



# Seawolf Soundbites

Alaska Middle College School | 2650 E. Northern Lights Blvd. | Anchorage, AK 99508

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## The Den Administration Pack Leaders' Announcements

### Transportation

AMCS busing cohort changes on September 12, where South, Diamond, SAVE, and Service areas will receive busing service for three weeks. Please review busing services to your affiliate high school and King Tech on our [website](#).

### AMCS Open House



**September 13, 2022**

**King Tech High School**

**Join us at 6PM**

### Pack News

[AMCS Staff Announcements](#)

### UHowls

[UAA Announcements](#)

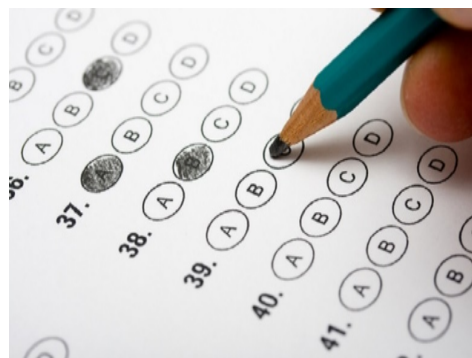
### Important Dates

[Latest Updates](#)

## PSAT

### Juniors, Mark Your Calendar!

AMCS is offering PSAT testing on **Saturday, October 15**, at King Tech High School. There are limited seats (80), so students must register before the test date. Registration opens on September 9 on a first come, first served basis. The cost is \$18, and payment is through ParentConnect (no checks or cash accepted). AMCS students are given priority registration through September 30. All remaining available seats will open to the rest of the district juniors to register starting October 1.



## FAQs

Parents and students, please become familiar with our [FAQ web page](#).

Affiliate school = your neighborhood high school, resident school, or boundary school  
Home school = AMCS

### **FAQ Question: How many students are in AMCS for Fall 2022?**

- AMCS: 257 (155 seniors and 102 juniors)
- AMCS: 153 females and 104 males

**FAQ Question: What is academic probation?** AMCS students must be in good academic standing to enroll in university courses. Academic good standing means the student maintains a cumulative high school 2.50 GPA, completes all enrolled courses with a "C" or higher, has a good attendance record, and has no disciplinary actions.

A student is no longer in good standing when the student's university GPA falls below 2.50, fails to attend 20% of a course meeting times, or receives a failing grade (D, F, W, NB, I, or Credit/No Credit) in a course(s). The student is placed on academic probation the following semester. While on academic probation, the student must adhere to one or more of the following:

- Reduce overall class schedule by one course (3 credits) from the previous semester
- Retake course(s) for which the student earned "D," "F," or "W" before attempting new courses
- No single course enrollment
- Maintain full-time status in the program (six high school classes)
- Attend advisory one time per week

## Registrar's Range

**Transcript Requests:** The Anchorage School District uses [ScribOrder](#) for all educational records requests. If you are under the age of 18, a parent/guardian must be the one to submit the request. Be sure to have them legibly signed. We can send e-documents to most post-secondary institutions, so please enter this information in your request. Sending e-documents gets your transcripts to the schools much sooner than mailing them, saving everybody time!

## Important Troubleshooting Information

For technical support for UAA software and Blackboard, contact UAA IT Help Desk at 907-786-4646. To reset your UAA password or look up your username, visit UA Elmo.

For issues with a Chromebook or Canvas, contact ASD IT Service Desk at 907-742-4357 from 8 am-5 pm, M-F.

## Pack News Program Pack Leaders' Announcements

### Counselor's Cave

Ms. Sherwood's Office has an open door policy, you can stop by any time for a check in or to ask a question or if you need support. If you know your visit may take longer, feel free to book an appointment with her [Calendly Scheduler](#)

The [Alaska Performance Scholarship](#) allows Alaska high school students to earn a scholarship to help cover the cost of an Alaska postsecondary education.

Eligibility requirements for APS include:

- Alaska residents who graduate from an Alaska high school (public, private, or home school);
- Take a rigorous curriculum,
- Earn a minimum of 2.5 GPA;
- **Meet qualifying score on college/career entrance exam (ACT or SAT)**

The APS can be used at any participating college or university in Alaska or for approved career and technical education programs in the state.

Attention Student Athletes: NCAA or NAIA Transcript requests should be made through [Scriborder](#). Please inform Ms. Sherwood if you requested your transcript to be sent to the NCAA or NAIA.

Add/Drop period: The UAA Add/Drop deadline (to drop a course without penalty) is **September 9**. To change your course registration, you must meet with your UAA Advisor and Ms. Sherwood.

Transcript checks/credit checks: If you would like to check your transcript and do a credit check, please schedule an appointment with Mrs. Sherwood or stop by her office.

PE Course Options: ASD requires students to complete 1.5 PE credits for graduation. These can be completed in a variety of ways. Please check out the [PE Options](#) tab on the AMCS website. Students wanting to complete their PE credits through the Credit-By-Choice program must have official approval before beginning their physical education activity. The [Credit-By-Choice](#) form has been updated with new information and policies regarding the PE CBC option.

NCAA: Student-athletes wanting to study and compete at an NCAA school to register with the Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org). Students should plan to register before their freshman year of high school (or year nine of secondary school) with a [free Profile Page account](#). Profile Page account registrants get an NCAA ID and important reminders from the Eligibility Center as they progress through high school. These accounts can be transitioned to a paid Certification account at any time.

Any student planning to compete in NCAA Division I or II sports must create a Certification account before taking an official visit or signing a National Letter of Intent.

## Teacher's Terrian

Senior Seminar: All seniors should now be enrolled in a Senior Advisory course. This is one semester, graded pass/fail, and meets six times during the semester. The purpose of the course is to prepare high school seniors for post-secondary life by acclimating them to all aspects of the application, financial aid, scholarship, and enrollment. The seminar is designed to guide students through those stages in "real-time" as they're experiencing them throughout their 12<sup>th</sup>-grade year. By high school graduation, students will be prepared for the academic, financial, and emotional demands of college through intensive discussion and activities on these topics.

You should be enrolled in one of these sections in Q; please visit the AMCS Schedule to find out what time your section meets.

Group A (Sections 51, 52, 54, 55) will meet every other Friday, beginning on **Friday, September 2, 2022**.  
Group B (Sections 501, 502, 504, & 505) will meet every other Friday, beginning on **Friday, September 9, 2022**.



Yearbook: BUY Now! Yearbooks are available for purchase! [Click here](#) to purchase your 22-23 AMCS Yearbook today; they are \$55. Seniors wanting to purchase a 21-22 yearbook may do so; there are a few copies left. See Ms. Michele, our Administrative Assistant of Finance, to purchase yours for the discounted price of \$20.

Join: Our AMCS Yearbook club will have its first meeting this Friday, September 2<sup>nd</sup>, from 10:00-10:50 am in the Den. Please attend the meeting if you are interested in making our 2022-2023 yearbook one to remember!

Submit:

*Juniors:* Your picture day has passed and there are no retakes. Please communicate with Ms. Harbison or Ms. Espeland about options for getting your photo in the yearbook if you missed school picture day.

*Seniors:* Do you have a senior photo to submit for the yearbook? [Use this link](#) to upload your senior photo for the AMCS Yearbook.

Yearbook at your affiliate school: The photos AMCS collects do not automatically go to the yearbook at your affiliate school. If you would like to be featured in that yearbook, please plan to attend their picture day or connect with their yearbook staff to find out how to submit a photo.

Fall Sports and Fair Photos: At AMCS, we rely on our students to submit photos for our yearbook to feature you and your experience in the program! [Use this link](#) to submit photos of your fall sports or pictures at the fair. These photos can have students from other schools featured.

AMCS Den: The AMCS Den (The teaching and learning space) at KTHS is open from 7:30 am until 2:30 PM most days. Students are welcome to come and go from the Den as they need or want. There is plenty of space to study, attend Zoom classes, collaborate with classmates, or eat your own packed lunch.

The AMCS Den has a Coffee & Tea bar, small refrigerator, and microwave for students to use. We also have some healthy-ish snacks for students if they need a bit of energy before heading to their next class. We would love and appreciate your support to restock the snack bar with donations of granola bars, energy bars, cup noodles, coffee, tea, cocoa, or anything else you think teenagers would eat. You can drop it off at the front office of KTHS or in the AMCS Den. We would also appreciate your unwanted coffee cups and utensils to reduce waste. Someone is always looking for spoons and forks.

## UHowls UAA Pack Leaders' Announcements

### ADD/DROP Deadline for UAA Courses

If you need to add or drop a class, do not wait until the last minute. Contact your Middle College advisor immediately. **Friday, September 2**, is the last day to ADD a class without written faculty approval. Be sure you can complete the work involved to be successful in all of your UAA and ASD courses and adjust your schedule accordingly. The DROP deadline for UAA students is **Friday, September 9**. Please see your Middle College advisor if you want to drop a class before the deadline.

### Required Title IX Training for all UAA students

As a UAA student, you must complete a safety training called Title IX. This training aims to increase awareness of sexual harassment and unwanted behaviors and how to address these behaviors. Middle College students can complete Title IX training through Blackboard (a series of recorded videos) or a live Zoom training session exclusively offered to Middle College students (on **September 9 from 10 am-11 am**). [Click HERE](#) to sign up for the Zoom training. Students must complete this training BEFORE meeting with their Middle College advisor and registering for spring classes.

### Five-Week Check-in Survey is Coming Soon!

Every year Middle College staff seek to improve how we support and prepare Middle College students for the first five weeks of school. One of the ways we do this is by receiving students' feedback on their experiences. Students, please be on the lookout for the Middle College five-week check-in survey on September 30 via email.

### UAA Media Releases

UAA students must complete a media release form to be featured in any UAA media (video or photos), including the UAA Middle College web page. If you have not done so already, please complete this [Media Release form](#). You will be prompted to enter your and your parent/guardian's email addresses so you can sign. Please give your parents/guardians a friendly reminder to complete their portion (from their email) once you have signed and submitted your part. Please complete and sign as soon as possible.

**WolfCard**

As a UAA student, you will need a UAA ID card, also known as a Wolfcard. Students should carry their Wolfcard anytime they are on the UAA campus. To receive a Wolfcard, you will need to complete this [Wolfcard Application form](#).

**Textbooks**

All UAA textbook relation questions or concerns should be directed to Hannah Cox at [uaa\\_middlecollege@alaska.edu](mailto:uaa_middlecollege@alaska.edu).

## Upcoming Important Dates Fall Semester

**September**

- 5 Labor Day - No ASD or UAA classes
- 9 UAA add/drop deadline
- 10 UAA withdrawal period begins

**October**

- 15 PSAT Testing - KTHS
- 21 No AMCS classes - UAA still in session
- 28 No AMCS classes - UAA still in session

**November**

- 4 UAA withdrawal deadline
- 8 Election Day - AMCS courses asynchronous
- 11 No AMCS classes - UAA still in session
- 24 No UAA classes
- 25-26 Thanksgiving - No AMCS or UAA classes

**December**

- 12-17 UAA final exams
- 21 Fall semester ends
- 22 No classes
- 23-31 ASD Winter Break

**January**

- 1-6 ASD Winter Break cont.
- 9 AMCS spring semester classes start



## Pack Leaders Contact Information

### Administration

Kern McGinley, Principal  
Denise Edwards, Assistant Principal  
Gabriele Beltz, Administrative Assistant  
Jane Todd, Registrar

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### Program

Kim Griffis, AMCS Coordinator  
Beth Sherwood, AMCS Counselor  
Ariel Harbison, AMCS Math Teacher  
Traci Espeland, AMCS Writing Teacher  
Aurora Hoefflerle, AMCS Science Teacher

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### University of Alaska Anchorage

Tamika Dowdy, Program Coordinator  
Heather Brekke, Advisor for AMCS

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## AMCS Community Standards

**AMCS Community Standards**

**Students to Students**

- Be kind, use nice words and tone.
- Ask before using things.
- Respect your peers' preferred atmosphere and learning style.
- When in a group, complete assignments in a fair manner.
- Value each other's time.
- Listen and speak.

**Students to Teacher**

- Use kind words and appropriate voice levels.
- Follow rules and directions.
- Always give your best effort.
- Forgive me if I have a bad day.
- Complete work on time, be prepared and participate.
- Be open to new ideas; approaches.
- Behave with integrity- no lying or cheating.

**Teacher to Students**

- Be patient.
- Give fair consequences.
- Don't give up on me when I'm having a bad day.
- Respect student boundaries.
- Be accessible.
- Allow for brain breaks when necessary.

**Students & Teacher to Classroom**

- Keep your space organized.
- Be safe and respectable with our supplies and classroom.
- Leave the room nicer than you found it.
- Manage food and drink in a responsible manner.
- Respect seating charts and other Covid-driven rules.

**OFFER GRACE**