

# Sand Lake Lions Roar

DECEMBER 2022



## A LETTER FROM THE PRINCIPAL

Dear Sand Lake Families,

As the second quarter of school comes to an end, this is a great time to remind your child about finishing the quarter on a strong note. Staying focused in class, completing assignments, and being prepared for each day will ensure your child will be successful for the remainder of the quarter. The last day of school for students is December 21st, and students will return to school on January 9th, 2023.

Teachers will be working on second quarter report cards on December 22nd, so there will not be school that day. Report cards will be sent home during the week of January 9th. As we plan for upcoming events, please make sure to mark February 22nd and 23rd on your calendar as these are the dates for Parent Teacher Conferences. More information will be coming about times for individual conferences.

Our next PTSA/TNK meeting will be on Tuesday, November 29th at 6:00 pm in the library.

Please join us on December 13th at 6:00 pm for our Orff performance for parents, on December 19th at 2:30 pm for the Band & Orchestra concert. All of our students have been

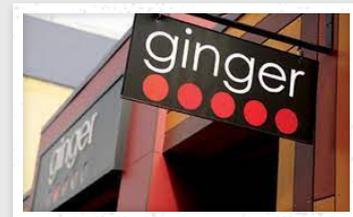
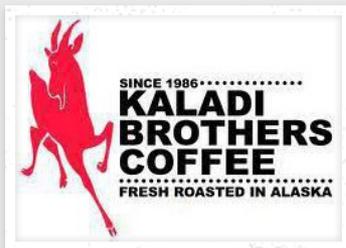
hard at work preparing, so we are hopeful all of their parents are able to join us.

I hope everyone enjoys the upcoming holiday break, and we are all looking forward to a great new year!

Sincerely,

Linson Thompson

Principal, Sand Lake Elementary



## UPCOMING EVENTS

- 11/29 TNK 6:00pm/PTSA Meeting 6:45pm
- 12/9 Canned Food Drive Ends
- 12/12 Spirit Week Begins
- 12/13 Orff Concert 6:00pm
- 12/16 Movie Night 6:30pm
- 12/19 Band/Orchestra Concert 2:30pm
- 12/21 Last day of school for 2nd Qtr
- 12/22 No School for Students, Teacher Grading Day
- 12/23 Winter Break Begins



# NEWS FROM THE NURSE

✉ sandlakenurse@asdk12.org

☎ 907-742-9261

🌐 asdk12.org/domain/4528

## 🍎 Nurse Laura's List 🍎

I always accept donations of new or lightly used clothing, and I really need pants in all sizes. Having items available helps me take care of everyone at Sand Lake Elementary.



# Sand Lake Spirit Week Dec 12-16

Monday Tuesday Wednesday Thursday Friday  
12/12 12/13 12/14 12/15 12/16



Holiday  
(or Crazy)  
Sock  
Day

Holiday Hats  
&  
Headband  
Day



Ugly  
(or cute)  
Holiday Sweater  
Day

Pajama  
Day



Inside Out  
&  
Backwards Day

**SAND LAKE PTSA PRESENTS**

*Believe* All Aboard **POLAR EXPRESS** *Believe*  
Train Ride

ADMIT ONE • ROUND TRIP • NORTH POLE

*Family Movie Night*

**THE POLAR EXPRESS**

**Friday December 16**  
**6:30 PM**

WEAR YOUR P.J'S  
BRING YOUR BLANKET, PILLOW, OR CAMP CHAIR!

DOORS OPEN AT 6:15

CONCESSIONS (PIZZA, POPCORN, CANDY, DRINKS)  
WILL BE AVAILABLE FOR PURCHASE

CHILDREN MUST BE SUPERVISED AT ALL TIMES



# Sand Lake Giving Tree

The Giving Tree is back! We are here to help several Sand Lake families who need a little extra help during the holiday season.

#### How it works:

We have placed The Giving Tree in the entryway of the school with tags you can grab that include age ranges for the requested holiday gifts. If your family has a little extra to share this year, your support would be appreciated!

Please turn in the gifts unwrapped to the front office staff, with the tag, by **Friday, December 16**. We will have a wrapping party that evening so everything is ready for the families to pick up the following week.

Thank you for your generosity!

Contact Erin Webb with any questions at [erinak03@yahoo.com](mailto:erinak03@yahoo.com).





The Charleston Wrap fundraiser was a success and Sand Lake PTSA appreciates everyone who participated!

Congratulations to Waylon Kurth who won the drawing for "Mr. Googly"!



There's no Book Fair like a Scholastic  
Book Fair!



THANKS FOR A WONDERFUL  
BOOK FAIR!



WE LOOK FORWARD TO  
SEEING YOU AGAIN IN  
FEBRUARY 2023!!!

-SAND LAKE PTSA

*One Can*

MAKE A  
DIFFERENCE



**FOOD DRIVE**

**NOV. 7 - DEC. 9**



# HILLTOP SKI AREA SNOWSPORTS SCHOOL

## Kids Learn to Ski or Snowboard Scholarship!

FUTURE ALPINE SKIERS AND SNOWBOARDERS WILL BE CHOSEN TO RECEIVE FREE:

- Multi-Week **LESSON PROGRAM** for 4 weeks on Sundays at 1pm
- **RENTAL** Skis/Snowboard, boots, bindings, and helmet for all 4 days of lessons.
- **LIFT TICKETS** for all 4 days of lessons.



"The Anchorage School District does not endorse these materials or the viewpoints expressed in them."



### How to Apply for the Scholarship:

Must be age 7-12 only

We just want to know why you want to learn to ski or snowboard!

- You can write an essay or story telling us why you want to learn to ski or snowboard.

**OR**

- You can draw/paint/create a cartoon, picture or comic that tells us why you're interested in trying downhill skiing or snowboarding.



**Deadline : JANUARY 13, 2023**

### if Picked:

You will need your own gloves, snow pants, jacket, and any other warm weather gear that will be needed the day of the lessons.

This package is for never-ever future skiers and snowboarders.

You can send a photo of your artwork, or your written story/essay to:



 [dlehew@hilltopskiarea.org](mailto:dlehew@hilltopskiarea.org)



**THE SALVATION ARMY**  
ANCHORAGE **GIFT** REGISTRATION

- ❄️ **A**pply online: 10/21- 12/10 @ <https://saangeltree.org>  
Scroll to invitation question and select no then enter your zip code.  
Please have documentation ready to upload.
- ❄️ **R**egister in-person: 11/4-5, 11/18-19, & 12/2-3 (9am-6pm)  
@ The Anchorage Corps Community Center  
1701 C Street, Anchorage, 99501
- ❄️ **G**ift distribution is 12/20-21 @ Anchorage Corps  
Food boxes will not be distributed this year.
- ❄️ **I**tems needed for in-person and online registration:
  - 🔴 Adults must provide photo ID
  - 🔴 Mail verifying your address
  - 🔴 Proof of guardianship of each child with a document proving each child's D.O.B.  
You may use a birth certificate, or a government or school document (ex. approved PFD, public assistance or school print-out)

**TOYS FOR TOTS**  
❄️ **T**oys for children ages 0-14 years

**FOR MORE INFORMATION CALL (907) 276-2515**



## COSTUME FUN



### When to Keep Your Child Home from School Guidelines

**Fever** – A fever is a warning that the body is fighting an infection that could easily spread to others. A child with a temperature of 100.4 F or higher should not be sent to school; your child should stay home until they are fever free without the use of fever-reducing medications like Tylenol or Ibuprofen.

**Colds** – Colds are more difficult to assess. A slightly runny nose and occasional dry cough is not enough to keep your child home. However, if your child's nose runs constantly and/or the cough is frequent and wet, or your child is experiencing nausea or is too tired and uncomfortable to function at school it would be best to keep the child home for a day or two.

**Cough** – If your child has a severe cough, rapid and/or difficulty breathing, wheezing, or the cough is accompanied by a sore throat or not feeling well, the child should stay home from school.

**Diarrhea** – Diarrhea is defined as an unusual amount of very liquid stools compared to the child's normal pattern. Children should stay home until able to participate normally at school.

**Ears** – If your child has pain, swelling, drainage or difficulty hearing, please see your healthcare provider. Untreated ear infections can cause temporary or permanent hearing loss.

**Eyes** – If your child has red, itchy eyes with a clear, yellow or green drainage from the eye, it may be contagious and a sign of bacterial conjunctivitis (pinkeye). A child with pinkeye can attend school as long as they are able to keep from touching their eyes and show that they can properly wash hands after contact with the infected eye.

**Rash** – A rash might be the first sign of an illness. If your child has a rash with a fever and behavioral changes, or a rash that is oozing/open wound, or is tender with the rash worsening, your child should be evaluated by a healthcare provider.

**Sore Throat** – If your child has a sore throat, have the child gargle with warm salt water. If child behavior is normal and the child ate breakfast, it's probably safe to send your child to school. If your child has difficulty swallowing, or you notice saliva building up in your child's mouth because your child can't swallow, please keep your child home. If you notice white spots in the back of the throat please contact your doctor as this could be a sign of an infection.

**Vomiting / Nausea** – Please keep your child home if your child has vomited more than 2 times within 24 hours of school, and/or also has a fever, and/or if they look or act ill.

- If your child requires medication to treat any of their symptoms, please complete the appropriate medication forms found at <https://www.asdk12.org/Page/7810>
- Please do not send cough drops to school without touching base with the nurse. These are treated as a medication by ASD and must be stored in the nursing office. If your child needs cough drops, they may be too sick for school.





# TOMO NO KAI



**Sand Lake Elementary / Sand La...**

[www.asdk12.org](http://www.asdk12.org)

Sand Lake has a vibrant neighborhood program and is home to the Japanese Immersion Program.