

Tiger Tracks

Northern Lights ABC School Newsletter



CHARACTER BUILDING BLOCKS

Friendship

Respect

Perseverance

Patriotism Generosity

Compassion

Tolerance

Courage Honesty

Self-Discipline

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	Block

Dear Parents,

It was so wonderful to see our K-3 students back in the building this week! I can't tell you how much seeing them and listening to them warms our hearts. On the first day of school, I was helping a kindergartener with dismissal. I asked him how he liked school. His response was, "It was the best day of my life! I love kindergarten! I'm coming back tomorrow!" I cannot express how much that makes me smile and hope everyone enjoyed their "first" day back.

A few reminders:

1. Please make sure your child has all of their winter gear for outside recess. They need a coat, boots, hat, gloves, and snow pants.
2. Please have your child exit your vehicle and enter your vehicle quickly. It helps when you pull up so we don't get backed up on Dowling or Lake Otis.
3. For safety reasons, please use the crosswalk and have your child exit on the right side of the vehicle.
4. ASD is not having in person or online parent teacher conferences since we are returning to face to face. If you have questions or concerns, please reach out to your child's teacher to set up a meeting. The meetings will be held before and after school via phone or Zoom.

I am also proud to announce that all students in 4th-8th grade will be returning to school on February 8th. I will be having a parent meeting on Monday, February 1st from 5-6 pm. It will be recorded for those who are unable to make it. I will also send it out via email the next day.

<https://asdk12.zoom.us/j/95596159537?pwd=ME90TVlhN2hiRGZjMzFOV0JhNlh3QT09>

Meeting ID: 955 9615 9537
Passcode: 717497

I am looking forward to seeing many of you at our Zoom meeting for 4th-8th grade parents. Please remember to sign in with your name. Our Zoom can only hold 300 people.

Partners in Education,
Tammy Duff, Principal

Dates to Remember

02/01/21 - 4th - 8th grade Parent Meeting 5:00-6:00 pm

Meeting ID: 955 9615 9537

Passcode: 717497

02/02/21 & 02/04/21 - 3rd grade MAP testing

02/08/21 - 4th - 8th Grade Return to In-person School

02/15/21 - **NO SCHOOL** - President's Day

02/17/21 - Middle School District Battle of the Books

03/08/21 - 03/12/21 - Spring Break

03/18/21 - Lottery Closes for Applications

See what upcoming events are
happening at our school.
Watch the school calender!

2021-2022 Kindergarten Information

We are excited to announce that starting next school year (2021-2022) our kindergarten will be full-day! If you have a child who will be starting Kindergarten next year. Please remember to enroll them in the lottery.



NLABC LOTTERY



The 2021-2022 school year lottery is currently open for applications until March 18th. **Please remember that if your student has a sibling you would like to attend NLABC you still need to apply through the lottery.** Please call us at 742-7500 if you have any questions.

Click on the link to apply <https://lotapp.asdk12.org/apply/>

Contact Information



Please make sure your information such as cell phone numbers and email addresses are up to date. Often, we try to reach out to share information and the emails are returned or the phone number is incorrect. To change your information please click on the link below. We appreciate your help with this matter.

<https://docs.google.com/forms/d/1BAmCaR9Xzsj-9HzXmdDpNYGaaTitwdieiUYvSyMBjvQ/edit?ts=5fc948f8>

Nurses Notes

KEEP ASD SYMPTOM FREE



At Home Health Screening for Parents and Guardians

Ask these questions at home before sending students to school. Anyone who answers "yes" to one or more of these questions must not enter the school or participate in a school sport or activity.

1

Within the last 10 days, have you been diagnosed with COVID-19 or had a positive test for the virus?

2

Have you had any of these symptoms in the last 24 hours?

- Fever (defined as a temperature 100.4F or higher)
- Chills
- New trouble breathing or shortness of breath
- New cough
- Diarrhea
- Abdominal pain
- Vomiting
- Fatigue
- Joint pain
- Muscle aches or body aches
- New rash
- Loss of taste or smell
- Sore throat
- Headache
- New congestion
- New runny nose

3

Do you live in the same household or have you had close contact in the last 14 days with someone who has tested positive for COVID-19? Close contact counts if you have been within 6 feet for more than 15 minutes (cumulative over 24 hrs), or if someone from public health contacted you to let you know you are a contact.

Note: If a child or staff member lives with someone else who was named as a contact, it is okay for the child or staff member to go to school. We do not quarantine contacts of contacts.

STAY HOME or go home immediately if the answer is YES to one or more questions above. The next step is to call a doctor and consider getting tested for COVID-19. Do not go to the doctor's office without calling first. Seek emergency care immediately for difficulty breathing, chest pain, confusion, sleepiness, or other severe problems.

Parents / guardians should follow the Return to School Options pathway (see reverse) to determine when to send students back to school. DO NOT send student to school with any of the above symptoms.



Anchorage School District
Educating All Students for Success in Life

www.asdk12.org

Traveling During Spring Break?

Dear NLABC Families,

I know spring break is coming up and some of you will be traveling out of town. **Below is the ASD return to school policy for out-state of travel.**

Travel Guidance

ASD complies with the State Health Mandate 10 for returning to work/school following out of state Travel. If an individual develops symptoms during their 5 days of strict social distancing, they are moved to a [Suspected Case](#). If they test negative, they must still complete their 5 days of strict social distancing.

- Health Mandate 10 was revised on 16 October 2020 [LINK](#)
- The mandate applies to all persons entering Alaska by any form of travel.
- Children 10 and under are exempt from the testing requirement. However, untested children traveling with a parent or guardian must remain in the same status for the same duration as the parent/guardian (self-quarantine and/or strict social distancing).
- All travelers must complete a travel declaration form and self-isolation plan in the Alaska travel portal [LINK](#)
- Staff/students have two options for returning to work/school
 - Option 1
 - ♣ Submit proof of a negative test taken within 72 hours before arrival.
 - ♣ Must follow strict social distancing** for 5 days after arrival. **(NEW)**
 - ♣ A second test between 5-14 days after arrival is recommended but not required. **(NEW)**
 - Option 2
 - ♣ Arrive in Alaska without a test and receive a test at the airport at no cost.
 - ♣ Self-quarantine until a negative test returns.
 - ♣ All travelers with negative results from the arrival test must follow strict social distancing** for 5 days after their arrival in Alaska.
 - ♣ A second test between 5-14 days after arrival is recommended but not required.
- ♣ A resident may still decline a test; however, they must quarantine for the 14 days after arrival.
- ♣ An Alaska resident may travel outside of the state for less than 72 hours with the following requirements.
 - No test or quarantine is required
 - Residents will self-monitor for 14 days after arrival for any symptoms, even mild ones.

****No school/work during strict social distancing.**

NLABC STAFF



This is Mr. Anderson (music teacher) and I was born in Laramie Wyoming. I moved to Alaska when I was 3 years old. At age 11, I followed my brother's footsteps and joined the band program as a percussionist. Taking private lessons from John Damberg, Professor of Percussion at University of Anchorage Alaska, I began my pursuit towards learning percussion at a young age. Throughout high school I played in jazz band, symphonic band and a personal rock group and continued to study music until graduating from

Bartlett High School.

I then went on to attend Wayland Baptist University in Plainview Texas to study music education immediately following graduation. As a music student, I was involved in Marching Band, Concert Band, Pep Band and Jazz Band. I also completed a master's degree in percussion performance from the University of Northern Colorado, studying with Gray Barrier and Jim White. I have appeared as a performer with the Anchorage Symphony Orchestra (Anchorage, Alaska), the Greeley Philharmonic Orchestra (Greeley, Colorado), the Plainview Symphony (Plainview, Texas), and the Anchorage Youth Symphony (Anchorage, Alaska) with several performance awards from academic institutions, including first place winner in Southerd Music Competition at the University of Northern Colorado and first place winner in the Music Achievement Awards from Wayland Baptist University. I am currently the principal timpanist (since 2015) for the Anchorage Symphony Orchestra and, of course, the music teacher for Northern Lights ABC!



This is Tidy Tiger, the mascot for NLABC. On January 20th he was outside to greet our K-3 students when they arrived back to school. He was excited to see our youngest students in person.

Tiger Reading Assembly Recognition

RW&B Intermediate Assembly Recognition - November
January 29, 2021

Level 3, 15,000 Pages

Sarah Han
Sylad Stone

Level 4, 20,000 Pages

Khushi Bharti

Level 7, 35,000 Pages.

Abby Shen
Christine Han

Level 8, 40,000 Pages

Eva Pokidov
Mykailla Fischer

Level 9, 45,000 Pages

Ava Taylor

Level 13, 65,000 Pages

Autumn Stone

Level 15, 75,000 Pages

Miles Berg

Level 16, 80,000 Pages

Camden Nickerson

Level 18, 90,000 Pages

Madelyn Nickerson
Sawyer Nickerson

Level 19, 95,000 Pages

Shaan Sujith

Level 20, 100,000 Pages

Isabella Maddamma



Tiger Reading Assembly Recognition

RW&B Primary Assembly Recognition - November

January 29, 2021

BR1 K-1st 1,000 Pages

Ethan Le
Isabelle Castillo
Katness Castillo
Susan Diallo

BR2 K-1st 3,000 Pages

Carter Hooyer
Ramsey Marlatt
Trent Wu
Vance Best
Ryden Goodrich
Martin Lawrence
Ayana Mucha
Teagan Hart

Level 1, 5,000 Pages

Chichi Halim
Ryker Pont
Calliope Stone
Ahsoka Young
Noah Gillespie
Kallie Marlatt

Level 2, 10,000 Pages

Isaac Evanson

Level 3, 15,000 Pages

Danica Valinske
Aliza Malpaya
Jacob Martinez

Level 4, 20,000 Pages

Josephina Reid
Esther Quan
Zhoh Belmont

Level 5, 25,000 Pages

Artemio Rivera
Phoebe Branson

Level 6, 30,000 Pages

Brynlee Jeppson
Yuan Ravana

Level 8, 40,000 Pages

Suin Kim

Level 10, 50,000 Pages

Oscar Scordino





T.I.G.E.R. READING CLUB UPDATE

November 2020

November 2020 total student pages read: 217,956

LESS staff pages read of 4,743

Pages left to 4.5-million-page-goal: 3,364,523

Readers who met the November pages-read goal: 121!!!

-PRIMARY CLASS TROPHY K-3 WINNER: Highest Percentage Meeting Goal

4-Way Tie - Mrs. Morris, Mrs. Pugh, Mrs. Barnett & Mrs. Heinrich

-INTERMEDIATE CLASS TROPHY 4-6 WINNER:

2-Way Tie: Mrs. Voelker & Ms. Frackman

-GRADE LEVEL TROPHY WINNERS:

KINDER - Mrs. Kelly PM

1st GRADE - Mrs. Gionet

2nd GRADE - Mrs. Morris, Mrs. Pugh

3rd GRADE - Mrs. Barnett, Mrs. Heinrich

4th GRADE - Ms. Basinger

5th GRADE - Mrs. Hughes

6th GRADE - Ms. Frackman, Mrs. Voelker

STAFF PRIZE WINNER FOR THE MOST PAGES PERSONALLY READ in November '20
Ms. Kelly in the library with 3,565

You will find the link to enter this month's pages along with lots of information about T.I.G.E.R. Reading on the [Tiger Reading Club Page](#). Recording sheets for each month are open from the 1st to the 5th of the month.



Middle School Meeting

Middle School will be meeting on Tuesdays and Wednesdays.

Time: 12:00 - 12:30 pm

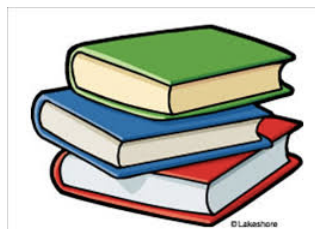
Meeting ID: 954-9193-2859

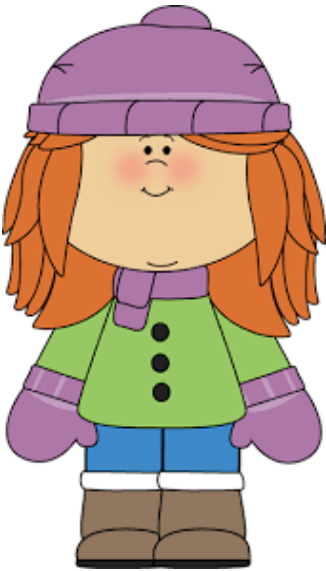
Password: msbob

District Middle School Battle of the Books

February 17th via Zoom

Please watch your email for more information.





For Health Reasons...
Students are **not allowed**
to borrow gear from the
Lost & Found that does
not belong to them.

Recess Dress Code:

Grades 1-4

Temperature- Below Freezing (32 degrees)

Required to attend Recess:

*Warm Coat
*Hat or Hood
*Gloves

Snow on the Ground

Required to attend Recess:

*Warm Coat
*Hat or Hood
*Gloves
*Snow Pants
*Boots

Grades 5-6

Temperature- Below Freezing (32 degrees)

Required to attend Recess:

*Warm Coat
*Hat or Hood
*Gloves

Snow on the Ground

Required to attend Recess:

*Warm Coat
*Hat or Hood
*Gloves
*Boots

Encouraged:

*Snow Pants

Snowpants are required
for soccer, football and
the sledding hill.

Grades 7-8

Required:

*Coat

Encouraged:

*Warm Coat, Hat or Hood, Gloves,
Boots, Snow Pants

Students who do not have proper outdoor gear will go to study hall.

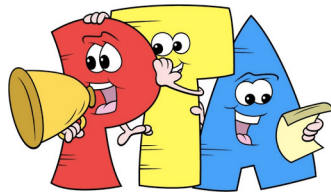


FREE SCHOOL MEALS

ASD is offering free breakfast and lunch at NLABC for **ALL STUDENTS** (1st - 8th grade) through the end of the school year.

AM Kindergarten - Will be served **breakfast only**.

PM Kindergarten - Students are not in the building during food service hours.



Stay Warm while looking cool & let us hear you roar with NLABC Pride!

We have NLABC beanie hats for sale. These hats were designed by our own Mr. Shasby. You can get your very own hat for just \$30. To place your order click on the link

<https://nlabc.memberhub.store/store>

Remember to include your child's name and teacher when you place your order. The estimated delivery date is Mid-February. However, due to COVID, we kindly ask for your patience if the delivery is delayed. If you have questions, please contact NLABC PTA at nlabcpta@gmail.com.



Support NLABC PTA by joining at :
<https://nlabc.memberhub.com/join/ny3j74>

Arctic Gymnastics

After School Pick Up

Arctic Gymnastics will be offering after school pick up from NL ABC! Kids will come straight to the gym and have time for snack and open gym to release some energy before starting any homework or zooms. When kids get tired they will have the option to go to our game room and play or get a head start on any homework.



"It's like an indoor playground"

Our 15,000 sq ft facility includes trampolines, bars, rings, ropes, 50 ft long tumble track, beams, and so much more! Kids needing zoom time will have their own private cubicle for schooling.

Spots are limited

Please call us for more info (907-563-3330)

The Anchorage School District does not endorse these materials or viewpoints

COVID-19 LINKS

Trusted Official Websites to stay informed about COVID-19:

CDC [Center for Disease Control and Prevention](#)

WHO [World Health Organization](#)

DHSS [State Department of Health and Social Services](#)

ANCHORAGE. [Municipality of Anchorage](#)

ASD COMMUNICATION

Note: Always check your email and text messages

Anchorage School District: [ASD Homepage](#)

Northern Lights ABC School: [NLABC Homepage](#)

Northern Lights ABC Facebook: [NLABC Official Facebook](#)

Character Building Blocks



Friendship

Respect Perseverance

Patriotism Generosity

Compassion Tolerance

Courage Honesty

Self-Discipline Humility

Self-Confidence Work

Independence Helpfulness

Sportsmanship Loyalty

February 2021

HONESTY – Integrity, Honor, Sincerity, Truthfulness

LOYALTY – Allegiance, Faithfulness, Devotion, Dedication



-End of Newsletter-