# Sand Lake Lions Roar

**APRIL 2024** 

#### A Letter from the Principal

Dear Sand Lake Families.

As the end of the school year approaches, please remind your children that each school day is very important, and we need all of them to continue working until the last day. As I'm writing this message, many of our students are taking the AK Star assessment. This assessment provides valuable information to us and helps when it comes to planning for specific instruction that meets the needs of individual students. If you have a child in grades 3 thru 6, its important they are here each day to make sure they have time to take each of the assessments.

On April 23rd, from 5 pm to 6 pm, we will be hosting a Kindergarten Round Up! If you have a child or know of a neighbor with a child starting Kindergarten in the fall, this will be an excellent opportunity to learn more about our program. Our Kindergarten teachers will be in their rooms giving a brief outline of the program and will answer all of your questions.

Finally, I'd like to remind everyone about being safe while coming to school and going home. With less snow on the ground, it's very tempting to take shortcuts through neighborhoods, and when crossing the street. We have a crossing guard that will assist those that need to cross the street at the intersection of Jewel Lake and Strawberry, and it's important that students cross the street with the assistance of the crossing guard. Please remind your children about walking through this area, and waiting for the crossing guard to signal when it is safe to cross.

If you ever have any questions, comments, or concerns please feel free to contact us at (907) 243-2161 or <a href="mailto:Sandlakeattendance@asdk12.org">Sandlakeattendance@asdk12.org</a>.

Sincerely,

Linson Thompson
Principal, Sand Lake Elementary

#### **UPCOMING APRIL EVENTS**

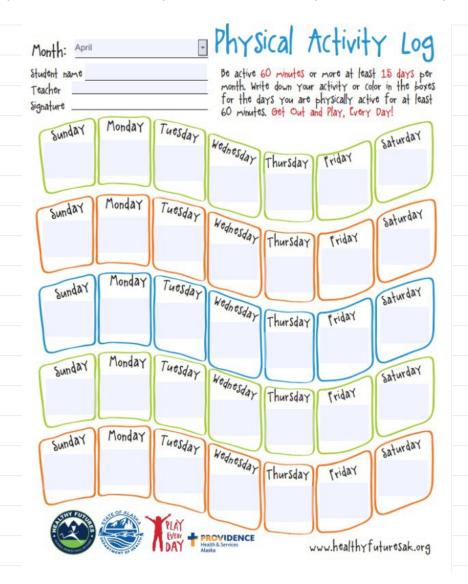
- April 3 Science Fair Student Work Session
- April 5 PTSA: Paint Night
- April 5 Mears NJHS Spring Carnival
- April 8 Yearbook Order Deadline
- April 19 No School
- April 23 Kindergarten Round-Up
- April 25 Online Registration for Returning Students Opens
- April 27 Multicultural Festival at Government Hill Elementary
- April 30 TNK Meeting



# **Healthy Futures Log**

"Empowering Alaska's Youth to Build the Habit of Daily Physical Activity"

Students who are active for at least 60 minutes a day, 15 days a month, and record their activity on the Healthy Futures Activity Log are awarded fun incentives. Don't forget to stay active, keep track on your Healthy Futures Log, and turn your completed Healthy Futures Log in to your GYM teacher.



# Science Fair Student Work Session April 3rd (3:30-4:30pm)



# SCIENCE FAIR

PROJECTS WILL BE DUE MAY 1

FAMILY SHARE FRIDAY, MAY 3RD 3:30-4:30PM

Students Meet with Mrs. Thompson in room 207 on:

- Wednesday, March 27th 3:30-4:30 pm
- Wednesday, April 3rd 3:30-4:30 pm



CONTACT FOR MORE INFORMATION : THOMPSON\_KALEIGH@ASDK12.ORG

Sand Lake PTSA News...

# Sand Lake Elementary School



**APRIL 2024** 

A NOTE FROM PTSA

Dear Families.

We want to first thank everyone who came out and participated and to those who volunteered for The Sand Lake Stud Run. It was such a wonderful event and so much fun for eryone! With less than 2 months left, we can't believe the school year is starting to wrap up We will have lots of fun things happening so keep an eye out for volunteer opportunities.

#### **FIELD DAY**

Our field day date has not been set quite yet but we will be having it in May during school hours. Please keep an eye out for more information. We will be needing lots of volunteers so make this fun event happen.

#### **PAINT NIGHT**

Scan below to sign up for paint night. We will be capping participation at 60 so it will fill up quick!



\*students must be accompanied by an adult.

#### **UPCOMING EVENTS**

Paint Night 4/5 6-8 Clean Up Day 5/4 Teacher Appreciation Week 5/6-5/10

#### STAY CONNECTED

President-Lindsey Edwards sandlakeptsa.president@gmail.com Vice President-Blair Robinson sandlakeptsa.vicepresident@gmail.com Secretary-Brittany Ford sandlakeptsa.secretary@gmail.com Treasurer-James Riches sandlakeptsa.treasurer@gmail.com Vice President of Fundraising-Risha Toci sandlakeptsa.vpfundraising@gmail.com Vice President of Events- Shannon Spalding

andlakeptsa.vpevents@gmail.com



Mears NJHS Spring Carnival!



#### INICALS NJMS Fundraiser for Make a Wish Foundation

# Spring Carnival

Friday, April 5th 5:30-8:30 PM MEARS GYM, MPR, and TRACK

# \$5 ENTRY! FOOD & GAMES!

Entry includes 5 FREE booth tickets

Additional booth tickets can be purchased at the carnival

All kids need to be accompanied by a parent/guardian

WIN PRIZES!

Yearbook Order Deadline April 8th



# Your school memories from cover to cover

Tus recuerdos escolares de principio a fin

Visit **ybpay.com** to order your yearbook **today!** 

ingresa a ybpay.com para encargar tu anuario hoy!



¡Echa un vistazo para

Order Deadline:

Yearbook ID Code:

Código ID de

Apr 8, 2024

14955724

Contact our Help Center for assistance at lifetouch.com/support-us. Select Yearbook Orders for assistance.

Comunicate con nuestro Centro de Ayuda para recibir asistencia en lifetouch.com/support-us. Selecciona Pedidos del Anuario para recibir asistencia.

EVT7GQTMG Sand Lake Elementary School

YB24USYBPY © 2023 Shutterfly Lifetouch LLC

Lifetouch.

Kindergarten	Round-Up -	April 23 (5:	-6pm
--------------	------------	--------------	------

# Kindergarten Round-Up

Is your child starting kindergarten in the Anchorage School District in the 2024-25 school year?

#### Join us!

- Learn how to help prepare your child for kindergarten
- Activities to do at home to support kindergarten readiness
- Enrollment information and requirements
- · Activities for children
- · Meet the staff
- · Tour the school

A full list of Kindergarten Round-Up dates at ASD elementary schools can be found on back of this flier.





Government Hill Elementary School's Multicultural Festival



TNK Meeting April 30



GENERAL MEMBER MEETING

# TUESDAY APRIL 30, 2024

6:30 PM



## SAND LAKE ELEMENTARY LIBRARY



PLEASE JOIN US TO GET MORE INFO ABOUT HOW YOU CAN SUPPORT YOUR K-12 IMMERSION COMMUNITY

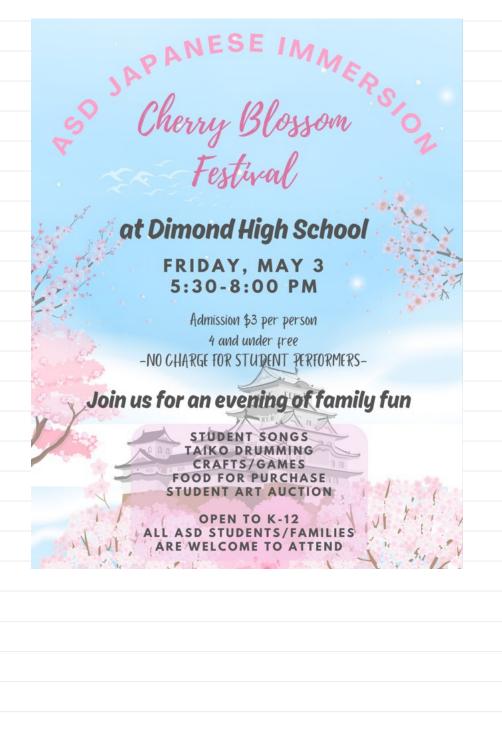






ALL GRADES OF JAPANESE IMMERSION
ARE INVITED TO ATTEND

Coming up in MAY...



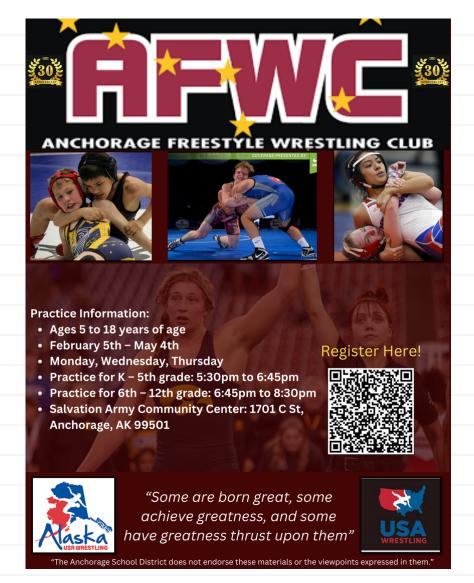




# Spring Choir Concert









# ガンバレ! 日本語キャンプ

(Japanese Language Camp) Summer, 2024

# **Online Registration!**

Mon. April. 1st through Sun. April. 14th
Sand Lake Elem.

Ganbare Nihongo Camp is open for anyone who is interested in learning Japanese language and its unique culture.

Purpose/Mission

Students will experience Japan through fun, hands-on participatory activities instructed in Japanese.

#### Activities

Taiko Drumming Cooking and Sampling Arts/Crafts Japanese skit and Song

#### Camp Dates:

1st Session (32 students) July 22nd - July 26<sup>th</sup> (Mon-Fri.)

2<sup>nd</sup> Session (32 students) July 29<sup>th</sup> – August 2<sup>nd</sup> (Mon. Fri.)

#### Camp Hours:

9:00 a.m. - 3:30 p.m. Early drop off and late pick up will be available.

#### Camp Site:

Sand Lake Elementary School





from Native Japanese Speakers

## **CLASSES**

#### Beginner

- for adults (5th grade and up)

#### Intermediate

- for adults (5th grade and up)

#### Beginner

- 2nd grade to 4th grade

#### Intermediate

- 2nd grade to 4th grade



**DATES** 4/6, 4/13, 4/20, 4/27, 5/11, 5/18 (6 classes total)

**TIMES** 

13:45 - 14:45











#### PRESENTS

4/21/24 1:00 PM

->>>> <<<<

->>>> ((((-

GET YOUR TICKETS NOW!

->>>> <<<<

AT
BEARTOOTH
THEATRE.
NET





A fundraiser to support Steller Secondary's unique 6-12th grade program of critical thinking, independence and community involvement.











 $\label{thm:continuous} The \, \text{Anchorage School District does not endorse these materials or the viewpoints expressed in them.}$ 





Join us as a community to celebrate all of our Girls on the Run (GOTR) girls as we recognize how far our participants have come and how far they will continue to go! **COME SUPPORT OUR GOTR** 

DATE: Saturday, May 11th

**TIME:** 9:00 AM Activities Start 10:00 AM Run Starts

 $\begin{array}{l} \textbf{LOCATION:} \overset{Kincaid\ Park}{9401\ Raspberry\ Rd} \end{array}$ 

#### **ACTIVITIES FOR EVERYONE!**

- Happy Hair Station & Zumba
- Bling Your Race Bib 360 Photo Booth
- Make a Cheer Poster Molly of Denali

#### GIRLS FROM:

- ★ Baxter Elementary
- ★ Chester Valley Elementary
- ★ Chinook Elementary
- ★ College Gate Elementary
- ★ Denali Montessori Elementary
- ★ Klatt Elementary
- ★ North Star Elementary
- ★ Rogers Park Elementary
- ★ Spring Hill Elementary
- ★ Susitna Elementary
- ★ Taku Elementary
- ★ Turnagain Elementary
- ★ Williwaw Elementary
- ★ Willow Crest Elementary

REGISTER

Sparkle Runner: Opportunity for community members to join the run! Alumnae and/or child: Any former GOTR girl or child under 13! TODAY! Happy Sleeper: Support GOTR from the comfort of your bed





#### Kids Love the Music Machine! Join Us for a Summer of Fun!

#### The Music Machine Develops Confidence and Life Skills!

Kids involved in the Music Machine programs learn more than music and movement. They are encouraged in a healthy, supportive ment to interact with other children, to develop

teamwork, and to feel a sense of pride in their accomplishments.

Many parents continue to enroll their children year after year, as the way. the lessons the kids learn here benefit them in both their

The Music Machine is fun, and it provides some important life-skills along



#### Costs and Discount Information

The Anchorage School District does not allow prices to be posted on flyers. We work to keep our fees competitive and as low as possible.

In addition, for The Music Machine and Dance Machine, there are discounts:

- -- Early pay discount.
- -- Family discount if more than one child participates.
  -- Discount if you're in both Music and Dance Machine

For costs, visit our website: themusicmachineanchorage.com

#### Only the Best for Kids!

As Alaska's oldest continuous sical program for kids, The Music Machine has developed a reputation for great quality and high expectations

We hire only the best professionals and work in quality facilities.

This ensures that the children will have the most professional and positive experience possible

Music Machine to be every summer. Thank you so much." -participant

themusicmachineanchorage.com 907 - 227 - 0509 themusicmachine@live.com

"The Anchorage School District does not endorse these materials or the viewpoints expressed in them.

#### -2024-

#### Join Us this Year & Be Part of Our 43rd Anniversary Summer Program!



#### June 25 - July 18, 2024

A four-week summer workshop in creative music and movement. It's fun, made for kids ages 3-6.

Performance: July 18, for family and friends.

#### Director: Carly Flake

One session is offered this year. Theme: Goin' BUGGY

June 25 - July 18

>Tuesdays only: June 25 & July 2 >Tues AND Thurs: July 9-18

Ages 3 & 4: 9:30 - 10:30 am Ages 5 & 6: 10:30 - 11:30 am

(No workshops on June 27 or July 4)

St. John United Methodist Church 1801 O'Malley Road

Cost: Must see website: themusicmachineanchorage.com

NO AUDITION, but you must register in advance at themusicmachine@live.com Register SOON. If you can't register BY May 27, call the number below to confirm interest.



#### June 24 - August 3, 2024

A six-week summer workshop in American Musical Theatre for kids ages 6-18, with shows at the ACPA Discovery Theater. Performances: August 1-3.

### Directors:

Janet Carr-Campbell and Jack Klauschie

**GROUP I: Ages 6-9**Days: Mon, Tues, Wed, & Thurs Times: 9:30 - 11:30 am

GROUP II: Ages 10-12 Days: Mon, Tues, Wed, & Thurs Times: 11:45 am - 1:45 pm

#### **GROUP III: Ages 12-18**

Days & Times Mon & Wed, 11:45 am - 1:45 pm Tues & Thurs, 11:45 am - 3 pm

(No workshops on July 4th holiday)

THE GYM at

St. John United Methodist Church 1801 O'Malley Road

Cost for Group I, II, or III: Must see website. Also visit website for early pay and other discount information: themusicmachineanchorage.com.

NO AUDITION this year, but you must register in advance at themusicmachine@live.com Register SOON. If you can't register BY May 27, call the number below to confirm interest.



#### June 24 - August 3, 2024

A six-week summer workshop where dancers ages 6-18 work on specialty numbers for our shows at the ACPA Discovery Theater. Performances: August 1-3.

#### **Director:** Carly Flake

**GROUP I: Ages 6-9**Days: Mon & Wed
Times: 11:45 am - 1:15 pm

GROUP II: Ages 10-12 Days: Mon & Wed Times: 9:30 - 11:30 am

GROUP III: Ages 12-18 Days: Mon & Wed Times: 2 - 4 pm

THE GYM at St. John United Methodist Church 1801 O'Malley Road

Cost for **Group I, II, or III:** Must see website.

Also visit website for early pay and other discount information: themusicmachineanchorage.com

NO AUDITION this year, but you must register in advance at themusicmachine@live.com **Register SOON.** If you can't register BY May 27, call the number below to confirm interest.



### From our School Nurse...



"You cannot educate a child who is not healthy, and you cannot keep a child healthy who is not educated." Dr. Jocelyn Elders

Hello Sand Lake Families,

Some of you may have seen recent news reports including information on energy drinks and caffeine intake for children. Please consider spending some time educating yourselves and your family about nutrition.

Following facts is more important than following what is popular. Quality over quantity.

Here are some links to some great information:

https://www.aacap.org/AACAP/Families\_and\_Youth/Facts\_for\_Families/FFF-Guide/Caffeine\_and\_Children-131.aspx

https://www.myplate.gov/eat-healthy/what-is-myplate

https://publications.aap.org/aapnews/news/27276/Children-should-avoid-drinks-with-sugar-caffeine?autologincheck=redirected

Nurse Laura

Sand Lake Elementary School Nurse

sandlakenurse@asdk12.org aimonetti\_laura@asdk12.org

Direct: 907-742-9261 Fax: 907-243-6025

# **School Start Time Changes beginning August 2024**



PLC Monday Schedule	Start Time	Release Time
Elementary	9 a.m.	2:30 p.m.
High	9:45 a.m.	3:15 p.m.
Middle (grades 6-8)	10:30 a.m.	4 p.m.

Tuesday-Friday Schedule	Start Time	Release Time
Elementary	8 a.m.	2:30 p.m.
High	8:45 a.m.	3:15 p.m.
Middle (grades 6-8)	9:30 a.m.	4 p.m.

In some cases, preschool, charter and alternative programs may have different schedules.

#### START PLANNING NOW

New start times may affect schedules outside of school. Consider how it could impact your family and start thinking through changes you may have to make.

- · Before-school programs
- After-school programs
- Transportation to/from school
- Sports and activities
- Childcare
- · Teen after-school jobs
- Parent/guardian work start or end times



Point your phone camera to this QR code and then click the link for more information on changing school start times.



2023-2024 School Meal Prices

Beverage prices are the same for both students and adults. Adult meal prices are higher since adult meals are not federally subsidized. Milk may be purchased at the a la carte price of \$1.00 for regular and \$1.50 for

# **Apply for Free and Reduced-Priced Meals**

For questions, please contact student nutrition: snadmin@asdk12.org or (907)348-5145

## **Report an Absence**



#### Sand Lake Elementary / Sand Lake Elementary School Homepage

Sand Lake has a vibrant neighborhood program and is home to the Japanese Immersion Program.

☑ asdk12.org





**WELLS FARGO** 

In the sunshine.

in the wild air.

- Ralph Waldo Emerson

