

Polaris K-12 School

Secondary Spring Intensive Catalog

May 2019



Intensive Registration Window: March 18th through March 22nd

Scholarship applications due: April 4th at 8 AM in the office

Intensive fees due: April 11th

Spring Intensive May 2019

Intensives are wonderful, unique learning opportunities for teachers and students. They will take the place of our regular classes from Monday, May 6th through Wednesday, May 22nd.

Some of the Intensives have a cost attached to them, but we do not want that to dissuade you from following your passion. Our school works hard to raise scholarship money for students who might need assistance paying for Intensives. Scholarship applications are available online and in the front office. **Scholarship applications are due to the office Thursday, April 4th by 8 AM.**

Register for your Intensive by visiting the Polaris website (polaris.asdk12.org) and click on the Quick Link titled Secondary Intensive Registration.

If you are interested in taking an Intensive that is not in your grade level range, you may write a letter to the Intensive teacher explaining why you want to take that particular class and why you feel you are qualified. If appropriate, the teacher will work with you and your family to accommodate your request.

Once students are placed in their intensive you can pay online at <https://parentconnect.asdk12.org/>. Fees should be paid by Thursday, April 11th. Intensive fees cover the cost of materials and field trips. If you anticipate needing more time to pay an intensive fee, contact the instructor directly. Students who have not paid their intensive fee by the start of intensives may be moved to another intensive.

Dungeons & Dragons	Grades 6-12
Emerging Writers	Grades 6-12
Flashmob	Grades 6-12
Juggling	Grades 6-12
Menus From All Over the World	Grades 7-12
Orienteering & Geocaching	Grades 6-12
Paper Quilling	Grades 6-12
Photography	Grades 6-12
Write Your Next Chapter	Grades 11-12
Zion Backpacking Trip	Grades 8-12

DUNGEONS & DRAGONS

Of Dungeons Deep and Caverns Old

“But it is one thing to read about dragons and another to meet them.”

-Ursula K. LeGuin, A Wizard of Earthsea

Teacher: Jeff Bevier

Grades: 6-12

Credit Type: .5 Language Arts Elective

Fee: \$25

Delve deep into ancient caverns in search of lost cities. Protect small villages from the ravages of local bandits. Investigate the rumors of marauding giants. Track a dragon back to its lair in search of a great horde of coins (or butterflies, depending on the dragon).

If you are interested in creating a character and using your wits to role-play, you are welcome to the Dungeons and Dragons intensive. In this intensive we will be creating worlds, rolling up characters and writing the back stories of each. Learn how to be a dungeon master, a mighty wizard, or the Paladin that saves the day. Whatever you choose, in this intensive you will unleash the power of your imagination.



Emerging Writers Retreat

Teachers: Joe Seitz & Mindi Vogel

Credit: Creative Writing

ASD Name: .5 LA Elective/Creative Writing

Grades: 6-12

Fee: \$120



Do you love to write? Are you a budding poet, flourishing storywriter, or even future famous author? Would you like to write in a relaxed, social atmosphere? This creative writing intensive encourages students to challenge themselves technically and artistically through guided daily writing workshops, one-on-one instructor support, group editing sessions, and creative presentations of their work. We will seek inspiration from a four day writing retreat to Homer, and explore both inner and outer landscapes. The final goal of our intensive will be to publish a literary magazine for our community.

Flash, Flash, Flash MOB!

Teacher: Jess Winn

Credits: .5 PE Elective

Grades: 6-12

Fee: \$100.00

Boom! Boom! Boom! Strike a pose, everybody let's Vogue! In this intensive we will have professional instructors from the community help us explore and learn different styles of dance and movement as we come together to choreograph and perform a series of mini flash mobs! Final product? A series of Youtube worthy performances with striking colors and epic dance moves that will rock the tourists around town! Come learn some new techniques and show off your skills!



Juggle, Juggle, Juggle!!!

Teacher: Christian Haich

Credit : Individual Recreational Activities 9 – 12 H6666S Physical Education 6 - 8 M6065

Grades : 6 – 12

Fee: \$30

Have you ever seen a performer on the street or in the circus and thought, “I wish I could do that!”? Well now is your chance! In this intensive, you will be introduced to juggling balls, juggling clubs, juggling rings, diabolos, poi, hoops, object balancing, and flower sticks (also called devil sticks). Each student will set learning goals based on what experience they have with each prop and what they would like to achieve. Then, students will work with Christian and guest instructors to accomplish those goals. This intensive is open to all experience levels. Special Note Participants may want to bring their own equipment to the intensive. For recommendations on equipment, see Christian.



Menus From All Over the World

Teacher: Sarah Birmanns

Credit: .5 Nutrition & Fitness Career Technology, PE with approval in advance

Grades: 7-12

Cost: \$60 per student plus ingredients for some recipes, must be paid one week before class begins.

What Is Your Healthy Eating Style? Need to budget your spending on food but want to stay healthy? Trying to get in shape? Want to live a long life? Enjoy exploring different menus from around the world through visits to local restaurants, research, videos and scientific studies and cooking competitions! Each student will prepare a week's menu of meals for their selected nutrition plan and make snacks and meals with groups to share. Students will also compete to make the best dishes! ***Students who have not taken a cooking intensive yet this year will be given priority.***



Orienteering & Geocaching

Teachers: Larry Frick & Andrea Evans

Credit Type: .5 PE

Grades: 6-12

Fee: \$80

Geocaching is a real-world hide-and-seek “treasure” hunt using GPS coordinates, teamwork, and problem solving skills. Orienteering is finding your way through terrain using map and compass. Join Larry & Andrea on these outdoor adventures this Spring! We are planning hikes, a camping expedition to Sheep Mountain, competitions and more! This intensive will be outside, so dress appropriately for the weather. We will also need parent volunteers to drive and assist with the intensive, so ask your parents! A membership with geocaching.com is free.



Paper Quilling

Teacher: Tuyen Seaton

Credit: .5 Art Elective

Grades: 6-12

Fee: \$20.00 Includes quilling tools and other art supplies that students will be able to keep.

Quilling or paper filigree is an art form that involves the use of strips of paper that are rolled, shaped, and glued together to create decorative designs. The paper is rolled, looped, curled, twisted and otherwise manipulated to create shapes which make up designs to decorate greetings cards, pictures, boxes, eggs, and to make models, jewelry, mobiles etc. Quilling starts with rolling a strip of paper into a coil and then pinching the coil into shapes that can be glued together. There are advanced techniques and different sized paper that are used to create 3D miniatures, abstract art, flowers and portraits among many things. In the Paper Quilling Intensive, you will learn how to make greeting cards, animals, and all types of landscapes from your imagination and creativeness.



