



## Transition from Secondary Education into the Adult World

*This is a supplemental transition resource provided by the Anchorage School District Special Education Department intended to provide information and resources that are available to all students receiving special education services. Transition services are addressed in the IEP (Individualized Education Program) starting at age 15, to implement services by the age of 16. Transition services are provided to prepare the student for life after secondary education. Successful transition can be achieved through a team effort involving the student, parents, school staff, and community resources.*

For more information on services provided by the Secondary Special Education Department call 907-742-3895 or go to [www.asdk12.org/postsecondarytransition](http://www.asdk12.org/postsecondarytransition)



**Anchorage School District**  
*Educating All Students for Success in Life*

# Anchorage School District Programs & Resources

**ASD School Counseling and Guidance** website has resources on graduation, scholarships, NCAA eligibility, Alaska Performance Scholarship, how to create a Postsecondary Portfolio and more. For more information call the student's home school counseling office or visit [www.asdk12.org/counseling](http://www.asdk12.org/counseling)

**King Tech High School** offers grades 11-12 the option to attend vocational classes or apply to be full time students. Students may enter a regular vocational program or the Career & Work Readiness Program depending on the student's individual needs and goals. For more information call 907-742-8900 or visit [www.asdk12.org/kingtech](http://www.asdk12.org/kingtech)

**ACT** is a postsecondary community-based instructional program for adult students (18 to 21 years old) needing additional transitional support after completing the required core credits at their neighborhood school. It provides a supportive work environment to develop work maturity skills. Other areas of instruction are daily living, communication skills, and recreation and leisure. For more information call 907-742-3950 or visit [www.asdk12.org/act](http://www.asdk12.org/act)

**Project SEARCH** provides students with disabilities an opportunity to transition from high school into a work internship. The goal of this structured one-year program is to assist students in obtaining paid employment upon completion. The application process takes place in the winter for students between the ages of 18-22 with an IEP. For more information call 907-742-3950 or visit [sites.google.com/asdk12.net/projectsearch-anchorage/home](http://sites.google.com/asdk12.net/projectsearch-anchorage/home)

**The UAA Tapestry Program** partners with the Anchorage School District to provide social skills, career exploration, and employability skills. Students who complete the six Tapestry classes earn **the Bridge to Independence through Career Readiness Workforce Credential**. There is a summer UAA Tapestry program on campus, it includes classroom activities, a service learning project, and placement in a work experience. For more information call ACT 907-742-3950 or Tapestry at 907-786-6038. [www.uaa.alaska.edu/academics/college-of-health/departments/center-for-human-development/tapestry](http://www.uaa.alaska.edu/academics/college-of-health/departments/center-for-human-development/tapestry)

# Vocational Support

**Alaska Transition Outcome Project (ATOP)** provides secondary transition services and is a program of SERRC-Alaska's educational resource center. [transitionalaska.org](http://transitionalaska.org)

**Alaska's Youth Services are provided by the Alaska Department of Labor and Workforce** This site has an extensive list of services provided for youth, including the ACPE Success Center and Alaska Career Ready Program. For more information call 907-465-2712 or visit [jobs.alaska.gov/youth/](http://jobs.alaska.gov/youth/)

**The Arc of Anchorage** is a community resource for people with intellectual and developmental disabilities. The Arc provides supported employment, recreation, community living, community enrichment services and more. For more information call 907-277-6677 or visit [thearcofanchorage.org](http://thearcofanchorage.org)

**Assets, Inc.** is a private employer that has Supported Employment services and Supported Living services. Assets assists individuals to obtain and retain employment with local businesses. They want to help individuals with disabilities thrive and contribute to their community. For more information call 907-279-6617 or visit [assetsinc.org](http://assetsinc.org)

**DVR The Division of Vocational Rehabilitation** helps Alaskans with disabilities prepare for and attain jobs. DVR's Pre-employment Transition Services (Pre-ETS) are available during high school while other services become available after graduation. For more information call 907-269-2060 or visit [labor.alaska.gov/dvr](http://labor.alaska.gov/dvr)

**Tapestry at UAA**\*\*please see information under Anchorage School District Programs.

**Tribal Vocational Rehabilitation (TVR)** assists Alaska Native and American Indian individuals with disabilities in gaining or maintaining employment. For more information call 907-793-3300 or visit [citci.org/employment-training/tribal-vocational-rehabilitation-tvr](http://citci.org/employment-training/tribal-vocational-rehabilitation-tvr)

## College Admission Tests

**ACT** is a standardized test used for admission to college. It covers four academic skills; English, math, reading, and science reasoning. ACT provides accommodations for students with documented disabilities though, advance approval is required. Practice tests are available online. For more information call 319-337-1332 or visit [www.act.org/](http://www.act.org/)

**SAT** is a standardized test used for college admissions. The skills tested are writing, critical reading, and math. The SAT is administered seven times per year, and provides practice tests online. Students with disabilities may be eligible for accommodations with advance request and documentation. For more information visit the website or call 866-630-9305. For Services for Students with Disabilities (SSD) call 844-255-7728. [collegereadiness.collegeboard.org/sat](http://collegereadiness.collegeboard.org/sat)

## Other Things to Consider

### FAFSA (Free Application for Federal Student Aid)

Completing the FAFSA is necessary for students to receive grants, loans, and scholarships for most colleges and technical schools. The application process begins October 1 of the students senior year. FAFSA also has an app for iOS and Android mobile devices. For more information call 800-433-3243 or visit <https://studentaid.ed.gov/sa/fafsa>

### Accessing Accommodations at Postsecondary Schools

Requesting accommodations is a voluntary student responsibility. They will need to inquire at the school's Disability Support Service Department and provide documentation. After graduation from high school, students with disabilities are protected under the Americans with Disabilities Act (ADA). For more information call 800-514-0301 or visit [www.ada.gov](http://www.ada.gov)

### Employment Reasonable Accommodations

The Americans with Disabilities Act (ADA) protects employees with disabilities and makes it unlawful to discriminate against a qualified individual with a disability. Reasonable accommodations must be made

for a qualified applicant with disabilities. For more information call 800-514-0301 or visit [www.ada.gov/ada\\_title\\_1.htm](http://www.ada.gov/ada_title_1.htm)

### **AKCIS (Alaska Career Information System)**

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This is a free resource available to Alaska residents. Create a portfolio or resume, and find occupations or schools to meet interests. This site has budgeting information and a scholarship search.  
[acpe.alaska.gov/PLANNING/AKCIS](http://acpe.alaska.gov/PLANNING/AKCIS)

### **Alaska Transition Handbook Pathway to Adulthood & Employment**

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An in depth resource on transition provided by the State of Alaska, Department of Health and Social Services, and the Governor's Council on Disabilities & Special Education.  
[dhss.alaska.gov/gcdse/Documents/TransitionsHandbook.pdf](http://dhss.alaska.gov/gcdse/Documents/TransitionsHandbook.pdf)

## **Guardianship and Supplemental Security Income Resources for Students who Require Adult Support for all or Part of their Lives**

### **Alaska Court System**

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This is a self-help service for guardianship and conservatorship. It explains what guardianship/conservatorship is and how to file.  
[www.courts.alaska.gov/shc/guardian-conservator/](http://www.courts.alaska.gov/shc/guardian-conservator/)

### **Family Guardian Program**

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This is a resource for those who are interested in becoming a guardian or conservator for a family member or friend. For more information call 907-269-3525 or visit [doa.alaska.gov/opa/pg/](http://doa.alaska.gov/opa/pg/)

### **Supplemental Security Income (SSI)**

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Supplemental Security Income (SSI) is a Federal income supplement program designed to help aged, blind, and disabled people, who have little or no income. It provides cash to meet basic needs for food, clothing, and shelter. To apply or for more information call 800-772-1213 or visit [www.ssa.gov/benefits/disability/](http://www.ssa.gov/benefits/disability/)

## **Disability Care Center for Supplemental Security Disability Income (SSDI)**

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This site offers disability information and resources for residents of Alaska. For more information call customer care 800-772-1213, or for an evaluation call 888-738-4309 or visit

[www.disabilitycarecenter.org/state-resources/alaska-social-security-disability/](http://www.disabilitycarecenter.org/state-resources/alaska-social-security-disability/)

## **Supported Decision-Making Agreements (SDMA)**

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These agreements give people help with decisions about their lives. Supporters can help the person make informed decisions such as where to live, how to manage money, and medical choices. Supporters are also able to attend important meetings and give reminders of appointments. For more information call the Governor's Council on Disabilities & Special Education at 907-269-8993 or visit

[dhss.alaska.gov/gcdse/Pages/projects/SDMA/default.aspx](http://dhss.alaska.gov/gcdse/Pages/projects/SDMA/default.aspx)

## **Alaska State Association for Guardianship & Advocacy (ASAGA)**

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ASAGA is a volunteer organization that provides tools, resources, and advocacy in support of excellence in adult guardianship and conservatorship across the State. Call to make an appointment 907-444-4015 or visit [asaga.info/services/](http://asaga.info/services/)

## **DDRC Developmental Disability Resource Connection & Stone Soup Group**

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Stone Soup Group has transition support to help parents and young adults gain independence in the areas of education, housing, finance, employment, health care, and social needs.

The Developmental Disability Resource Connection (DDRC) is the "point of entry" for Alaskans with intellectual and developmental disabilities to access services. For more information call 907-561-3701 or visit [www.stonesoupgroup.org/start-here/programs-services/ddrc/](http://www.stonesoupgroup.org/start-here/programs-services/ddrc/)

## **ADRC Aging & Disability Resource Center**

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The Aging and Disability Resource Center (ADRC), is the place to start to find out about the variety of programs that are available to assist you in the community. ADRC serves as a one stop resource center

and serves individuals with disabilities, older adults, caregivers, and professional providers. For more information call 907-343-7770 or visit [www.muni.org/departments/health/PHIP/ADRC](http://www.muni.org/departments/health/PHIP/ADRC)

## Recreation and Leisure Resources

**Alpine Alternatives** provides recreational programs for Alaskans with special needs. They help youth and young adults with disabilities experience outdoor recreation. For more information call 907-250-6844 or visit [alpinealternatives.net](http://alpinealternatives.net)

**The Arc of Anchorage** provides recreation activities to those that are 16 or over and have completed an intake application. For more information call 907-277-6677 or visit [thearcofanorage.org](http://thearcofanorage.org)

**Challenge Alaska** provides people with disabilities adaptive sports, therapeutic recreation, and education. For more information call 907-344-7399 or visit [www.challengealaska.org](http://www.challengealaska.org)

**Hope Community Resources** The Lesko Discovery Center team is committed to providing accessible and inclusive opportunities for people of all ages and abilities through recreational and skill-building activities. The Discovery Center provides a wide array of activities and supports that promote personal growth through skill-based recreational activities to generate success and encourage new personal and social discoveries. Hope Studios provides artists within the community who experience a developmental disability a place to express themselves artistically. For more information call 907-561-5335 or visit [www.hopealaska.org/community-engagement-center](http://www.hopealaska.org/community-engagement-center)

**Special Olympics Alaska** provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities. For more information call 907-222-7625 or visit [specialolympicsalaska.org](http://specialolympicsalaska.org)

For more information about transition services through the Anchorage School District contact the Secondary Special Education Department at 907-742-3895 or visit [www.asdk12.org/postsecondarytransition](http://www.asdk12.org/postsecondarytransition)

