



Anchorage School District
Educating All Students for Success in Life

Anchorage School District
5th and 6th Grade

Human Growth and Development Information Form



Parents or Guardians of 5th and 6th Grade Students:

Beginning in January, the **5th grades** will be studying “The Great Body Shop” units called “Growing Up” and “About Blood and AIDS,” and the **6th grades** will be studying “AIDS: What You Need to Know” and the “Reproductive System” as part of the health curriculum. **These units are part of the Anchorage School District’s adopted health curriculum.** Typically, they are taught to the entire class, boys and girls together by the trained Health Specialist assigned to your school.

The units provide basic, relevant information about growing up, including the stages of growth from conception to birth and the onset of puberty. The meaning of friendship and mutual respect are examined. Emotional maturity is defined, decision-making steps for responsible behaviors are discussed, refusal skills for unhealthy and risky behaviors are reinforced, and the importance of setting goals focused on responsibility are emphasized.

A preview opportunity of the materials that your child’s Health Specialist intends to use will be available at your school prior to the beginning of instruction. Please be alert for announcements about the preview at your school via a newsletter, school website, Health Specialist’s website, flyer or other means. Also, it may be important to you to meet your child’s Health Specialist. They certainly welcome the opportunity to meet with parents and can be reached via email to arrange an appointment.

Our health program encourages your child to turn to you for further information. When the time comes, it is important to let your child to know that you are willing to discuss this material with him/her.

The intent of this form is to gather permission, in advance, from parents who are already familiar with the ASD curriculum materials and methods of delivery or who otherwise have no objections to developmentally appropriate human growth and development content for 5th and 6th grade students. Undecided parents can select to postpone their decisions until a later date.

Student’s name _____ Grade _____

Teacher’s name _____

Yes. I give permission for my child to participate in the Human Growth & Development and HIV/AIDS portions of the health curriculum. I believe that I have enough information.

No, not at this time. I realize the Health Specialist will be in contact to discern if more information is needed or if I am resolute in my decision. I understand that more information will be forthcoming and that I can contact the Health Specialist if I have questions.

Parent Signature _____ Date _____