

2024-25 Alaska Youth Risk Behavior Survey (YRBS)

Daim Ntawv Rau NiamTxiv/Tus Saib Xyuas Tso Cai

Lub Anchorage School District yuav koom tes ntawm Alaska Youth Risk Behavior Survey (YRBS). Daim ntawv tshawb fawb yog txhawb los ntawm Alaska Department of Health thiab Social Services. Kev tshawb fawb yuav muab los thaum Lub Ib Hlis - Lub Peb Hlis Ntuj xyoo 2025.

Lub YRBS yog ib qho kev tshawb fawb tsis qhia npe uas tau ua hauv cov tsev kawm ntawv theem siab thoob plaws hauv Alaska thiab teb chaws Asmeskas. Cov menyuum kawm ntawv ua kev tshawb fawb ua tiav ntawm lub koob piv tawj. Lub U.S. Centers for Disease Control and Prevention (CDC) tau tsim daim ntawv tshawb fawb los sau cov lus qhia txog tus cwj pwm uas muaj feem rau kev noj qab nyob zoo thiab kev noj qab haus huv ntawm cov tub ntxhais kawm. Cov ntawv tshawb fawb tau siv los kawm txog thiab hais txog kev noj qab haus huv ntawm Alaska cov hluas. Cov hauv paus tsev kawm ntawv thiab cov koom haum hauv zej zog siv YRBS cov txiaj ntsim tau los txheeb xyuas cov teeb meem kev noj qab haus huv thiab hloov cov kev hloov hauv kev coj noj coj ua ntawm tag nrho Alaska cov neeg hluas thaum lub sijhawm. Cov txiaj ntsig kuj tseem pab tsev kawm ntawv thiab lwm lub koom haum tsim thiab txais nyiaj txiaj rau cov kev pab rau cov hluas.

Tom qab cov qhab nias tau muab los sojntsuam, cov ntawv tshaj tawm raug muab qhia rau cov cheeb tsam tsev kawm ntawv. Cov cheeb tsam tsev kawm ntawv tau muab 30 hnuv los ntsuam xyuas cov kev tshwm sim. Tom qab saib tas, cov txiaj ntsig tau muab faib nrog cov pej xeem thaum thov. Cov ntawv ntsuam xyuas rau cov kws kawm ntawv yeej **tsis tau** txheeb xyuas, tshawb xyuas los sis qhia tawm.

Qhov kev tshawb fawb no yog muab rau kev tiv thaiv koj tus tub ntxhais kawm ntawv tus kheej. Cov tub ntxhais kawm yuav tsis tso lawv cov npe lossis lwm yam ntaub ntawv qhia txog kev tshawb fawb. Cov tub ntxhais kawm raug tso cai rau hla tej lus nug uas lawv tsis xav teb. Txhua tus menyuum cov lus teb yuav tsis qhia npe. Cov tub ntxhais kawm cov lus teb tsis tau kawm lossis tsis koom nrog lwm tus. Cov txiaj ntsig los ntawm kev tshawb fawb tsuas yog tau qhia tawm hauv cov lus sib tw, piv txwv li hauv paus tsev kawm ntawv los yog cheeb tsam tshawb fawb.

YRBS cov txiaj ntsig thiab cov lus nug yuav pom ntawm [no](#).

Peb xav kom txhua tus kws kawm ntawv xaiv los koom tes los xyuas kom muaj txiaj ntsim zoo los ntawm kev tshawb fawb. Nws yog koj qhov kev txiaj txim siab seb koj tus kws kawm ntawv koom. Koj daim ntawv tso cai yuav tsum tau ua kom koj tus menyuum tuaj koom. Yuav tsis muaj kev tawm tsam koj los sis koj tus tub ntxhais kawm yog tias koj tus menyuum tsis koom nrog.

Thov nyeem nqi lus hauv qab no. Xaiv lub npov uas tsim nyog thiab xa daim ntawv mus rau koj tus menyuum lub tsev kawm ntawv. Yog tias koj muaj lus nug, thov tiv tauj lub Alaska YRBS Program ntawm YRBS@alaska.gov.

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[] YOG, kuv tus kws kawm ntawv koom tes tau.

[] TSIS YOG, kuv tus kws kawm ntawv koom tes tsis tau ua tshawb fawb.

Kws Kawm Ntawv Npe: _____ Qib: _____

NiamTxiv/Tus Saib Xyuas Xees Npe: _____

Hnuv Tim: _____