

## Mental Health Resource Documents

After the Earthquake: Helping Young Children Heal

by The National Child Traumatic Stress Network (NCTSN)

[https://drive.google.com/open?id=1SpOq1mZelkXlp44dH\\_MohR7aAZTZKdgo](https://drive.google.com/open?id=1SpOq1mZelkXlp44dH_MohR7aAZTZKdgo)

Age-Related Reactions to a Traumatic Event

by The National Child Traumatic Stress Network (NCTSN)

[https://drive.google.com/open?id=1R11hpMMTDBFQ6e29\\_W4GAdEELF\\_qRj7e](https://drive.google.com/open?id=1R11hpMMTDBFQ6e29_W4GAdEELF_qRj7e)

Helping Children Cope After a Natural Disaster

by National Association of School Psychologists (NASP)

[https://drive.google.com/open?id=1WASynvYcbdeizzs5HwoJ9-nW955K48\\_J](https://drive.google.com/open?id=1WASynvYcbdeizzs5HwoJ9-nW955K48_J)

Identifying Seriously Traumatized Children

by National Association of School Psychologists (NASP)

<https://drive.google.com/open?id=1mqLW9fZ059ILvyl3qe2Fjht5PMitMx9x>

Key Points to Remember After an Earthquake (for principals and staff)

<https://drive.google.com/open?id=1xzYeqznqLYqx907Qa-SQqs0PzmF1VRmi>

Managing Strong Emotional Reactions to Traumatic Events: Tips for Families and Teachers

by National Association of School Psychologists (NASP)

<https://drive.google.com/open?id=1OG7cyNgUoXBnmkvdd0vS8wnM0mkXOw8b>

Natural Disasters: Brief Facts and Tips

by National Association of School Psychologists (NASP)

[https://drive.google.com/open?id=11SbAkzbQyM\\_wkuyQzyPHnRtW1OjOqAm1](https://drive.google.com/open?id=11SbAkzbQyM_wkuyQzyPHnRtW1OjOqAm1)

Parent Guidelines for Helping Children After an Earthquake

by The National Child Traumatic Stress Network (NCTSN)

<https://drive.google.com/open?id=1N3uTp17UV22c4kU1HapWSZdwDUY5NoYK>

Parent Tips for Helping Adolescents after Disasters

by The National Child Traumatic Stress Network (NCTSN)

<https://drive.google.com/open?id=1sSRec4OjiBSds2YASdLGFoHBmkodS5Ka>

Talking to Children about Earthquakes & Other Natural Disasters

by David Fassler, MD. Provided by the American Academy of Child & Adolescent Psychiatry

<https://drive.google.com/open?id=1y9rJegJFBD23PuRAJQTA1frUBnidy9Mh>

Teacher Guidelines for Helping Students after an Earthquake

by The National Child Traumatic Stress Network (NCTSN)

<https://drive.google.com/open?id=1MEGRTNPCqPL5AkpASNHO3fQFvHIWFOR->

Tips for Talking with and Helping Children and Youth Cope After a Disaster or Traumatic Event: A Guide for Parents, Caregivers, and Teachers.

by SAMHSA

[https://drive.google.com/open?id=1\\_4ubTzgvodBcYlc9X9mXYwiD8NN\\_O-Pj](https://drive.google.com/open?id=1_4ubTzgvodBcYlc9X9mXYwiD8NN_O-Pj)

Trinka and Sam: The day the earth shook (story for young children)

by The National Child Traumatic Stress Network (NCTSN)

<https://drive.google.com/open?id=15AM53oyMfkve6eqhVFqnYqnSJMj0UWME>