ski trails

Starts: Informational meeting Room 208A January 7 Practice starts January 8th to February 20th, 2008


Thanks for coming out for XC skiing at Hanshew. We will be having 2 classical and 2 skate races this year. The year ends with a Skate championship and relay Championship February 20-21. All races start at 2:15 please see the back for the full schedule.

Practices will be outdoors unless the temperature reaches well below zero. Please dress accordingly. **Hat and gloves are a must.** You will not be allowed to leave for outside practice unless you have these.

Skis, poles, and boots can be provided for those of you that need it. I encourage you to bring your own ski gear to insure that we have enough for everyone.

Parents please have transportation arranged for your child by **4:45 p.m.** The coaches may not leave unless all skiers are picked up.

Because this is a sanctioned after-school activity, school rules and conduct are in effect. Please be reminded that any violation of school rules will result in the child being removed for the ski team.

 If you have any old XC skis, poles, or boots please feel free to donate these items to Hanshew Middle School. We lose several poles due to breakage each year.

If parents would like to join us, please let me know. We would love to ski with you around Hanshew or Hilltop trails. We are hosting the meet on Jan. 31 @ Russian Jack
WE NEED YOU Contact:

Wottlin_Steve@asdk12.org.org mittelstadt_konrad@asdk12.org or 267-0241

Race Schedule and results:

<http://www.asdk12.org/activities/middle/xcskiing.asp>