

	STUDENT	AWARENESS	MANAGEMENT	ADULT	AWARENESS	MANAGEMENT
SELF		I am... knowledgeable	I can... capable	SELF	I see you... knowledgeable	I believe in you... capable
SOCIAL		I care... caring	I will... responsible	SOCIAL	I care about you... caring	I support you... responsible

ASD K-12 Social & Emotional Learning (SEL) Standards

Self-Awareness

- 1A. Student demonstrates awareness of his/her emotions.
"I am able to identify and communicate how I am feeling."
- 1B. Student demonstrates awareness of his/her personal traits.
"I am aware of what I like and dislike as well as my strengths and challenges."
- 1C. Student demonstrates awareness of his/her external supports.
"I am aware of where I can find help and support."
- 1D. Student has a sense of personal responsibility.
"I am aware of my responsibilities at school."

Self-Management

- 2A. Student demonstrates ability to manage emotions constructively.
"I can appropriately handle my feelings."
- 2B. Student demonstrates honesty and integrity.
"I can act in an honest manner."
- 2C. Student uses effective decision-making skills.
"I can make appropriate decisions."
- 2D. Student demonstrates ability to set and achieve goals.
"I can set and achieve goals that will make me more successful."

Social Awareness

- 3A. Student demonstrates awareness of other people's emotions and perspectives.
"I care about the feelings and opinions of others."
- 3B. Student demonstrates consideration for others and a desire to positively contribute to the community.
"I care about others and do my part to make my school community better."
- 3C. Student demonstrates an awareness of cultural issues and a respect for human dignity and differences.
"I care about and respect the individual differences of others."
- 3D. Student can read social cues.
"I care about how I read others and how they read me."

Social Management

- 4A. Student uses positive communication and social skills to interact effectively with others.
"I will interact appropriately with others."
- 4B. Student develops constructive relationships.
"I will work on having positive relationships."
- 4C. Student demonstrates the ability to prevent and resolve interpersonal conflicts in constructive ways.
"I will learn to handle conflicts in constructive ways."