

### Lake Hood

# Home of the Pilots

December 2019

**FLOAT PLANE** 

#### Principal's Corner



Dear Lake Hood Families,

Happy December! December is a short but busy month here at Lake Hood Elementary as we are on our way to finishing the second quarter! We are fortunate to have the best families in ASD! Often times when we think of parent involvement in school, we think about parents who come to the school to volunteer, working with the PTA, and performing other service for the school. However, parent involvement is SO MUCH easier than those time-consuming tasks that we often think of. Parent involvement is having a conversation with your child about their day. For example, you can say, "Describe a book you enjoyed at school today." Or "Let's see what you brought home in your folder." Or "What did you learn about today? What did you learn about that you'd like to know MORE about?" These are all ways for parents to be involved in their child's education. Parent involvement is always appreciated no matter what form it takes. It sends the message to your child that school is important and that YOU value their work in school. If you ever want more information about how you can be more involved in your child's school, please let us know! We wish each of you a wonderful winter break filled with family and friends and look forward to seeing you in the New Year!

Principal

Aimee M. Kabler

Aimee M. Kahler

December Calendar

December 2<sup>nd</sup>



No **PTA** meeting in December, help set up for the Holiday Shop!

December 4th - 13th



December 4<sup>th</sup>



December 5<sup>th</sup>



Student Council meeting 3:30 - 4:30 D109 Ms. Hoffman

December 16<sup>th</sup>



December 18th



Winter Band & Orchestra Concert

2:30 in the MPR







#### Hello!

My name is Theresa Reich and I am an IGNITE Teacher in the ASD Gifted Program. I currently service three schools: Trailside, Spring Hill and Lake Hood. I have been teaching in the Anchorage School District for 21 years, in the gifted program 18 years, and at Lake Hood for 3 of those years. I have also taught at many schools around the district, including grades 1st through 6th! I love learning about new things, trying to solve problems and being creative, and my passion for learning is what I hope to pass on to my students as they go through my class each year and we study many different things.

I was born in Juneau Alaska but have lived in Anchorage since I was in 2nd grade. Most of my family still lives in Alaska. I have an Aunt lives in Sitka, my Uncle lives in Juneau, and my sister, my mom, and my other Aunt live in Wasilla and Palmer. My great-great grandfather was the mayor of Juneau, and on my grandmother's side we have a historical home in Wrangell, where my mother and younger sister were born.

I went to school at Taku, Sand Lake, Mears and A.J. Dimond High, and then continued my education at UAA. I graduated with a Bachelor's of Education degree and then a Masters of Interdisciplinary Studies with an emphasis on Economics and Education. I have three children, Taylor, age 26 and currently getting her master's degree as a doctor in Seattle, Kegan who is still living here in Anchorage, age 29, and Lucas, age 30 who is a lab technician in Utah, and they all graduated from A.J. Dimond High School my alma mater! Which I think is pretty awesome!

I was able to live in Berlin, Germany a few years back for about a year. There, I was able to work with two year olds and teach them English. It was an amazing experience. Learning about the cultural differences I found there has allowed me to understand more about the different cultures here in Alaska, and I truly look forward to going back and traveling to other locations in Europe. I also love reading, drawing, playing games and teaching!





Nurse Laurel Andrews, BSN, RN

Take one for your health!

2019/20 flu vaccination forms have been sent out. In order for your child to receive a flu shot on 12/4/19 -The nurse needs to have them returned to her by 12/3/19. Remember -it takes 2 weeks for the immunization to become effective, so get the vaccination in order to have a virus free Christmas vacation!



DECEMBER 4TH



Proper outer gear

• Check the daily weather report and double check your outer gear before you head to school







# Student Council members will be selling

#### CANDY CANES

December 16<sup>th</sup> – 19<sup>th</sup>



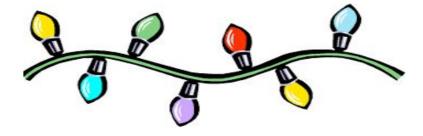
50 cents

All proceeds will be donated to the Center for the Blind!





# Spirit Week



Monday, December 16th
Ugly Sweater and Crazy Sock Day

<u>Tuesday, December 17th</u> Twin Day

Wednesday, December 18th
Holiday Headwear
(holiday hair, hat, scrunchie
or headband)

<u>Thursday, December 19th</u> Pajama Day













No December 4<sup>th</sup> PTA meeting, instead join us and help setup...



# Come out Friday, December 6th from 6 to 8 pm to watch:

The Holiday Shop will
be open at 5:30 pm
(before the movie) in
the Lake Hood Library
for parents and students
to purchase fantastic GIFTS!
~Wrapped for FREE~



Food and refreshments will be available for purchase.
\$10.00 minimum purchase required to use a credit card. Cash is preferred.

~Please stay to help clean up!~







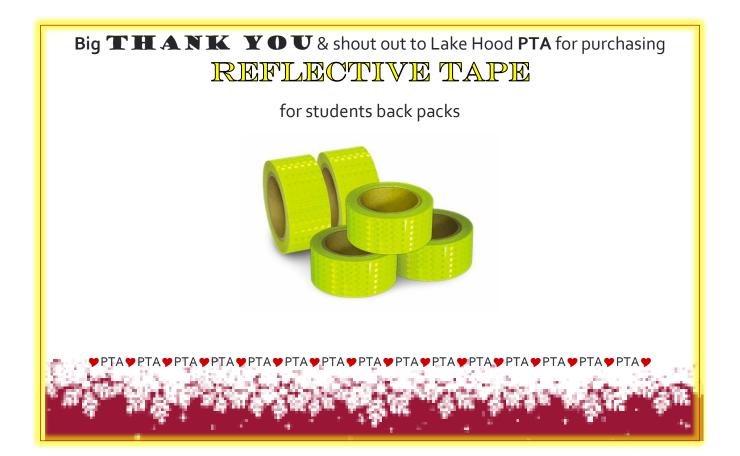
#### This December in **Elementary Health**, your child will study **healthy habits**.

#### Monthly Theme: Healthy Habits

	K	1 <sup>st</sup> Grade	2 <sup>nd</sup> Grade	3 <sup>rd</sup> Grade	4 <sup>th</sup> Grade	5 <sup>th</sup> Grade	6 <sup>th</sup> Grade
	Going to the Doctor and Dentist	How I Breathe	Your Heart, Small But Strong	When Bodies Have Problems	No Smoking	Love Your Lungs	Allergies and Asthma
Links to Parent Bulletins	https://drive. google.com/ open?id=oB1 NaDvxnwkB mNWxYNUR qVkRTdDg	https://drive. google.com/ open?id=oB1 NaDvxnwkB mVVphVFIL NGNXQXc	https://drive. google.com/ open?id=oB1 NaDvxnwkB mVXhObGV XTHRMeGc	https://drive. google.com/ open?id=oB1 NaDvxnwkB mbFdmN3Zx RFZ3UzA	https://drive. google.com/ open?id=oB1 NaDvxnwkB meFdLSjRtN FVBOVk	https://drive. google.com/ open?id=oB1 NaDvxnwkB mNVBiUzY4 VIVfeEE	https://drive. google.com/ open?id=oB1 NaDvxnwkB mVVVRY3lhd 3ZueVE

Catherine Boutin

Health Specialist Spring Hill Elementary School Lake Hood Elementary School





Lake Hood is proud to announce the newest members of the 3000 minutes Reading Club!



## Readers are Leaders

Pictured left to right, Joshua Norvell, Darien Walunga, Jaeson-Lee Barr, Ashari Alexander, Dagan Bisson





The holidays can be mixed with many emotions and parents need to take care of themselves and their children. The American Psychology Association has a few tips:



**Strengthen social connections** – We know that strong, supportive relationships help us manage all kinds of challenges. So, we can view the holidays as a time to reconnect with the positive people in our lives. Accepting help and support from those who care about us can help alleviate stress.

Initiate conversations about the season – It can be helpful to have conversations with our kids about the variety of different holiday traditions our families, friends and others may celebrate. Parents can use this time as an opportunity to discuss how some families may not participate in the same holiday traditions as others. Not everyone needs to be the same. It is important to teach open-mindedness about others and their celebrations.



**Set expectations** – It is helpful to set realistic expectations for gifts and holiday activities. Depending on a child's age, we can use this opportunity to teach kids about the value of money and responsible spending. It is okay to pare down our own expectations, too. Instead of trying to take on everything, we need to identify the most important holiday tasks and take small concrete steps to accomplish them.



Keep things in perspective – On the whole, the holiday season is short. It helps to maintain a broader context and a longer-term perspective. We can ask ourselves, what's the worst thing that could happen this holiday? Our greatest fears may not happen and, if they do, we can tap our strengths and the help of others to manage them. There will be time after the holiday season to follow up or do more of things we've overlooked or did not have the time to do during the holidays.



February 7<sup>th</sup>, a Multicultural Family Night. Look for more details in January newsletter!





for change

Many small donations can add up to BIG change!

Mojo's Hope is a rescue and rehabilitation organization for animals with special needs

Please support Mojo's Hope with your pennies, nickels, dimes and quarters

Donation Jar is outside the door of

A127 and A129



THANK YOU





There is a <u>New App</u> for you to use. It is so much easier than cutting the Box Tops off the packages.

You can still send in the Box Tops, too!

The money we raise this year will be for Contra Bass Bars. Come to the Music Room to play to them.



#### THE NEXT GENERATION OF BOX TOPS IS HERE.

Box Tops is changing to fit today's families. The new and improved Box Tops mobile app uses state-of-the-art technology to scan your store receipt, find participating products and instantly add Box Tops to your school's earnings online.







# Business Partners Students and Schools Linking Family and Community















