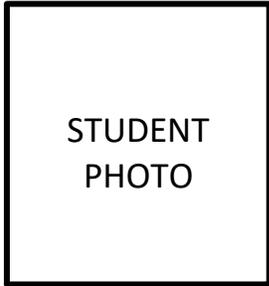




## Anchorage School District SEIZURE CARE PLAN



LAST NAME	FIRST NAME	M.I.	DATE OF BIRTH (MM/DD/YYYY)
SCHOOL			GRADE

### SEIZURE TRIGGERS OR WARNING SIGNS

- Stress                       Intense emotions                       Boredom                       Lack of sleep  
 Fever                       Television, videos, or flashing lights                       Other: \_\_\_\_\_

SEIZURE TYPE	LENGTH	FREQUENCY	DESCRIPTION
<input type="checkbox"/> Absence seizures (petite mal)			A period of unconsciousness with a blank stare or what looks like daydreaming. The person may lose muscle control and make repetitive movements.
<input type="checkbox"/> Tonic-clonic or convulsive seizures (grand mal)			The child will lose consciousness from the start of the seizure. The muscles will stiffen (tonic phase), causing him/her to fall to the floor. The extremities will then jerk and twitch rhythmically (clonic phase). Child may froth at the mouth. Breathing may be irregular. The person will regain consciousness slowly.
<input type="checkbox"/> Myoclonic seizures			Consciousness and memory are not impaired. Muscle jerks may occur in parts or all of the body.
<input type="checkbox"/>			

CHILD'S RESPONSE AFTER A SEIZURE: \_\_\_\_\_

### MEDICAL PROVIDER AUTHORIZATION

(Provider have parent/guardian sign Authorization & Agreement page 2-2)

BASIC SEIZURE FIRST AID	SEIZURE EMERGENCY PROTOCOL
<ul style="list-style-type: none"> <li>Stay calm and track time</li> <li>Keep the child safe</li> <li>Do not restrain the child</li> <li>Do not put anything in the child's mouth</li> <li>Stay with the child until fully conscious</li> <li>Document the seizure occurrence</li> </ul> <div style="text-align: center; font-weight: bold; margin-top: 10px;">For a tonic-clonic or convulsive seizure</div> <ul style="list-style-type: none"> <li>Protect the child's head</li> <li>Keep airway open</li> <li>Watch breathing</li> <li>Turn child on side</li> </ul>	<p>If child has a tonic-clonic or convulsive seizure lasting longer than 5 minutes, repeated seizures without regaining consciousness, is injured, has diabetes, has breathing difficulties, or the seizure occurs in the water...</p> <ul style="list-style-type: none"> <li>CALL 911 and ADMINISTER EMERGENCY MEDICATION AS PRESCRIBED.</li> </ul>

MEDICATION	USE	DOSE	ROUTE
<input type="checkbox"/> Diazepam (Diastat)	For seizures lasting _____ minutes or longer.		Rectal
<input type="checkbox"/> Midazolam	For seizures lasting _____ minutes or longer.		<input type="checkbox"/> Buccal <input type="checkbox"/> Intranasal
<input type="checkbox"/> Other _____	For seizures lasting _____ minutes or longer.		Specify Route: _____

- YES     NO    **Does this child have a vagal nerve stimulator (VNS)?**  
 Please describe use: \_\_\_\_\_
- YES     NO    **Is this child allowed to participate in usual school activities including physical education?**
- YES     NO    **Does this child require any special considerations or safety precautions?**  
 Please explain: \_\_\_\_\_

MEDICAL PROVIDER WITH PRESCRIPTIVE AUTHORITY IN ALASKA (PRINTED)	TELEPHONE NUMBER
MEDICAL PROVIDER SIGNATURE AND CREDENTIALS	DATE



Anchorage School District  
**SEIZURE CARE PLAN**

**PARENT / GUARDIAN AGREEMENT & AUTHORIZATION**

I request that the medication(s) selected and seizure protocols listed on this plan be provided to my child. **I will provide needed medications or supplies for care in school.**

Employees and agents of the Anchorage School District (“ASD”) strive to provide treatment consistent with the appropriate standard of care, but are not infallible. I agree to release, defend, indemnify, and hold harmless ASD from any liability for the risks or results of the care, which may include INJURY, ILLNESS, or DEATH, or the manner in which it is administered, including for NEGLIGENCE. I will notify ASD immediately if the medications or protocols change. I give permission for the exchange or release of health information between the medical provider listed above and ASD as part of the provision of my child’s care. I agree for the nurse to share health information with ASD staff on a need-to-know basis for my child’s safety and to foster academic success. I understand that ANY remaining medication(s) will be disposed of at the end of the school year, unless I pick up the remaining medication(s) by the last school day, as indicated on the ASD school year calendar.

PARENT / GUARDIAN NAME (PRINTED)	RELATIONSHIP TO CHILD	TELEPHONE NUMBER
PARENT / GUARDIAN (SIGNATURE)		DATE

**EMERGENCY CONTACTS**

NAME	RELATIONSHIP TO CHILD	PHONE NUMBER

Prescription medication must be in the original pharmacy container labeled with the following information: name, medication, dosage, route, administration time, ordering healthcare provider, pharmacy, date issued, and prescription number.

**NURSE PLAN REVIEW**

I have reviewed the *Seizure Care Plan* for accuracy and ensure that all required fields and signatures are completed before administering medication to a child. I approve of the agreement arranged between the physician, parent, nurse, and child for the management of the child’s health needs. I will conduct training with school staff, as needed, to ensure the safety and well-being of the child in the school setting.

NURSE NAME (PRINTED)	
NURSE SIGNATURE	DATE