

ASD Academic Plan

Health: 2nd Grade

Grade Level: 2nd Grade	<p>Course Description: This course offers a sequentially developed health curriculum focusing on age appropriate knowledge and skills necessary to maintain and improve over-all health and well-being.</p> <p>Overall Goals:</p> <ul style="list-style-type: none"> • To facilitate understanding of fundamental health concepts and disease prevention • To build respect for and promote the health and well-being of one’s self and others through appreciation of positive personal and community health values and good communication skills • To promote acceptance of personal responsibility for health enhancing behaviors and reduction of health risks through the use of critical thinking skills • To provide for the informed use of health related information, products, and services • To build resiliency into the process of growth and development
Length: Year	
Prerequisites: None	
Repeatable for additional credits: N/A	

Year At a Glance

QUARTER 1	QUARTER 2	QUARTER 3	QUARTER 4
<p>Getting Started</p> <p>Class Rules and Responsibilities Health and SEL Getting to Know You Working Together</p> <p style="text-align: center;">Let’s Stay Safe</p> <p>Keep From Getting Hurt on the Street Community Harm Prevention Rules and Laws Handling Common Emergencies I Don’t Hurt You, You Don’t Hurt Me</p> <p style="text-align: center;">Personal Safety</p> <p>My Body is Special Different Types of Touches The Just Say No Steps</p>	<p>How You Think</p> <p>How You Think Using Your Brain Think About Thinking Take Care of Your Brain</p> <p style="text-align: center;">The Wide World of Food</p> <p>Eat MyPlate Nutrients For Your Body Have A Snack! The Importance Of A Good Breakfast!</p> <p style="text-align: center;">Your Heart, Small But Strong</p> <p>Your Heart – Small But Strong How To Care For Your Heart Heart Problems And Heart Helpers Have A Heart</p>	<p>Babies...And How You Grew</p> <p>Growing and Changing Families Families Grow and Change, Too I Am Special</p> <p style="text-align: center;">Germ’s! They Make You Sick</p> <p>Germ’s: What They Are and What They Do Keeping Germ’s Out Body Battles: Fighting Germ’s Community Health Helpers: Germ Fighters</p>	<p>Drugs Are Dangerous</p> <p>Do You Know What Drugs Are? Medicines Are Drugs, Too! Drugs Don’t Solve Problems Drug Free and Safe Communities</p> <p style="text-align: center;">Muscles in Motion</p> <p>A Look At Muscles Getting Exercise Muscles Work in Teams What Can Go Wrong</p>