

TIGER TRACKS

Northern Lights ABC School Newsletter

CHARACTER BUILDING BLOCKS

Friendship

Respect Perseverance

Patriotism Generosity

Compassion Tolerance

Courage Honesty

Self-Discipline Humility

Self-Confidence Work

Independence Helpfulness

Sportsmanship Loyalty



September 21, 2020

Dear Parents,

What a wonderful fall we are having! I always enjoy watching the leaves change and settling in with a good book, blanket, and my dogs for cozy weekends.

I just wanted to remind you that our elementary students will be having their first RWB of the year on October 2nd. We will have two different Zoom sessions for primary and intermediate. I have the links below. Your child's teacher will post the links to join in Canvas so you will be able to join us.

Please encourage your child to show their school spirit and wear red, white, and blue on that Friday. We will be recognizing students who earned the citizenship award as well as those students who have earned awards from our Tiger Reading Program. Mr. Anderson has posted the two songs that students will be singing for RWB.

We will be conducting parent-teacher conferences this year via Zoom. The teachers will be explaining more about this in the weeks to come. Parent teacher conferences will be October 21-23. Some teachers may schedule around those days as well to best meet the needs of our families. Parent teacher conferences are a great way to communicate about how your child is progressing in school, share any concerns, and to work in a partnership to best meet your child's academic needs.

Primary RWB from 8:45-9:15

[https://asdk12.zoom.us/j/91785495085?](https://asdk12.zoom.us/j/91785495085?pwd=V1M2aGR0OHdCLzY0eVRHSTM3bWQxZz09)
[pwd=V1M2aGR0OHdCLzY0eVRHSTM3bWQxZz09](https://asdk12.zoom.us/j/91785495085?pwd=V1M2aGR0OHdCLzY0eVRHSTM3bWQxZz09)
 Meeting ID: 917 8549 5085. Passcode: RWB

Intermediate RWB from 9:45-10:15

[https://asdk12.zoom.us/j/96568847467?](https://asdk12.zoom.us/j/96568847467?pwd=OXBTVDNkN1c4bEg3VHJwa0VmL3VGdz09)
[pwd=OXBTVDNkN1c4bEg3VHJwa0VmL3VGdz09](https://asdk12.zoom.us/j/96568847467?pwd=OXBTVDNkN1c4bEg3VHJwa0VmL3VGdz09)
 Meeting ID: 965 6884 7467. Passcode: RWB

Have a wonderful weekend,
 Mrs. Duff

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NLABC School Calendar

- 09/26/20 - Immunization Clinic 8am - 8pm at the Ed Center
- 09/30/20 - Immunization Clinic 8am - 8pm at the Ed Center
- 09/26/20 - National Bike Your Park Day
- 10/02/20 - RWB Assembly (See Mrs. Duff's letter for more information)
- 10/07/20 - Primary (K-3) Curbside Materials Pickup 9am - 3pm**
- 10/14/20 - Flu Shot Clinic at NLABC 10am - 1:00 pm
- 10/15/20 - End of 1st Quarter
- 10/16/20 - **NO SCHOOL** Teacher Inservice
- 10/23/20 - **NO SCHOOL** - Professional Development Day
- 10/29/20 - Middle School Academic Assembly
- 10/30/20 - Primary Academic Assembly
 - Intermediate Academic Assembly

See what upcoming events are happening at our school. Watch the school calender!

Sosa Tuesday Night Races

Feeling cooped up this year? It's time to break out of your shell, don't pop that bubble though. Season 52 of the Bonny Sosa Tuesday Night Races is a go! Join us for our virtual races and compete against your friends times while keeping your social bubble tighter than the laces on your shoes.

This year the Bonny Sosa Tuesday Night Races will take place virtually over the course of 3 days out of the week. The Races will be held on September 15, 22nd, 29th, October 6th and 13th. Starting on the Tuesday before, registration will open for our virtual Tuesday Night Races! Once you register, you will receive a link to the Map, our weekly Race Curated Music playlist, and a link to the Google Form Doc where you can submit your times.

[Click here](#) to register



2020 SCHEDULE

SEPT 15	Kincaid Nordic Stadium
SEPT 22	Hillside Park
SEPT 29	Abbott Loop Community Park
OCT 06	Russian Jack Chalet
OCT 13	Kincaid Jodhpur Trailhead

*Race locations are subject to change.

TUESDAY NIGHT RACES

The BONNY SOSA TUESDAY NIGHT RACE SERIES is an Anchorage family tradition.
These fun runs are like no other in Anchorage. Come join us and run through the seasons!

Registration:
On-line at www.muni.org/Active

Virtual Race runs Tuesday 6p through Thursday 10p

RACE DIVISION	DISTANCE	CLASS
Munchkin League	1-5K	Kids & Kids at Heart
Farm League	3-10K	Recreational Runners
Lightning League	4-12K	Competitive Runners



T.I.G.E.R. READING CLUB UPDATE

Summer Reading (May through August 2020- Year of -19)

Special thanks to Mrs. Heinrich's class for entering names Last, First !!!

Summer 2020 total student pages read: 514,468

LESS staff pages read of 63,210

Pages left to 4.5-million-page-goal: 4,048,742

Readers who met the 2,500 page summer goal: 81

-PRIMARY CLASS TROPHY K-3 WINNER – Highest Percentage Meeting Goal

Tie: Mrs. Barnett & Mrs. Heinrich

-INTERMEDIATE CLASS TROPHY 4-6 WINNER:

Tie: Ms. Basinger, Mr. Rath, Mrs. Voelker

-GRADE LEVEL TROPHY WINNERS – Highest Percentage Meeting Goal

KINDER - Mrs. Kelly PM

1st GRADE - Mrs. Gionet & Mrs. King

2nd GRADE - Mrs. Morris

3rd GRADE - Mrs. Barnett & Mrs. Heinrich

4th GRADE - Ms. Basinger & Mr. Rath

5th GRADE - Mrs. Hughes

6th GRADE - Mrs. Voelker

-PLEASE DELIVER THE TROPHIES TO THE WINNING CLASSROOM.

-TEACHER/PRINCIPAL/STAFF PRIZE WINNER FOR THE MOST PAGES PERSONALLY READ May to August 2019 Ms. Kelly in the library with 15,756

Tiger Reading Overview

We are excited about the MANY new students we have at Northern Lights and can't wait to meet them in person or AT LEAST in zoom! Whether you are new to NLABC or a veteran, we hope your children are reading voraciously in print / electronically and recording their pages on the Tiger Reading Log (or recording the information needed for a Tiger Reading Log on a piece of paper). The log is linked on the T.I.G.E.R. Reading Club page of the Northern Lights Website @ <https://www.asdk12.org/Page/11563>. You can find LOTS of Tiger Reading and library Information there.

Since we have so many new students and are learning remotely, I hoped to review some key points about the T.I.G.E.R. Reading Club. First, the program is volunteer run, and **Covid-19 makes data collection/management a bit more challenging and time consuming. Please be kind to our volunteer team.** Next, the Tiger Reading program is for optional reading, not classwork reading, and is described in detail on the T.I.G.E.R. Reading Club page. Students read voluntarily, and track their pages-read for parent verification. During school closure, we will **accept pages-read totals electronically each month via a form which will be found on the T.I.G.E.R. Reading Club page @ <https://www.asdk12.org/Page/11563>, and available ONLY from the 1st to the 5th of each month.** When possible, the form will open early, but it will always close on the 5th of the month.

Students pages are accumulated during their years at Northern Lights up to 6th grade. Pages read are recognized and rewarded TWO ways: 1) When the monthly pages-read goal is met, students

are rewarded with a Tiger Buck, which can be redeemed at the Tiger Store. Because the Tiger Store is currently closed along with the school, Ms. Collins has banked Tiger Bucks that are earned by students. 2) The second way pages-read are rewarded and recognized is by levels as shown on the Prize Leveled Chart from Beginning Reader prize levels of 1,000 pages to 100,000 pages. The yellow coded levels on the chart are special in that individual students will be invited to come forward and shake hands with Mrs. Duff. No contract is required to begin participating in T.I.G.E.R. Reading Club - just page tracking with parent verification. I hope to see MANY students reading when the September Pages are submitted electronically!





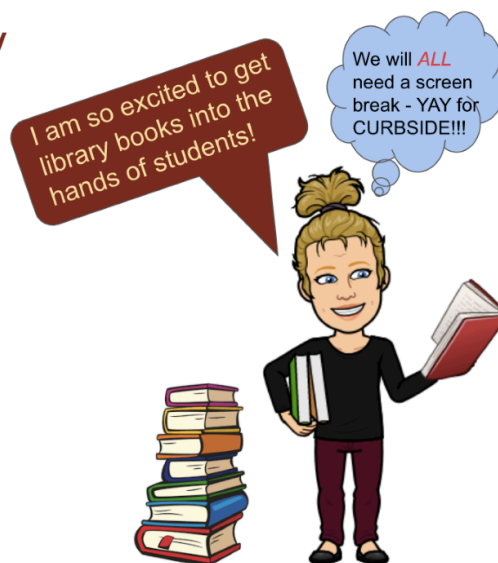
Visible Friendship

4th graders listened to *The Invisible Boy* by Ludwig, then thought about how to make sure others are “visible” - included, respected, and befriended - by the things we say, do, and show with our body language. Here are some 4th grade thoughts.

- ~~ Friendship looks like people playing together and having fun.
- ~~ I can help someone be visible by including them in the games I play with my friends.
- ~~ Friendship feels like not being alone and having fun.
- ~~ My idea is to go up to someone and say, “Hi!”
- ~~ Friendship sounds like me saying, “Do you want to sit with us?”
- ~~ One way to help someone be visible is by spending time with them and introducing them to your friends!
- ~~ Friendship feels like sharing with each other.
- ~~ I can make someone feel included by treating them the way I want to be treated.
- ~~ My idea is always to include everyone.
- ~~ Friendship sometimes feels like a warm feeling or feeling comfortable because you are feeling happy that you are not alone.
- ~~ One way to make someone visible is to stand up for them.
- ~~ Friendship feel like having someone's back.
- ~~ Friendship feels like sharing with each other.
- ~~ My idea is kids don't get left out and we can all play together.
- ~~ A way to make people feel visible is to get to know them and hang out with them , even if you just say, “Hi” and chat for a minute then that will make them feel visible. It would make me feel visible.

Library News

Northern Lights Library



<https://tinyurl.com/NLABC-Curbside>

Starting **Storytime on Wednesday-**

Join Ms. Collins and Ms. Kelly for a read-aloud! Links and passwords are in students' Clever account on the library page. Grades 3-6 will hear Battle of the Books titles, and K-2 will hear stories on alternate topics.

K-2 9:15-9:45

3-4 10:00 - 10:30

5-6 10:45 - 11:15

NLABC STAFF



Hi! I am Karey Hughes, I teach 5th grade at NLABC and this is my 22nd year teaching in the Anchorage School District. I have taught every grade level 1st-6th, but 5th is proving to be my favorite. I have lived in Alaska all of my life, besides attending some college years at Western Washington University in Bellingham, Washington. I was raised commercial fishing in a village in Southwest Alaska and still return every summer to subsistence fish and continue our traditional way of life, village style. My passion is anything that has to do with the ocean. I love kayaking and walking the beach to explore what the ocean decides to wash up for us to see. I have twin daughters that are 15, a husband that cheers me on in this adventure called life, and three dogs that make our house a home. I absolutely love NLABC and strongly believe it is the best school in the Anchorage School District.



I graduated from the University of Alaska Southeast with a Master's in Elementary Education. I have taught as an Intervention Teacher and Third Grade Teacher. I love sharing the joy of learning with my students. During my free time I enjoy reading and spending time with family and friends. - Mrs. Heinrich
3rd Grade

Nurse's Note

Dear NLABC Families,

Good morning. As per Dr. Bishop's email, face to face learning begins **October 19th** and my goal as the School Nurse is to take every possible precaution to ensure that every child is healthy and safe. Please read this email carefully if your child is scheduled to resume school.

CURRENT ASD GUIDELINES:

- **ALL STUDENTS WILL BE REQUIRED TO WEAR MASKS.** For Parents with younger kids, you can start practicing proper mask wearing with the children at home.

If your child is unable to wear a mask to school, consider the virtual or homeschool option.

- **Parents are required to do a daily temperature check before school.** Do not send your child to school if he/she has the following symptoms: Fever greater than 100.4F, chills or presumed fever, onset of new cough and loss of taste/smell, nausea, vomiting/diarrhea, sore throat, runny nose/congestion, exposure to someone with known COVID-19, muscle/body aches, fatigue, skin lesions or rash. If your child has traveled outside the state of Alaska, they will need to follow the state guidelines on testing/quarantine before returning to school (see attachment below).

- **Action Plans** - Action plans for asthma, diabetes, allergy and seizure are usually updated every year. If you haven't sent me the forms, I highly recommend parents use this time to contact their health care providers and have the forms completed before the start of school.

- **Immunizations** – Alaska State Law is “NO SHOTS, NO SCHOOL”. If your child is not up to date with their shots, please call your clinic to schedule an appointment to update their vaccination records or you can complete the religious exemption form which is renewed yearly. Students who are non-compliant will not be allowed to attend school. I have reached out to families whose kids have incomplete shot records via telephone or email.

- **Flu Clinic**- A curbside Flu Clinic is scheduled for 10/14 from 10-1pm. Email me if your family plans on attending so I have an estimate on the number of vaccines needed.

It is imperative you read the attached documents so you have an idea on how suspected COVID cases will be handled at school if the situation arises.

Don't hesitate to email me if you have any questions at njoku_ngozi@asdk12.org.

I try to respond to all emails within the hour. Let's not forget this a brand-new process, so let's all work together as a team and make this a stress-free transition for everyone.

Parents will be notified via email if any changes are made.

Thank you!

Ngozi Njoku,

NLABC School Nurse.

Attachments:

[FAQ for Staff & Parents \(2\).pdf](#) (176.8 KB)

[Masks and School.pdf](#) (136.0 KB)

[Parent handout COVID Final v1 \(1\).pdf](#) (61.0 KB)



NLABC FLU Clinic

FREE FLU Shots for the Community

Parent/guardian consent form is required for all students age 17 and under

(Northern Lights ABC School)

2424 E Dowling Rd,
Anchorage AK 99507

Date: October 14th

Time: 10am - 1pm.

PLEASE SPREAD THE WORD!!!!

Brought to you by the ASD Healthcare Services Department in
conjunction with the Anchorage Public Health Department





JOIN OUR ONLINE & WELCOMING COMMUNITY

WANTED


ALL NLABC PARENTS

TO JOIN

NLABC PTA

LET'S CIRCLE OUR WAGONS & GROW OUR ACTIVE NLABC COMMUNITY

BE THE 1ST TO KNOW WHAT'S HAPPENING
BE AN ADVOCATE FOR YOUR CHILD
MEET & CONNECT WITH OTHER PARENTS
50% Off Membership Drive
Ends September 30th



BOX TOPICS

Easy ways to make a difference for your school.

SEPT 2020

NATIONAL BOX TOPS WEEK


SEPTEMBER 21-27



This week only, earn 1 Bonus Box Top with every valid receipt scan.
Limit of 5 scans per person, while supplies last.

INVITE FRIENDS TO SUPPORT YOUR SCHOOL!

This year, teachers need more help than ever. Use the Invite Friends button in the Box Tops app to ask friends and family to scan and earn for your school.



*** National Box Tops Week BONUS ***


If a friend that you've invited scans their first receipt during the week of Sept 21-27, **you'll BOTH earn 50 Bonus Box Tops!**
Offer valid while supplies last.

DOUBLE UP

2x SWEEPSTAKES


A CHANCE TO DOUBLE YOUR SCHOOL'S EARNINGS!

5 Grand Prize winners will have their school's December 2020 Box Tops earnings matched, up to 20,000 Box Tops. Sweepstakes ends 10/04/20.




GIVE CREDIT FOR YOUR SCAN

Did you know? You can use the Give Credit feature in the app to credit your Box Tops earnings to a specific person, classroom or grade level.



DO YOU HAVE THE LATEST VERSION OF APP?

We regularly make important updates and improvements, so make sure your phone is up to date!



START THE YEAR WITH AN UPDATED LIST OF PARTICIPATING PRODUCTS!

Download it now at [BTFE.com/products](https://btf.com/products)

LEARN MORE AT [BTFE.COM](https://btf.com)

Support NLABC PTA by joining at :
<https://nlabc.memberhub.com/join/ny3j74>

AmazonSmile Link to Donate to NLABC
<https://smile.amazon.com/ch/92-0065531>

On-Line Learning

On-Line Classroom behavior to remind kids: [Zoom Etiquette](#)

Best Practices for Parents: [Help Your Child Learn](#)

Parents/Student Tech Help: [ASD Technology HelpDesk](#) or call 907-742-4357

Family link Resource to everything! [ASD Family Resources Website](#)

ASD COMMUNICATION

Note: Always check your email and text messages

Anchorage School District: [ASD Homepage](#)

Northern Lights ABC School: [NLABC Homepage](#)

Northern Lights ABC Facebook: [NLABC Official Facebook](#)

COVID-19 LINKS

Trusted Official Websites to stay informed about COVID-19:

CDC [Center for Disease Control and Prevention](#)

WHO [World Health Organization](#)

DHSS [State Department of Health and Social Services](#)

ANCHORAGE. [Municipality of Anchorage](#)

DID YOU KNOW?

Meals during closure for students are available:

[ASD Student Nutrition](#)

Character Building Blocks



Friendship

Respect Perseverance

Patriotism Generosity

Compassion Tolerance

Courage Honesty

Self-Discipline Humility

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Independence Helpfulness

Sportsmanship Loyalty

October 2020

RESPECT - Esteem, Courtesy, Revere, Honor
RESPONSIBILITY - Duty, Reliability, Trustworthiness

