Klatt Elementary School Newsletter

FEBRUARY 2019

## We went PAPERLESS

PUMA Pride Newsletter went paperless in January 2019 and is available through email as well as on our website. If you did not receive this newsletter to your email, send an email to young\_linda@asdk12.org to update your contact information or, stop by the front office.

## OUR SCHOOL

11900 Puma Street • Anchorage, AK 99515 Phone: 907-742-5750

FAX: 907-742-5757

#### Principal

David Christal christal david@asd12.org

#### Front Office Staff

Alison Young-Marquez Administrative Assistant

Lee Young Secretary

Michelle McGee, RN School Nurse

#### Website

www.asdk12org/klatt

#### ANCHORAGE SCHOOL DISTRICT

Starr Marsett President

Deena Mitchell Vice President
Elisa Snelling Treasurer
Alisha Hilde Clerk
Andy Holleman Member
Dave Donley Member
Mark Foster Member

Dr. Deena Bishop Superintendent

### A NOTE FROM YOUR PRINCIPAL

Dear Klatt Families,

The beginning of the second semester has started off great.

The November 30<sup>th</sup> earthquake has caused the district to adjust the school calendar. This will eliminate parent teacher conferences. For the week of February 18<sup>th</sup>, students will be off Monday for President's Day, but the rest of the week will now proceed as regular school days. As always, I encourage parents to reach



out to teachers if you have questions or concerns about your child's progress. Communication with teachers and parents is foundational to your child's success. Teachers will be reaching out to families over the next quarter. I also encourage parents to check the ParentConnection at <a href="https://parentconnect.asdk12.org">https://parentconnect.asdk12.org</a> for regular updates on your child's progress. Call our front office if you need assistance with this.

During the month of February, we are opening the doors of every Anchorage School District school for guided, public tours. We welcome everyone to join us by visiting our community's schools. Tours will be every Tuesday at 9:30 AM and there will be an evening tour at Klatt Elementary on February  $26^{\text{th}}$  at 6:00 PM.

In March and April our 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> grade students will be participating in the Performance Evaluation for Alaska Schools (PEAKS) test. The testing window will run from March 25<sup>th</sup> through April 5th. Third grade will be testing on March 26<sup>th</sup> and 28<sup>th</sup>. Fourth grade will be testing on March 25<sup>th</sup>, 27<sup>th</sup> and April 1<sup>st</sup>. Fifth grade will be testing on March 25<sup>th</sup> and 27<sup>th</sup>. Sixth grade will be testing on March 26<sup>th</sup> and 28<sup>th</sup>. Please help us by making sure appointments, vacations, and time away from school is arranged for a different time or kept to a minimum.

David Christal Principal Klatt Elementary School

# SUPPORT OUR SCHOOL

Are you a Fred Meyer shopper?
Consider becoming a Community
Rewards participant and list Klatt
Elementary School as a recipient of Fred
Meyer's support when you use your
reward card.

www.fredmeyer.com/community rewards. You can search for us by our name or by our non-profit number 81047.

We are also on AmazonSmile so if you shop Amazon, don't forget to look up Klatt Elementary School. Amazon will donate a percentage of the sales to us. Thank you for your support!

#### **RECESS / LUNCH SCHEDULE**

#### KINDERGARTEN and K/1

Recess 10:45 – 11:05 Lunch 11:05 – 11:30

#### FIRST GRADE

Recess 11:05 – 11:25 Lunch 11:25 – 11:45

#### SECOND GRADE

Recess 12:20 – 12:40 Lunch 12:40 – 1:00

#### THIRD GRADE

Recess 12:25 – 12:45 Lunch 12:45 – 1:05

#### **FOURTH GRADE and 4/5**

Recess 11:50 – 12:10 Lunch 12:10 – 12:30

#### **FIFTH GRADE**

Recess 11:40 – 12:00 Lunch 12:00 – 12:20

#### SIXTH GRADE

Recess 11:15 – 11:35 Lunch 11:35 – 11:55

Breakfast and lunch menus are available at www.asdk12.org/studentnutrition.

Klatt Elementary will be participating in the Community Eligibility Provision (CEP) program for the 2018-2019 school year. All enrolled students at Klatt are eligible to receive a healthy breakfast and lunch at Klatt at no cost to you or your household. Your child will be able to participate without having to pay a fee or submit a meal application.

### UN MENSAJE DE SU DIRECTOR

Estimadas familias de Klatt,

El comienzo del segundo semestre ha comenzado muy bien.

El terremoto del 30 de noviembre ha provocado que el distrito cambie el calendario escolar. Por lo tanto, no habrá conferencias de padres y maestros. Durante la semana del 18 de febrero, los estudiantes NO TENDRAN escuela solo el lunes 18 de febrero por el Día del Presidente, pero el resto de la semana continuará como un día escolar regular. Como siempre, aliento a los padres a comunicarse con los maestros si tienen preguntas o inquietudes sobre el progreso de su hijo. La comunicación con los maestros y los padres es fundamental para el éxito de su hijo. Los maestros se comunicarán con las familias durante el próximo trimestre. También animo a los padres a que visiten ParentConnection en https://parentconnect.asdk12.org para obtener actualizaciones periódicas sobre el progreso de su hijo. Llame a nuestra oficina principal si necesita ayuda con esto.

Durante el mes de febrero, todas las escuelas del Distrito Escolar de Anchorage están ofreciendo visitas guiadas y públicas. Damos la bienvenida a todos a unirse a nosotros visitando las escuelas de nuestra comunidad. Las visitas se realizarán todos los martes a las 9:30 AM y habrá una visita por la noche en Klatt Elementary el 26 de febrero a las 6:00 PM.

En marzo y abril, nuestros estudiantes de 3°, 4°, 5° y 6° grado participarán en el examen de Evaluación del Desempeño para Escuelas de Alaska (PEAKS). Estos exámenes se llevarán a cabo del 25 de marzo al 5 de abril. Tercer grado tomará la evaluación el 26 y 28 de marzo. Cuarto grado se evaluará el 25 de marzo, 27 y 1 de abril. El quinto grado tomará la evaluación el 25 y 27 de marzo. El sexto grado tomará la prueba el 26 y 28 de marzo. Ayúdenos y por favor no hagan citas médicas, o tomen vacaciones durante estas fechas de evaluaciones.

David Christal Director de la escuela Klatt



Karim Otaegui ASD Latino/Hispanic Language and Cultural Liaison Williwaw and Klatt Elementary School 907-575-1600 cell 907-742-2000 office IMPORTANT DATES



### February 7

PTA meeting 4 PM

### February 15

Family movie night
Doors open at 6, movie starts 6:30

### February 15

Pennies For Patients' collection boxes due

### February 18

No school—Presidents' Day

In honor of President's Day
"Let us think of education as the
means of developing our greatest
abilities, because in each of us there
is a private hope and dream which,
fulfilled, can be translated into
benefit for everyone and greater
strength for our nation"
John F. Kennedy,

35<sup>th</sup> President of United States

## February 20, 21 and 22

Regular school hours

Changes in school calendar due to earthquake

### February 28

Box tops due

### February 26

Visitors in our School night tour

#### March 8

No school/Teacher In-service day

### March 11 through 15

Spring break

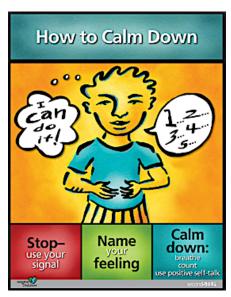
#### March 25

PEAKS testing begins

## Second Step

This month our school wide theme is emotion management. In our morning announcements and school assembly, we'll be prompting students to notice their own feelings by paying attention to clues in their bodies, and we'll be reminding them to use their *Second Step* skills to calm down:

- Stop—use your signal
- Name your feeling
- Calm down-breathe, count, use positive self-talk



These skills help students calm down strong emotions when faced with learning and social challenges, which helps them succeed academically and get along well with others.

Second Step lessons specifically teach about calming down strong emotions such as anger, disappointment, frustration, and anxiety. You'll be receiving Home Links that describe why managing strong emotions is important and that includes fun activities to do with your child to help him or her identify strong feelings and calm down. We hope the Home Links will give you tools to use together when your child is upset. Please tell your child's teacher if you have questions about how you can help your child learn to calm down at home.



KLATT students will be taking part in The Leukemia & Lymphoma Society's (LLS) *Pennies for Patients* program from NOW until February 15<sup>th</sup>. During this program, students will collect money to support LLS' mission: Cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families. Students will learn about service.

leadership, philanthropy and how they can make a

difference by changing patients' lives. Thank you in advance for helping LLS to create a world without blood cancers. Donations can be made in the box your child brought home and returned to Klatt by February 15th. Families may also donate online at <a href="https://events.lls.org/pages/wa/Klatt-Elementary-School-2019">https://events.lls.org/pages/wa/Klatt-Elementary-School-2019</a>.

For more information on the *Pennies for Patients* program, don't hesitate to ask Nurse Michelle. Thanks for participating!



## Klatt Spelling Bee

Congratulations to the following students who won their class spelling bee and will represent their class in the Klatt Spelling Bee on Friday, February 8th:

3rd Grade: Lauren Biehl, Hayden Erickson, Tobey Keodouangdy,

and Peter Thao

4th Grade: Muaz Ali, Chloe Bass, Susan Doosuntia,

Kaley Krohn, William Siebert, and Rian Victors

**5th Grade**: Lyliana Bradbury, Madison Clair, Ezekiel McCoy,

Lilah Mehler, Jasmyn Phelps, Schiane Schultz, and Ming Song

6th Grade: Devon Allred, Gavin Baker, Rowan Ball, Paul Barnes,

Jenny Keodouangdy, and Joan Orense.

Great job everyone! Our Klatt champion will represent Klatt on March 19th at the 2019 Alaska State Spelling Bee.



## Lego Robotics Club



A team of 10 Klatt Elementary students attended the Robotics State Championship at Dimond High School in January. This year, the assigned task had to do with the difficulties of extended space travel. Our robotics team devised a way to provide more fresh fruits, vegetables and oxygen to the crew aboard the spaceship while devising a space saving design in the ship.

Mr. Anderson and Mr. Bryers accompanied Randell Albeza, Dwane Anderson, Rowan Ball, Jasmyn Phelps, Chase Dixon, Aiden Fleming, Taylor Maddox, Dawson Norene, Jasmyn Phelps, and Jameson Reed. It was a fun and inspirational day for our Klatt Elementary students!



## 2018 -2019 YEARBOOK

Klatt PTA is in the process of creating the 2018-2019 yearbook. If you have baby pictures of your 6<sup>th</sup> grader or candid pictures of your Klatt student, please email them to

klattpta@yahoo.com or send the photos with your child's name and teacher noted so they can be returned to you.

The deadline for yearbook submissions is March 1<sup>st</sup>.

## DONATIONS NEEDED

Our school clinic is in need of pants, sizes 5, 6, 7, 8, 9 and 10–especially boys. Please drop off donations to the front office. Thank you!



Time for our Box Tops for Education event again! You can find box tops on hundreds of products. Please clip the box tops from the products and send them to school with your child. Each class is having a competition to see who can collect the most boxtops before February 28<sup>th</sup>. Box Tops for Education will reimburse our school 10 cents for each box top submitted. The class that brings in the most box tops will earn a party!



## Skating Rink at Klatt

We would to give a big shout out to ASD maintenance department for putting in the ice rink at Klatt Elementary School! The kids sure love the opportunity to go ice skating. Please have your student(s) bring

proper gear–HELMET, hat, gloves, jacket, snow pants, and long socks. Our PE teachers are requiring that everyone wear a helmet this year as head injuries can happen so easily.



## Noon Supervisors Needed

We are currently looking for noon duties to help with supervision of students during recess and lunch. The hours are from 10:45 AM until 1:00 PM, Monday through Friday.

If you are interested in this position, please visit asdk12.org, click on the Employment Link on the right side of the page, and then select Classified Positions to access an application. Please let our front office know of your interest, so our principal, Mr. Christal, will look for your name.



## Valentines Candy Grams

Send a Candy Gram to someone at Klatt Elementary! Parents and family members can send them to the children and the kids can send them to friends and teachers. A

Candy Gram is a packaged heart shaped lollipop with a card attached. Candy Grams will be on sale every day the week of Monday February 4<sup>th</sup> through Friday February 8<sup>th</sup> in the lunchroom. Candy Grams are 4 for \$1.00 and you can order as many as you like! Candy Gram sales are sponsored by 5<sup>th</sup> Grade Student Council.

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## Mr. Schmidt's Health Topics in February

This month in **THE GREAT BODY SHOP**, your child learned about drugs (and alcohol and addictions in the secondary grades) and their effects on the body. Just as you taught your child to be careful with poisonous household cleaners, you must teach him/her to stay away from illegal substances. It is important that you talk about drugs with your child before he or she faces the decision to try them. Don't think it is too early to discuss drugs.

## No Drugs! No Way!

You are your child's best teacher, greatest asset and biggest influence. Remember, it's never too early to warn your child about the dangers of drug use. Encourage your children to come to you with their questions instead of going to someone else. Tell them that you're glad they asked!

Learning to say No:

- Teach your child to say "NO" when he or she feels pressured to do something wrong or dangerous.
- Talk about ways your child can say NO when friends want to do something they should not do. Give your child some examples, such as: "No, my mother would be mad if I did that" or "No way! I'm not allowed."
- Let your child know your values and views. Don't assume that he/she knows how you feel about issues such as smoking or drug use.
- Build your children's self-esteem by telling them often that you love them and are proud of them. Encourage them to do their best in everything. (Use phrases such as "I know you can do it.")



 Never tell your child he or she is stupid. Children who feel confident and proud of themselves find it easier to say NO when they are pressured.

### All About Medicines

Medicine-proof your home:

- Keep all medicines in a cabinet or closet on a shelf that is too high for children to reach. Put a lock on the door.
- Never store medicine in anything but the original container.
- Put clear tape over the label when you buy prescription medicine. It will keep the label from falling off.
- More than 1/3 of all cases of childhood poisoning from Rx drugs involves a grandparent's medicine. Don't let anyone leave medicine sitting on a counter in order to remember to take it. Instead, write a reminder note and post it where you'll see it. Once taken, put it away immediately.
- Check the expiration dates on the medicines in your home. Throw out any old medicines.



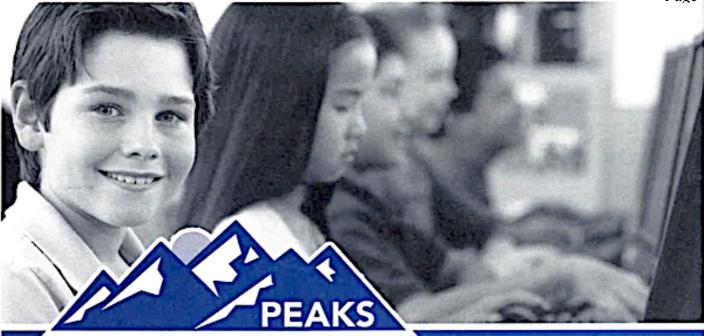
- Remember that safety caps can help keep children from opening bottles, but they are not foolproof.
- Never let your child take an extra vitamin because "it tastes good".
   While one extra may not do any harm, allowing him or her to take it would give the impression that following rules about medicine is not that important.
- Don't leave a child's medication sitting on the table next to their bed. Too often, a child will wake up, see the medication, and decide to sample it.
- Re-read the directions each time you take medicine or you give it to your child. Don't rely on your memory of the dose!
- Keep the number for the Poison Control Center by the phone. 1-800-222-1222.
- Make sure your babysitter knows what medicine your child needs and write down the amount down. Don't rely on your child to tell the babysitter about his/her medicines.

## Sixth Graders-Building Self-Worth

From sixth grade on, your son or daughter will be going through a lot of changes—both physically and emotionally. He/she will be making more independent decisions. Sometimes, friends will begin to seem more important than family. Building a healthy self-esteem is one of the best foundations you can give your son or daughter to help him/her make good decisions and avoid drugs. Some tips to help you do that:

- Become an active listener. If your child has a problem, don't try to solve it. Listen carefully and demonstrate that you understand. Encourage your child to come up with his/her own solutions.
- Have faith in your children—that way, they'll have faith in themselves. Don't imply that a job is too tough for them to handle. Encourage them to try new things.
- Accentuate the positive. Recognize your child's qualities and attributes. Make these the focus of your comments. Encouraging, corrective feedback is more powerful than constant criticism.
- Encourage your child to become involved. Have him or her participate in a volunteer project at school or in the neighborhood; such as gather clothes or food for the needy; help out an elderly neighbor, etc.





PERFORMANCE EVALUATION FOR ALASKA'S SCHOOLS

## Reach new PEAKS of learning!

Each spring, Alaskan students are provided an opportunity to show what they know. When students show what they know, teachers and parents can partner to promote student success.

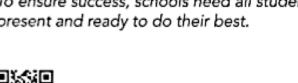
Get ready to reach new peaks of learning during our ASD assessment window.

#### ASD PEAKS window

March 25-April 5

(Make-ups: March 26-April 26)

To ensure success, schools need all students present and ready to do their best.





#### With each test, reach a new peak!

Receive a sticker by taking each test. Collect all the stickers to reach the summit.







## Reach new PEAKS of learning! Ways to Help Your Child

PEAKS is a computer-based assessment administered to students in Grades 3-9 (English language arts and mathematics) and grades 4, 8 and 10 (science) each spring. This state-required assessment provides students the opportunity to show their understanding of important skills in these content areas at their grade level.

Here are some ways you can help your child prepare for a test:

- Talk to your child about testing. It's helpful for children to understand why schools give tests. For more information about the importance of taking the PEAKS test, visit www.asdk12.org/peaks.
  - Encourage your child. Praise him/her for the things they do well.
     If your child feels confident, he/she will likely do their best on a test. Children who are afraid of failing are more likely to become anxious about test taking.
  - Ensure your child attends school regularly. Testing days are important days to be at school on time to allow for the least stressful testing experience for your child. Avoid scheduling appointments on testing days.
  - Help your child get a good night's sleep the night before a test.
  - Eat a healthy breakfast the morning of a test. Hunger can distract a child from the task at hand. Many ASD schools serve breakfast. Learn more at www.asdk12.org/studentnutrition.

For more information, including your school's testing schedule, contact your child's teacher or principal.

www.asdk12.org/peaks

Source: U.S. Department of Education



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