www.asdk12.org/aurora
Drop Off - 8:55am
1st Bell - 9:05am

Ready to learn - 9:15am Release - 3:45pm

Dear Parent(s) and/or Guardian(s):

It is that time of year again for Parent/Teachers Conferences. These conferences are set up for all students in order to improve our communication with you. We look forward to this time with parents as an opportunity to discuss each student's progress; strengths, challenges and future goals. Students are always welcome to attend conferences with their parents. The conferences are set up on an individual basis for 20 minutes.

Parent/Teacher Conferences can be booked on-line starting on Monday, October 4th with the following link:

https://apps.asdk12.org/ConferenceScheduling/StudentScheduleStartExt.aspx

This web based reservation system is easy to use and allows you to select the best time to meet with classroom teachers based on your family's personal schedule. Schedules fill fast so please book your conference times soon. We want to see and meet with all parent(s) and/or guardian(s) for every Aurora student. Please call the office if you have any questions at 742-0300.

Parent/Teacher Conference dates are:

- Wednesday, October 20th & Thursday, October 21st
- Conferences start at 1:20 pm each day
- State Released Professional Development Day Friday, October 22nd /No School

Office Staff:

Office hours: 8:30-4:00

Admin. Assistant: Mrs. Kim Buskirk (buskirk_kimberly@asdk12.org)

Secretary: Mrs. Allie Paskin (paskin_allison@asdk12.org)

Nurse: Mrs. Amy Hollon (hollon_amy@asdk12.org)

Please note the following items:

- All students will eat lunch at school prior to their early dismissal.
- Dismissal on Parent/Teacher Conference days will be at 12:45pm. Regular bus routes will depart at 12:50pm on Wednesday and Thursday.
- If you regularly pick up your children after school, please plan to pick them up at 12:45pm.
- No school on Friday, October 22 for all students.

Sincerely,

Anna Walker Principal Aurora Elementary School

Aurora Elementary Breakfast (Regular), October - 2021

4 Monday GRAINS Cereal, Cinnamon Chex (Gluten Free) Cereal, Mini Wheats Freeted Bites Ragular Corn Chex (Gluten Free)	5 Tuesday ENTREES Tukey and Cheese Breakfast Sandwich GRAINS Cereal, Cinnamon Chex (Gluten	6 Wednesday ENTREES Bunana Benefit Bar GRAINS Caroal, Cinnamon Chex (Gluten Free) Coroal, Mini Wheats Frosted Bites	7 Thursday ENTREES Cinnamon Roll GRAINS Cereal, Cinnamon Chex (Gluten Free) Cereal, Mini Wheats Frosted Bites	I Friday GRAINS Cereal, Cinnamon Chex (Gluten Free) Cereal, Mini Wheats Frosted Bites Regular Corn Chex (Gluten Free) Froeted Flakes Fruits Apple Juice Mandarin Orange Cup 8 Friday GRAINS Cereal, Cinnamon Chex (Gluten Free) Cereal, Mini Wheats Frosted Bites Regular Corn Chex (Gluten Free)
Frosted Flakes Fruity Cheerios FRUITS Apple Juice Raisins	Free) Cereal, Mini Wheats Frosted Bites Regular Coen Chex (Gluten Free) Frosted Flakes Fruity Cheerios FRUITS Fresh Apple Orange Juice	Coronal, Johns Wheath Prosted Bites Regular Corn Chex (Gluten Free) Prosted Plakes Pruity Cheerios FRUITS Apple Juice Fresh Orange	Cereal, Mini Wheats Frosted Bites Regular Corn Chex (Gluten Free) Frosted Flakes Fruity Cheerios FRUFTS Applessace Cup Orange Juice	Frosted Flakes Fruity Cheerios FRUITS Apple Juice Dried Cranberries
11 Monday	12 Tuesday	13 Wednesday	14 Thursday	15 Friday
GRAINS Cereal, Cinnamon Chex (Gluten Free) Cereal, Mini Wheats Frosted Bites Regular Corn Chex (Gluten Free) Frosted Flakes Fruity Cheerios FRUITS Apple Juice Raising	ENTREES Beef and White Gravy Breakfast Pizza GRAINS Cercal, Cinnamon Chex (Gluten Free) Cercal, Mini Wheats Frusted Bites Regular Corn Chex (Gluten Free) Prested Flakes Pruity Cheeries FRUITS FRUITS Fresh Apple Orange Juice	ENTREES Apple Ginnamon Texas Toast GRAINS Cereal, Cinnamon Chex (Gluten Free) Cereal, Mini Wheats Frosted Bites Regular Corn Chex (Gluten Free) Frosted Flakes Fruity Cheerios FRUITS Apple Juice Fresh Orange	ENTRES Breakfast Burrito GRAINS Cereal, Cinnamoa Chex (Gluten Free) Cereal, Mini Wheats Frosted Bites Regular Coen Chex (Gluten Free) Frosted Flakes Fruity Cheeries FRUITS Orange Juice Pineapple Cup	
18 Monday	19 Tuesday	20 Wednesday	21 Thursday	22 Friday
GRAINS Cereal, Cinnamon Chex (Gluten Free) Cereal, Mini Wheats Frosted Bises Regular Corn Chex (Gluten Free) Frosted Flakes Fruity Cheerios FRUITS Apple Juice Mixzees	ENTREES Mini Strawberry Pancakes GRAINS Cereal, Cinnemon Chex (Gluten Free) Cereal, Mini Wheets Frosted Bites Regular Corn Chex (Gluten Free) Frosted Flakes Fruity Chorrios FRUITS Fresh Apple Orange Juice	GRAINS Creat, Cinnamon Chex (Gluten Free) Cereal, Mini Wheats Frosted Bites Regular Corn Chex (Gluten Free) Frosted Flakes Fruity Cheerios FRUITS Apple Juice	ENTREES French Tosst Benefit Bar GRAINS Cereal, Clinnamon Chex (Gluten Free) Cureal, Mini Wheats Frosted Bites Regular Corn Chex (Gluten Free) Frosted Flakes Fruity Cheerios FRUITS Orange Juice Pineapple Cup	

25	26	27	28	29
Monday	Tuesday	Wednesday	Thursday	Friday
GRAINS Cereal, Citmamon Chex (Gluten Pree) Cereal, Mini Wheats Frosted Bites Regular Com Chex (Gluten Free) Frosted Flakee Fruity Cheeries FRUITS Apple Jaice Raisins	ENTREES Turkey and Cheese Breakfast Sandwich GRAINS Cereal, Cinnamon Chex (Gluten Free) Cereal, Mini Wheets Prosted Bites Regular Com Chex (Gluten Pree) Frosted Flakes Fruity Cheerios FRUITS Presh Apple Orange Juice	ENTREES Banana Benefit Bar GRAINS Cereal, Cinnamon Chex (Gluten Free) Cereal, Mini Wheats Frosted Bites Regular Corn Chex (Gluten Free) Frosted Flakes Fruity Cheerios FRUITS Apple Juice Fresh Orange	ENTREES Cinnamon Roll GRAINS Cereal, Cinnamon Chex (Gluten Free) Cereal, Mini Wheats Frosted Bites Regular Corn Chex (Gluten Free) Frosted Flakes Fruity Cheerios FRUITS Applessance Cup Orange Juice	GRAINS Cereal, Cinnarnon Chex (Gluten Free) Cereal, Mini Wheats Prosted Bites Regular Com Chex (Gluten Free) Frosted Flakes Fruity Cheenios FRUITS Apple Juice Dried Cranberries

Aurora Elementary Lunch (Regular), October - 2021

				1 Friday
				ENTREES Chicken Alfredo w/ Green Beans FRUITS Frozen Mixed Berry Cup
4 Monday	5 Tuesday	6 Wednesday	7 Thursday	8 Friday
ENTREES A-Cheese Pocket w/ Tater Tots FRUITS Fresh Apple	ENTREES Hamburger w/ Baked Beans GRAINS Hamburger Bun FRUITS Fresh Orange	ENTREES Bean and Cheese Burrito w/ Broccoli FRUITS Fresh Banana	ENTREES Cheese Pizza 5" VEGETABLES PRE-K Broccoli w/ Mixed Fruit FRUITS Carrots w/ Mixed Fruit	ENTREES Lasagna Roll Up w/ Mixed Vegetables FRUITS Frozen Lemon Mixed Berry Cup
11 Monday	12 Tuesday	13 Wednesday	14 Thursday	15 Friday
ENTREES Cheese Omelet w/ Tater Tots GRAINS Mini Strawberry Pancakes FRUITS Fresh Apple	ENTREES Hot Dog w/ Baked Beans PRE-K Hamburger w/ Baked Beans GRAINS Hamburger Bun Hot Dog Bun FRUITS Fresh Orange	ENTREES Breaded Chicken Patty W/ Sweet Potato Fries GRAINS Hamburger Bun FRUITS Fresh Banana	ENTREES Pepperoni pizza VEGETABLES Broccoli w/ Applesauce	
18 Monday	19 Tuesday	20 Wednesday	21 Thursday	22 Friday
ENTREES Creamy Mac and Cheese w/ Green Beans FRUITS Fresh Apple	ENTREES Beef Nachos w/ Fiesta Black Beans GRAINS Tortillas Chips FRUITS Fresh Orange	ENTREES Chicken Drumstick w/ Sweet Potato Fries GRAINS Dinner Roll FRUITS Fresh Banana	ENTREES Cheese Pizza VEGETABLES Broccoli w/ Pears	
25 Monday	26 Tuesday	27 Wednesday	28 Thursday	29 Friday
ENTREES Pizza French Bread NOI Cheese VEGETABLES Fresh Broccoli FRUITS Fresh Apple	ENTREES Chicken Taco w/ Black Beans GRAINS Flour Tortilla FRUITS Fresh Orange	ENTREES Popcom Chicken w/ Mashed Potato FRUITS Fresh Banana	ENTREES Pepperoni pizza VEGETABLES Carrots w/ Applesauce PRE-K Broccoli w/ Applesauce	ENTREES Chicken Alfredo w/ Green Beans FRUITS Frozen Mixed Berry Cup



Advisors, Nurse Amy Hollon and Mrs. Watts, held the first Anchored4Life meeting in September. The 12 team leaders were excited to decide themes for upcoming spirit weeks and start planning for several community service projects.

Anchored4Life offers activity kits for incoming and exiting students and for families experiencing deployment, redeployment, grief and divorce.

Please let Nurse Amy (hollon_amy@asdk12.org), Mrs. Watts (watts_lisa@asdk12.org) or the office staff know if your family is experiencing any of these transitions and we will get you the appropriate

kit.





SYMPTOM FREE



At Home Health Screening for Parents and Guardians

Ask these questions at home before sending students to school. Anyone who answers "yes" to one or more of these questions must not enter the school or participate in a school sport or activity.

Within the last 10 days, have you been diagnosed with COVID-19 or had a positive test for the virus?

- Have you had any of these symptoms in the last 24 hours?
 - Fever (defined as a temperature over 100.3F)
 - New cough
 - New trouble breathing or shortness of breath
 - Chills
 - Night sweats
 - Sore throat

- Body aches
- Muscle aches
- Joint pain
- Loss of taste or smell
- Headache
- Confusion
- Vomiting
- Diarrhea
- Abdominal pain

Do you live in the same household or have you had close contact in the last 14 days with someone who has tested positive for COVID-19? Close contact counts if you have been within 6 feet for more than 15 minutes (cumulative over 24 hrs), or if someone from public health contacted you to let you know you are a contact.

Note: If a child or staff member lives with someone else who was named as a contact, it is okay for the child or staff member to go to school. We do not quarantine contacts of contacts.

STAY HOME or go home immediately if the answer is YES to one or more questions above. The next step is to call a doctor and consider getting tested for COVID-19. Do not go to the doctor's office without calling first. Seek emergency care immediately for difficulty breathing, chest pain, confusion, sleepiness, or other severe problems.

Parents / guardians should follow the Return to School Options pathway (see reverse) to determine when to send students back to school. DO NOT send student to school with any of the above symptoms.





Return to School Options

For Anyone with COVID-19 Symptoms or a Positive COVID-19 Test Result:

0

If you test positive, stay home for 10 days after your first symptom or positive test, whichever is earlier. After 10 days, you may return to school when you have not had a fever in 24 hours without fever reducing medicine, as long as your other symptoms are improving.

2

If you test negative, you may return to school once you have not had a fever in 24 hours without fever reducing medicine as long as your other symptoms are improving.



If you do not get a test, stay home for 10 days. You may return after 10 days if you have not had a fever in 24 hours without fever reducing medicine as long as your other symptoms are improving.



If your healthcare provider determines your symptoms are from something else, you may return to school with a note from your provider as long as you have not had a fever in 24 hours without fever reducing medicine and your other symptoms are improving.

Content for this filer borrowed with permission from the Alaska Department of Education and Early Development's Smart Start 2020 website.

Aurora PTA Zoom Meeting 9/28/21 Minutes

Membership -

- Membership drive will start in about a week. Forms will be sent out with instructions.
- PTA needs at least 10 paid members to vote on the board.
- Membership will be \$10 for an individual membership and \$15 for a family membership. A portion of this goes to the state PTA, the national PTA and the rest will go to the Aurora PTA for beginning of the year expenditures (i.e. insurance).

PTA Board -

- The PTA is in need volunteers for the board. Positions that need to be filled include: President, Vice President, Treasurer and Secretary. If you are interested in being on the board, email paskin_allison@asdk12.org.
- The PTA will also need chair people to head up a variety of activities such as book fair at Barnes and Noble, fundraiser for ice rink, spirit wear sales...

Electing a board -

- After the membership drive, the PTA can have the election.
- An electronic ballot will be sent to paid members for voting.
- The new board will be put in place and will decide on meeting dates, activities, fundraisers and a plan for the school year.

Fundraisers -

- One job of the PTA is to raise funds to support our school. These are the fundraisers Aurora is interested in having. There could be more as the year progresses.
 - Barnes and Noble Book Fair November 6, 2021
 - Funds raised will go to adding books to the Aurora library, classroom libraries, and "Good Job Award" books for students.
- Walk-a-thon end of October/early November
 - Mr. Dahl's fundraiser will go to putting in a temporary ice rink and replacement PE equipment.
- Aurora is also in need of new student desks and could request a fundraiser for this. More info to come.

Family Fun -

- Another job of the PTA is to hold staff, student and family events that increase our sense of community. Examples include spirit wear sales, family fun nights, teacher appreciation and more.
 - Volunteers are need to make these kinds of activities happen. PTA needs you! Please email paskin allison@asdk12.org if you are willing to help out.

** New PTA email created since the meeting: auroraelementarypta@gmail.com ******

We are looking forward to a great year! Thank you!



Aurora Elementary PTA Membership Form

Aurora Families,

We invite you to join the Aurora Elementary PTA! The PTA supports students, families and staff of our school through fundraising, family engagement and educator support. Please email auroraelementarypta@gmail.com with questions.

Dues are \$10 for an individual membership and \$15 for a family membership - no meetings or volunteer time is required but we hope you get involved.

Name of primary membe	r:			
Name of secondary member (if family membership):				
Address:				
Phone: Email:				
Secondary phone & email				
Student(s) name & teache	er:			
Amount enclosed (circle o	one):			
(Exact payment, ple	\$15 family membership ase. No change provided. Il be a donation to PTA.)			

If you are interested in helping with Aurora PTA programs or events, please circle below:

PTA	Board N	1ember	Family Nights
Book Fair	Box Top	os Tead	cher/Staff Appreciation
Spirit W	ear Sales	Other	·



Aurora Elementary was selected to be part of the Fresh Fruit and Vegetable Program (FFVP)

Each Thursday all students will receive a serving of a delicious fruit or vegetable. Previous items served include: apples, pears, grapes, carrots, broccoli, and more.

Students may eat their produce at school or bring it home.







Free and flexible support, where and when your child needs it

Child and Youth Behavioral Military and Family Life counselors are specially trained, licensed professionals who understand the issues military children face. Receive confidential telehealth counseling services by phone or video; or request face-to-face.

Who is eligible?

Children of service members and Department of Defense expeditionary civilians are eligible for non-medical counseling. This free and confidential service from the Military and Family Life Counseling Program is available to children, youth and survivors up to age 18.

Schedule an appointment with a Child and Youth Behavioral Military and Family Life counselor:

Your point of contact: Ms. Kelcie Hansen

Phone number: 907-742-0300

How does non-medical counseling help?

Child and Youth Behavioral Military and Family Life counselors provide support for a variety of issues, including:

- Self-esteem
- Bullying
- Behavioral problems
- Deployment and reunion
- Divorce
- Grief
- Relationships
- Problem-solving
- Time management

Call Military OneSource anytime, 24/7 at 800-342-9647 or visit http://www.militaryonesource.mil.











MEMORANDUM:

FROM: Aurora Elementary School

[Insert name of installation, school, camp, facility]

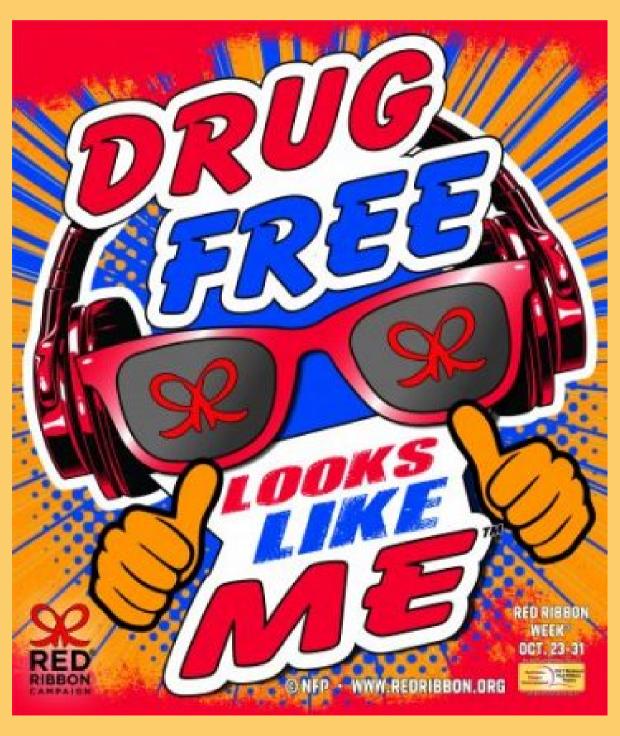
SUBJECT: Child and Youth Behavioral Military & Family Life Counselor

- This letter is to inform you about the Child and Youth Behavioral Military and
 Family Life Counseling (CYB-MFLC) program services. Due to the unique
 challenges faced by military families, the Department of Defense is offering this
 private and confidential non-medical counseling service to military service
 members, military families, and military family service member's children in
 Child and Youth Programs, Department of Defense Education Activity schools,
 Local Education Agencies, DoDEA CYP summer programs, National Military
 Family Association Operation Purple Camps, Guard/Reserve camps, and
 Operation Military Kids Camps.
- The CYB-MFLC counselors may support the centers, schools, summer programs and camps and work with military children and their families in the following ways:
 - Observe, participate and engage in activities with children and youth.
 - Provide direct interaction with military children.
 - Model behavioral techniques and provide feedback.
 - Suggest courses of age appropriate behavioral interventions to enhance coping and behavioral skills.
 - Provide outreach to military parents when they are available such as when they drop off or pick up their children or at family events.
 - Be available for military parents to contact for guidance and support.
 - Facilitate psycho-educational groups.
 - Conduct training for staff and parents.
 - Recommend referrals to military family programs and other resources as needed.
- The counselor may assist military parents, military children and centers with the following type of issues:
 - Communication
 - Self-esteem/self-confidence
 - Resolving conflicts
 - Behavioral management techniques
 - Bullving
 - Helping children deal with angry feelings
 - Sibling/parental relationships
 - Deployment and reintegration issues
- The counselor may also work with military children in settings such as field trips and other center, camp, or school sponsored activities.

- The counselor is available to accommodate appointments and meetings/activities after hours and on weekends with advance notice.
- At no time will the counselor meet individually with a child without being in line of sight of a CYP, DoDEA, LEA, or camp employee or a parent/guardian.
- The counselor may use only OSD approved materials for trainings, groups, and any other activities.
- 8. With the exception of mandatory state, federal, and military reporting requirements (i.e., domestic violence, child abuse, and duty-to-warn situations), as well as oversight review by DoD of the service you received should an adverse or harmful event occur, MFLC support is private and confidential to encourage the greatest level of participation.

Print	t Name of Child:	
Sele	ct only one check box below:	
	I understand the above CYB-MFLC program description authorize my child to participate in CYB-MFLC service authorization is valid for the duration of my child's enrounderstand I can revoke this authorization at any time in	s. This ollment. I
	I do not authorize my child to participate in CYB-MFL	C services.
PAR	ENT OR GUARDIAN SIGNATURE	DATE

Aurora will be celebrating Red Ribbon Week on 25-29 October. More info to come!





Open to all Service Members and their families.