

Anchorage Scholastic Bowling League

Covid-19 Mitigation Protocol for ASBL Bowling

Updated 09/22/2020

Objective: To provide our student athletes the opportunity to participate in the sport of Bowling in a healthy and safe environment.

Facilities: Since all the school's practice in different settings the following guidelines should be considered for each facility:

- Athletes should come prepared to participate.
- All surfaces and equipment should be cleaned prior to the start practice.

Screening: All screening should follow ASD guidelines which include but is not limited to temperature checks, exposure questions, and attendance records.

- Bowlers must not come to any bowling event if they feel sick or suspect they have been exposed to an illness. Coaches must keep a record of a bowler that is suspected of being sick and send them home ASAP to avoid contamination of other bowlers.
- A temperature check of all bowlers and adults will be administered before each practice or event. Anyone with a temp greater than 100.3 degrees must be recorded by the coach and the bowler sent home and should consider seeing a primary care provider.
- Coaches must keep a list of bowlers for each practice or event for contact tracing.

Equipment:

- All equipment should be cleaned with appropriate cleansing and disinfectant after each use.
- The equipment should be cleaned at the end of practice and stored accordingly.
- Cleaning of bowling center equipment is the responsibility of the Coaches to verify before bowlers arrive, and hand sanitizer, alcohol and microfiber towels will be provided by the league for bowler use.
- All Athletes, Coaches and Spectators must be masked up with approved face covering while at practices, matches and tournaments. Removal of mask will be approved only when the bowler is actively bowling, then must be put back on before leaving the bowling approach and ball return area.

Bowler Safety Measures:

- To keep the number of people in our gatherings as small as possible so social distancing can be easily achieved between the bowlers, ASBL staff, and others, **only one (1) adult per family may be in attendance at practices or events, and extra spectators will not be permitted to attend as long as we are in a Intermediate risk or High risk for Covid-19.**
- Bowlers must alternate appropriately to maintain social distancing of at least 6 feet apart, 10 feet is preferred, at all times. Example, the athletes should be 6 feet while on the approaches and waiting to step up onto the approaches, as well as when they are waiting for their turn behind the approaches.
- No sharing of equipment will be permitted.
- Practice time can be permissible mostly as a team but can be time spent at other bowling functions for high school bowlers or on an individual basis. Events like Neon Bowling do not count as Practice. After an individual practices they must have their scores printed by the bowling center and signed by a bowling official or staff member at the center to be allowed as a valid practice, a minimum of 30 minutes per session in a given day.
- Each school should have set up and take down procedures that adhere to all social distancing guidelines and the touching of equipment prior to the start and end of practice.

Practice: Students and coaches should sanitize hands before and after practice, or when an object is touched outside of their own equipment.

- **Practice during high risk:** Since outdoor practice is not an option for the sport of Bowling, we will have additional expectations that should be in place prior to any practice.
 - Single entry and exit point
 - Isolate practice area from the rest of the facility
 - Individual skill development and conditioning only
 - No contact, must maintain 6 feet between all individuals, 10 feet is preferred.
 - Only persons who are participating, i.e. actively bowling, should be in the facility with only one adult from the family allowed per practice or event.
 - If this means that separate practice times are needed then individual coaches should work out that schedule.

Matches and Tournaments:

- All Varsity Matches and Open Tournaments will be bowled side by side and will be held in the bowling center of the Home Team, and the Visiting Team will travel to the Home Teams location. This will keep our overall numbers at a single location much smaller and reduce the number of bowlers traveling. There will be a separate ASBL Official at each bowling center that will collect the scores at the end of each event and the scores will be compiled by the league secretary and distributed to the bowling coaches and published on the ASBL Facebook Page.
- Matches and Tournaments will be conducted while we are in the Intermediate Risk and High Risk categories following the above protocols since the number of bowlers will be approximately the same as the number of bowlers during a practice session.
- A minimum of 20 minutes must be scheduled between matches for cleaning of high touch points.
- If we are in Low Risk, we may consider having matches later in the season take place at a single bowling center.

Position Round at end of Season:

We will develop a separate mitigation plan and protocol for our Position Round or adopt the above plan if Covid-19 remains a threat. Our hope is that we will be able to do our Position Round at one bowling alley, but time will tell.

Michael Frost
ASBL Commissioner
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