



CENTRAL MIDDLE SCHOOL OF SCIENCE

SPORTS/ACTIVITIES PACKET

TO PARTICIPATE IN A SPORT OR PHYSICAL ACTIVITY, THE FOLLOWING MUST BE TURNED IN TO THE OFFICE:

CURRENT PHYSICAL

IF THE PHYSICAL EXPIRES IN THE MIDDLE OF A SPORT'S TIME FRAME, THE PHYSICAL IS NOT CONSIDERED VALID AND A NEW PHYSICAL MUST BE ON FILE. IF YOU AREN'T SURE IF YOUR PHYSICAL IS CURRENT, PLEASE ASK AT THE FRONT OFFICE PRIOR TO COMPLETING THIS PACKET. PHYSICALS ARE VALID FOR ONE YEAR.

IMPACT BASELINE TEST (\$5)

THIS TEST IS REQUIRED BY THE ANCHORAGE SCHOOL DISTRICT. THIS TEST CAN BE PAID AND COMPLETED ONLINE, OR TAKEN AT SCHOOL THE FIRST DAY OF PARTICIPATION. THIS TEST IS VALID FOR TWO YEARS. IF THE TEST IS CONDUCTED AT HOME, PLEASE TURN IN THE PRINTED COPY OF THE PROOF OF COMPLETION TO THE FRONT OFFICE.

FEE

INTERSCHOLASTIC ACTIVITIES REQUIRE A \$110 FEE WITH A FAMILY CAP OF \$390. THE FEE IS DUE AT THE TIME OF SIGN UP. IF YOU QUALIFY FOR A FEE WAIVER, PLEASE RETURN THE FEE WAIVER APPLICATION IN PLACE OF THE FEE.

ACTIVITIES ARE HELD MONDAY THROUGH FRIDAY FROM 2:45 - 4:30 P.M.

FOR SAFETY PURPOSES, STUDENTS WHO ARE NOT ACTIVELY PARTICIPATING IN THE ACTIVITY MAY NOT STAY AND OBSERVE PRACTICES.

PLEASE RETURN THIS ENTIRE COMPLETED PACKET TO THE FRONT OFFICE PRIOR TO THE BEGINNING OF THE ACTIVITY.

