

Tiger Tracks

Northern Lights ABC School Newsletter



CHARACTER BUILDING BLOCKS

Friendship

Respect

Perseverance

Patriotism Generosity

Compassion

Tolerance

Courage Honesty

Self-Discipline

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Dear NLABC Families,

In his 1926 classic, "Winnie the Pooh," A. A. Milne wrote, "Piglet noticed that even though he had a very small heart, it could hold a rather large amount of gratitude." Our little pink friend was grateful for the abundance he had in his life; great friends, a warm place to sleep and a few tasty "haycorns" to eat.

As we conclude 2020, and break for the winter holiday, I want to take a moment to express my heartfelt gratitude to all who help make Northern Lights ABC an amazing place to learn. We are a community with many gifts and talents, which we share daily with one another and most importantly, our students. From the classroom, to our living room, and all points in-between, our collective efforts to raise the whole child are filled with passion, commitment and a willingness to make decisions that may be hard in the present, but will have a positive and lasting influence in the future for all.

Parents, of course, are such a critical part of all we hope to accomplish on behalf of our NLABC scholars. I am grateful to you for masterfully doing what I know firsthand is the hardest, most rewarding and joyous job of all. Thank you for entrusting us with your most precious gift. I am grateful to our wonderful, talented, creative, inquisitive, optimistic, resourceful and resilient students. Often, they make us laugh, sometimes they make us cry, but always they make us think. Most of all, they make us better.

In the spirit of this holiday season, I want to extend my thanks to all of you for everything that you do for our school. As we enjoy the upcoming holidays, it is my fervent wish that each of you receives and returns the seasonal bounty of blessings and good tidings that make these days truly special. It is also during this time that I am reminded of my own good fortune to serve as the proud principal of Northern Lights ABC School. Indeed, my career as a public-school educator has afforded me vast, varied and richly rewarding opportunities to teach and to learn from young people. Of course, I believe the faces of our children best express the true meaning of this holiday season. They radiate a sense of unbridled enthusiasm, untainted hope and unabashed joy for life and the opportunities that await them. We hope to see you soon in 2021. My deepest wish is that our school community stays healthy, happy, and safe.

Partners in Education,
Tammy Duff
Principal

Dates to Remember

12/15/20 - 3/4 & 5/6 Battle of the Books Meeting 2:30-3:30 pm

12/18/20 - **NO SCHOOL** - End of 2nd Quarter - Teacher In-Service

12/21/20 - **Winter Break Begins**

01/01/21 - Lottery opens for 2021-2022 school year

01/04/21 - 1st day of 3rd quarter

01/07/21 - Middle School Academic Awards 8:45-9:30 am

01/08/21 - Academic Awards

Primary 8:45-9:30 am

Intermediate 9:45-10:30 am

01/15/21 - RWB Assembly

Primary 8:45-9:30 am

Intermediate 9:45-10:30 am

01/18/21 - **NO SCHOOL** - MLK Day

See what upcoming events are
happening at our school.
Watch the school calender!

4th Grade Artists

Crayon-Resist Koi & Color Value Landscape



Anna, 4K

Anna and Michelle's art pieces are from two of the great lessons available in the specials Q2 art modules. These are beautiful, ladies!

The 2nd quarter is flying by. As a reminder, students in 1st – 6th grade are required to complete 4 units in EACH of the Special Classes by the end of the quarter. These classes are Art, Health, Music and P.E. Parents, you can check your student's progress via Q Parent Connection [HERE](#) to ensure they have completed this requirement. You can also find information from your student's specialist inside Canvas, or contact us directly if a completed project was missed. Thank you for helping to ensure that your child does not receive a "N" for missing these lessons.



Michelle, 4R

Nurses Notes

10 things you can do to manage your COVID-19 symptoms at home

Accessible Version: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

If you have possible or confirmed COVID-19:

1. **Stay home** from work and school. And stay away from other public places. If you must go out, avoid using any kind of public transportation, ridesharing, or taxis.



6. **Cover your cough and sneezes** with a tissue or use the inside of your elbow.



2. **Monitor your symptoms** carefully. If your symptoms get worse, call your healthcare provider immediately.



7. **Wash your hands often** with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



3. **Get rest and stay hydrated.**



8. As much as possible, **stay** in a specific room and **away from other people** in your home. Also, you should use a separate bathroom, if available. If you need to be around other people in or outside of the home, wear a mask.



4. If you have a medical appointment, **call the healthcare provider** ahead of time and tell them that you have or may have COVID-19.



9. **Avoid sharing personal items** with other people in your household, like dishes, towels, and bedding.



5. For medical emergencies, call 911 and **notify the dispatch personnel** that you have or may have COVID-19.



10. **Clean all surfaces** that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.



CS 315822-A 07/01/2020

cdc.gov/coronavirus

INTERNET SAFETY



If you have questions about filters or you are struggling with your student's internet activity, below are links to Common Sense Media and Cloud Flare.

<https://www.commonsensemedia.org/blog/why-the-best-parental-control-is-you>

<https://blog.cloudflare.com/introducing-1-1-1-1-for-families/>

If you would like more information on internet safety and security please visit the Student & Family Resources page on the Anchorage School District's website or click on the link below.

<https://www.asdk12.org/safecomputing>

NLABC LOTTERY



The 2021-2022 school year lottery opens for applications on January 1st. **Please remember that if your student has a sibling you would like to attend NLABC you still need to apply through the lottery.** Please call us at 742-7500 if you have any questions.

Click on the link to apply <https://lotapp.asdk12.org/apply/>

Optimize your Chromebook

The ASD Tech department asked us to share the link below with our Families. It shows you what to look for when there is an update for your students ASD Chromebook. When you complete these updates it will help the Chromebook to run the programs on it with less issues. Please remember to power off your Chromebook at least once a week so updates can install. If you have any questions please contact the IT department at help.asdk12.org



<https://asdhelptlassian.net/wiki/spaces/SFS/pages/325615619/Update+your+Chromebook>

Contact Information



Please make sure your information such as cell phone numbers and email addresses are up to date. Often, we try to reach out to share information and the emails are returned or the phone number is incorrect. To change your information please click on the link below. We appreciate your help with this matter.

<https://docs.google.com/forms/d/1BAmCaR9Xzsj-9HzXmdDpNYGaaTitwdieiUYvSyMBjvQ/edit?ts=5fc948f8>



38th Annual UAA/ADN Creative Writing Contest!

We are happy to announce that the 38th Annual UAA/Anchorage Daily News Creative Writing contest is now open for submissions.

The deadline for entries is
Monday, February 15th at 5 p.m.

Submissions are judged by panels of editors, writers, teachers and librarians. First place winning entries are published online and will have a congratulatory ad in the printed version of Anchorage Daily News.

[CLICK HERE](#) for the rules, entry form, **cash prizes** and more information. If you have questions or problems, please feel free to email creativewritingcontest@adn.com.

Happy writing

Anchorage Daily News
University of Alaska Anchorage
The Alaska Center for the Book

The contest is open to Alaska residents. All judges, editorial or administrative employees of Anchorage Daily News, faculty or administrative employees of the University of Alaska and board members of the Alaska Center for the Book are ineligible. College students who maintain Alaska residency may enter.

Northern Lights ABC Winter Fun Bingo
Open to Grades K-8

December 16th from 7-8pm

Join us for a fun filled bingo night
with a sing along too!



Prizes will be awarded to 4 lucky participants through a drawing!

Join Zoom Meeting

<https://asdk12.zoom.us/j/92576022872?pwd=bzVsYjZvQXdYbG9pK3Nsbkg5U1JUZh09>

Meeting ID: 925 7602 2872

Passcode: nlabc

The maximum number of participants is 300 due to Zoom limits.

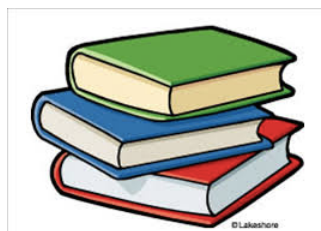


Congratulations!

Our 3rd & 4th grade Battle of the Books winners are:

Abby Shen
Addison Hart
Cayla Homerding
Esther Quan
Glory Afieroho
Matthew Millanes
Nelly Osara
Semi Akindipe

These students will represent Northern Lights ABC at the District Battle in January. Great job Tigers!!!



NLABC Staff



The facility and staff at NLABC would like to wish you a happy and safe winter break. Remember Zoom classes resume on January 4th.

Can you guess the staff members?



Hi, I am Ngozi Njoku.

I was born and raised in the northern part of Nigeria. My family and I lived in Houston, Texas for six years and relocated to Beijing, China for a couple of years. We moved to Anchorage, Alaska five years ago. I obtained my Bachelor of Science in Nursing at the University of Texas. I have been a nurse for about ten years and have worked with the ASD for five years. This is my third year at NLABC. It has been a joy working with the students and staff.

I have three kids, Michael (13), Naomi (12) and Ethan, who is 13 months old. My older kids are in middle school at NLABC. My family and I love participating in outdoor activities, playing board games, watching movies, traveling and spending time with friends.



Hello, I'm Jonae Berg.

I am the TA in the afternoon kindergarten class. This is my fourth year in this position, but our two boys first brought us to Northern Lights in 2013.

Though I grew up in the Midwest, our family has made our home in Anchorage for the last 13 years. In my free time I enjoy playing piano and singing, traveling with my husband and helping out at our church. I feel blessed to be a part of such a great group of families learning together at Northern Lights.



Join Girl Scouts of Alaska for no cost this year!

Now, more than ever, Girl Scouts serves as a vital source of support, consistency and community for girls and families. As girls attend school virtually and practice social distancing, the connections that Girl Scouts fosters between girls are critical. Girl Scout programming provides a safe, inclusive and welcoming environment for girls to try new things, explore the world around them, make a difference in their community, and develop

relationships with other girls and caring adults.

There are many ways girls may participate from joining a local virtual troop to an Alaska wide virtual troop, to signing on as an independent girl to work through programs and earning badges. For the 2020-2021 membership years we are waiving any membership fees.

Visit our website for information or check out our Event List for upcoming and exciting programming: <https://www.girlscoutsalaska.org/en/events/event-list.html>

Text 'JoinGSAK' to 50601 today to get started or call or email to get more information or ask questions: 907.248.2250 – customercare@girlscoutsalaska.org.

Support NLABC PTA by joining at :
<https://nlabc.memberhub.com/join/ny3j74>

COVID-19 LINKS

Trusted Official Websites to stay informed about COVID-19:

CDC [Center for Disease Control and Prevention](https://www.cdc.gov)

WHO [World Health Organization](https://www.who.int)

DHSS [State Department of Health and Social Services](https://www.dhss.alaska.gov)

ANCHORAGE. [Municipality of Anchorage](https://www.municipalityofanchorage.org)

On-Line Learning

On-Line Classroom behavior to remind kids: [Zoom Etiquette](#)

Best Practices for Parents: [Help Your Child Learn](#)

Parents/Student Tech Help: [ASD Technology HelpDesk](#) or call 907-742-4357

Family link Resource to everything! [ASD Family Resources Website](#)

Note: Always check your email and text messages

Anchorage School District: [ASD Homepage](#)

Northern Lights ABC School: [NLABC Homepage](#)

Northern Lights ABC Facebook: [NLABC Official Facebook](#)

DID YOU KNOW?

Meals during closure for students are available:

[ASD Student Nutrition](#)

Character Building Blocks



Friendship

Respect Perseverance

Patriotism Generosity

Compassion Tolerance

Courage Honesty

Self-Discipline Humility

Self-Confidence Work

Independence Helpfulness

Sportsmanship Loyalty

December 2020

GENEROSITY – The quality of being kind, understanding and unselfish.

COMPASSION – Wanting to help someone who needs help.



-End of Newsletter-